



ECONOMIC RESOURCES FOR SAN FRANCISCO FAMILIES

Language code: K = Korean
E = English R = Russian
C = Chinese S = Spanish
(Mandarin/ T = Tagalog
Cantonese) V = Vietnamese

211, A UNITED WAY PROGRAM

Call for free, confidential community service information and referrals, including food, housing, immigration, employment assistance, substance abuse treatment, senior services and more.

- Call 211 or 1-800-273-6222, free of charge
- Confidential • All languages served
- Open 24/7 www.211bayarea.org/sanfrancisco E,S

AFFORDABLE HEALTH COVERAGE

Medical Care

Most families who receive the Working Families Credit will qualify for free or low cost health insurance (Medi-Cal or Covered California plans)

- SF BenefitsNet: 1-855-355-5757 (E,S,C)
Language Line services are available. K,R,T,V
1440 Harrison Street. Mon-Fri: 8am - 5pm
Apply online: CoveredCA.com (E,S,C,K,R,T,V)

If you don't have health insurance and don't qualify for Medi-Cal or Covered California plans, you may qualify for health services through Healthy San Francisco (adults) or Healthy Kids (children).

- For more information call: (415) 615-4555
Mon-Fri 8:30am-5:30pm E,S,C
healthysanfrancisco.org (E,S,C,T) or
sfhp.org/visitors/healthy-kids E,S,C,V

Vision Care

Uninsured, low-income applicants (who qualify) receive a free eye exam and low-cost glasses.

- California Vision Foundation:
1(800) 877-5738 E,S
www.californiavision.org/patients.html

Dental Care

You and your family may also be eligible for free or low-cost dental care.

- UCSF School of Dentistry
Denti-Cal (a service of Medi-Cal) is accepted.
UCSFdentalCenter.org
 - ♦ Parnassus Dental Center:
707 Parnassus Ave. 415-476-1891.
Monday-Friday, 8am-5pm. Late hours:
Tuesdays and Thursdays, 6pm-8:30pm.
 - ♦ Buchanan Dental Center: 100 Buchanan St.
Call for appointment: (415) 476-5608
- University of the Pacific Dental School
155 Fifth Street, 2nd & 3rd floor.
415-929-6501. Mon-Fri, 8:30am-5pm.
Late hours, Monday & Thursday: 6pm-8:30pm.
Closed during school vacations and exam weeks. Patients must make an appointment and be at least 14 years old. Denti-Cal (a Medi-Cal service) is accepted.
dental.pacific.edu/dental-services
- Native American Health Center
160 Capp Street, 2nd floor. 415-417-3502.
New patients must be pregnant, under 18 years old, or have tribal enrollment.
NativeHealth.org

FOOD ASSISTANCE & NUTRITIONAL SUPPORT

Food Assistance

Many working families are eligible to receive a card (like an ATM card) to help buy groceries. Get up to several hundred dollars a month in food assistance.

- CalFresh (formerly known as Food Stamps):
(415) 558-1001 or 1(877) 366-3076 E,S,C,R,V,T
Hours: Monday through Friday, 8am - 5pm.
Apply online: myBenefitsCalwin.org E,S,C,K,R,T,V

Emergency Meals & Food Boxes

- Food pantries, meal programs & emergency food boxes: Call 211 or 1-800-273-6222
 - Available 24/7
 - All languages served
 - Free of charge
 - Confidential

www.211bayarea.org/sanfrancisco/food E,S
- San Francisco Free Eats Chart / calendar
www.freeprintshop.org/download/eats_english.pdf
Spanish:
freeprintshop.org/download/eats_spanish.pdf

Nutritional Support for Pregnant Women, Mothers, & Young Children

- Women, Infants, & Children Program (WIC):
415-575-5788
sfdph.org/dph/comupg/oprograms/NutritionSvc/WIC/default.asp E,S,C,R,T,V

HELP WITH YOUR FINANCES

Payday Plus SF – The Better Small Dollar Loan

When you're low on funds but need cash, payday loans can seem tempting. But these loans are risky, the lenders charge high interest rates usually starting at 380% APR. With Payday Plus SF you can borrow \$50 to \$500 without high fees through one of our participating credit unions. Call 211 or visit www.PaydayPlusSF.org for more info and requirements.

Kindergarten to College (K2C) – College Savings Account

The City creates a college savings account with \$50 for each eligible student in kindergarten. Children in the National Student Lunch Program receive an additional \$50 deposit. You will receive \$20 if you register on the K2C portal to view your student's account. \$200 of other savings incentives are currently available. Call 3-1-1 or visit k2csf.org for more information.

SF Smart Money Network - Free Financial Management Counseling and Workshops

Learn how to budget, save, build credit and manage a bank account at a free financial management class or counseling session. Find out where and when there are classes near your home or work. Visit SFsmartMoneyNetwork.org and sfgov.org/ofe/debt-and-credit-counseling

Bank on San Francisco – Open a Free or Low Cost Checking Account Today

Bank on San Francisco makes it easy for you to get a bank account – even if you've had problems

with an account in the past, have never had an account before or are not a U.S. citizen.

Open a checking or savings account at one of fourteen participating banks and credit unions. Call 211 (1-800-273-6222) or visit BankonSF.org

Free Financial Guidance on the Web

- Find information on credit repair, budgeting, finances and goal setting.
AmericaSaves.org/for-savers (E,S) and
ConsumerFinance.gov/ask-cfpb (E,S,C)

Help with Money Troubles

If you are experiencing money troubles, need to pay off debt or avoid bankruptcy, BALANCE can help put you in control of your financial future.

- BALANCE: 595 Market St, Suite 920.
Monday to Thursday 7:30a-6p, Friday 7:30a-5p,
Saturday 9am-2pm. 1-800-777-7526 -
messages are returned within 2 hours.
BalancePro.org E,S

If you are in a tough financial situation, MEDA can help. They provide education and coaching for individuals and business owners. All services are free.

- MEDA: 2301 Mission St., 3rd floor, Mon-Fri
9am-5pm. Messages left at 415-282-3334
x143 are returned in 1-2 business days.
medasf.org/programs/financialCapability E,S

\$60 Saving Incentive EARN is an award-winning, national nonprofit that has helped low-income individuals save money for over 16 years. SaverLife is a 6-month challenge during which they will pay you \$10 for each month that you save \$20 or more. You must have a bank account with online/Internet access. Learn more at SaverLife.org

HELP WITH UTILITY BILLS

Lower your PG&E Bill

Most families who receive the Working Families Credit or EITC are also eligible for a 20% discount on their monthly gas & electric bill.

- PG&E: 1-866-743-2273 Language line services are available. pge.com/care E,S,C

Lower your Home Phone or Cell Phone Bill

If you currently receive Medi-Cal, SSI, CalFresh (formerly Food Stamps), Healthy Families or WIC, you may qualify for help with up to half the cost of your basic residential phone bill through the California Lifeline Telephone Program. Instead of using the discount on your home phone, your household may qualify for a free cell phone at a low monthly rate.

- **California Lifeline Call Center (Land line program)**
1-866-272-0349 English;
1-866-272-0350 Spanish
1-866-272-0356 Cantonese/Mandarin
1-866-272-0355 Vietnamese
1-866-272-0353 Tagalog
1-866-272-0354 Korean
Monday-Friday 7am-7pm,
californiaLifeLine.com E,S,C,K,T,V
- **Safelink Wireless** (cell phone program)
1-800-SafeLink (723-3546)
www.safelinkca.com E,S
- **Assurance Wireless**
Assurance Wireless (cell phone program)
1-888-321-5880 AssuranceWireless.com E,S

Lower Your Home Internet Bill

If you have at least one child that is eligible for free lunch through the National School Lunch Program (NLSP) in a San Francisco public school, you may be eligible for fast home internet service at \$9.95 (plus tax) per month, a low-cost internet-ready computer, and free internet training.

Call 211 for options or

- Comcast Internet Essentials
1-855-8-INTERNET (1-855-846-8376) English
1-855-SOLO-995 (1-855-765-6995) Spanish
www.internetessentials.com E,S

DISCOUNTED TRANSPORTATION

Muni Lifeline Pass

Families who receive the Working Families Credit are automatically eligible for this pass, starting the month after receipt of the Credit. For information on eligibility and how to purchase this low-cost monthly Muni pass, visit

www.workingfamiliescredit.org/munipasses.htm

- HSA - 170 Otis Street @ McCoppin Street; Monday-Friday, 8a-5p; Available the first 3 and last 3 business days of the month.
- HSA Workforce Development Center- 3120 Mission at Cesar Chavez; Mon-Fri, 8am-5pm. Available the first 2 and last 2 business days of the month.
- SFMTA Customer Service Center – 11 South Van Ness Ave @ Market St; M-F, 8am-5pm; Available the first 3 and last 5 business days of the month.
- SFMTA Presidio Sales Kiosk – 949 Presidio Ave @ Geary Blvd; 7 days a week, 10am-4pm; Available first 3 and last 5 days of the month.

- Photo Focus – 1100 Stockton St; 7 days a week; 9:30am-6pm; Available the first 15 and last 5 days of the month.

AFFORDABLE AUTO INSURANCE

- California's Low Cost Auto Insurance Program (CLCA): 1-866-602-8861 Language line is available. myLowCostAuto.com E,S

HELP WITH CHILD CARE & PRESCHOOL

Call the child care resource & referral agencies to learn about finding quality child care, child care subsidies, and family eligibility.

- Children's Council: Main Line: (415) 276-2900
Resource and Referral Line: (415) 343-3300
ChildrensCouncil.org E,S,C,R,V
- Wu Yee Children's Services:
Main Line: (415) 677-0100
Resource and Referral Line: 415-391-4956
or 1-844-644-4300 wuyee.org E,S,C
- SF Child Care Connection: subsidized child care up to 13 years old. 415-343-3300
sfcel.org E,S,C

Preschool For All Tuition Credit program

A \$4,200 credit is available to all of San Francisco's 4-year-old children. Learn more or find a participating preschool: call 415-355-3660, email elisa.baeza@sfgov.org (E,S), or visit sfoece.org/parents-families

FAMILY SUPPORT SERVICES

Connect to information, resources, family services, parenting support, and other families at the City's many Family Support programs, such as Family Resource Centers. To find a Family Resource Center nearest you, visit:

first5sf.org/frc/family-resource-centers-locations

For all Family Support programs, call 211 or visit www.211bayarea.org/sanfrancisco

FREE ASSISTANCE SIGNING UP FOR DISCOUNTS & SAVINGS

Single Stop for Free Services & Assistance

Get assistance applying for CalFresh (formerly known as Food Stamps), health insurance, child care & more. Free tax assistance available during tax season.

Service Locations:

- City College–Ocean Campus: 415-452-5700
ccsf.edu/calworks E,S,C

- Wu Yee: Joy Lok Family Resource Center. Call Lena Yu 415-391-4890 or wuyee.org/joy-lok E,C

HELP WITH YOUR CAREER

oewd.org/jobseeker-services 415-701-4848

Language Line is available. E,S,C,K,R,T,V

sfhsa.org/jobs-money (E,S,C,R,T,V)

- HSA Workforce Development Center – Mission: 3120 Mission Street & Cesar Chavez 415-401-4800, sfhsa.org/locations E,S,C,R,T,V
- HSA Workforce Development Center-Southeast: 1800 Oakdale Ave, 415-970-7762, sfhsa.org/locations (E,S,C,R,T,V)
- HSA Workforce Development and Information Center (EIC): 170 Otis St, (415) 557-5636 E,S,C sfhsa.org/jobs-money E,S,C,R,T,V
- Comprehensive Access Point: 99 Kissling St, 3rd floor. Mon-Thur 9am-5pm, Friday 9a-1p 415-575-4570 E,S
- Bayview Neighborhood Access Point: 1715 Yosemite Ave (415) 822-3491
- Chinatown Neighborhood Access Point: 601 Jackson Street (415) 677-7500 E,C
- Help With Your Career
- Mission Neighborhood Access Point: MEDA 2301 Mission St, 3rd floor, 415-282-3334 x163 E,S—messages are returned in 1-2 days
- Sixth Street Self-Help Center: Employment Resource Center. 181 Sixth Street, 415-369-3050
- Western Addition Neighborhood Access Point: 1449 Webster Street (415) 549-7000
- Visitacion Valley Neighborhood Access Point: 1099 Sunnydale Ave (415) 239-8705 E,C
- Civic Center (EDD) Career Center: 801 Turk St. Customers must present proof of Right to Work (e.g., a driver's license). Call 415-749-7503 E,S,C

SERVICES FOR IMMIGRANT FAMILIES

- San Francisco Immigrant Legal & Education Network: free legal assistance available in more than 15 languages. (415) 282-6209 x115 938 Valencia St. Mon-Fri 9:30am - 5pm sfilen.org/services E,S,C
- San Francisco immigrant advice: if they don't know the answer, they'll research your question and call you back. Call 311 or 415-701-2311, 24 hours a day. All languages served. E,S,C,K,R,T,V

TAX CREDITS FOR WORKING FAMILIES

San Francisco Working Families Credit

For qualifying families who have never received the Credit before. Worth \$250 if you have a bank or credit union account and ask for direct deposit! Download an application online at www.WorkingFamiliesCredit.org or pick one up at any FREE tax site from January through April 17.

- WFC Information Line: (415) 557-6284 E,C,S www.WorkingFamiliesCredit.org
- File your taxes on time (no extensions!) and submit your WFC application by the tax filing deadline on April 17, 2018.

Earned Income Tax Credit (EITC)

- WorkingFamiliesCredit.org/eitc.htm - Ask about the federal & state EITC when you file your taxes. They are worth up to \$6,300 for qualifying tax filers!

Free Tax Preparation Services

- Call 211 (or 1-800-273-6222) to get connected to a location convenient for you to receive this free help or visit earnitkeepitsaveit.org/find-tax-help-now

RENTAL ASSISTANCE

Get help paying overdue rent, avoiding eviction or applying for a security deposit to move in to permanent housing.

- Call 211 or 1-800-273-6222, free of charge
- Confidential • All languages served
- Open 24/7 www.211bayarea.org/sanfrancisco E,S

HOME BUYING ASSISTANCE & FORECLOSURE PREVENTION

- Mayor's Office of Housing: (415) 701-5500 sfmohcd.org/housing-programs E,S,C,K,R,T,V
- BALANCE: 595 Market St., Suite 920. Monday to Thurs 7:30a-6p, Friday 7:30a-5p, Saturday 9a-2p. 1-800-777-7526 - messages are returned within 2 hours. HousingEducation.org E,S
- Mission Economic Development Agency (MEDA): 2301 Mission St., 3rd floor Start by calling 415-282-3334 x101 (E,S) medasf.org/programs/housing-opportunities
- Asian Inc. 415-928-5910, press 3 E,C 1167 Mission St. asianinc.org/housing E,S,C,V
- SF Housing Development Corporation: 4439 Third St. (415) 822-1022. sfhdc.org