

# Family and Friend Caregivers: Profile of Program Participants and Needs

## FY 2017-18

---

Presentation to the Dignity Fund Oversight and  
Advisory Committee

January 28, 2019

# Agenda

- Background
- FY 2017-18 Program Participants
- Caregiver Needs
- Findings

# Background

# Background and Data Sources

- **Dignity Fund Community Needs Assessment**
  - Findings highlighted the need for additional support for caregivers
  - Particular reference to;
    - Accessibility of services for caregivers with limited English proficiency
    - Utility of respite care and in-home
- **Data sources:**
  - DAAS Program Enrollment – CA GetCare database – FY 2017-18
  - Family Caregiver Alliance – FY 2017-18
  - DFCNA 2017 Consumer Survey

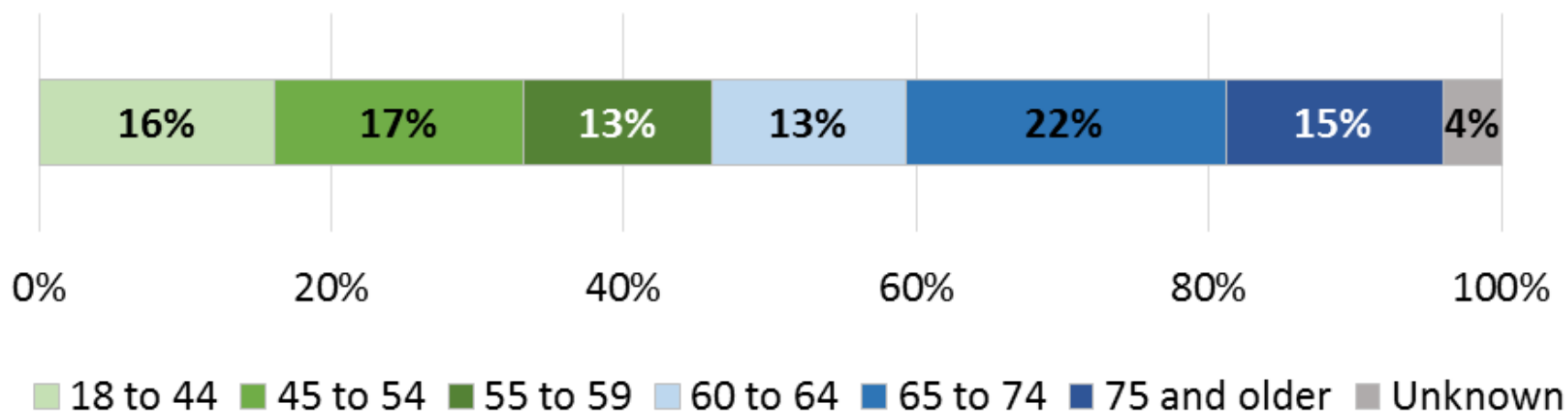
# Definitions

Acronym	Definition
API	Asian/Pacific Islander
Informal caregivers	<p>Family or friends caring for an older adult or person with disability, typically without financial compensation</p> <p>Also referred to as “unpaid caregivers” and “non-professional caregivers”</p>
LGBTQ	<p>An acronym/term used to refer to persons who self-identify as non-heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.</p>

# FY 2017-18 Program Participants

### Age of OOA Caregivers

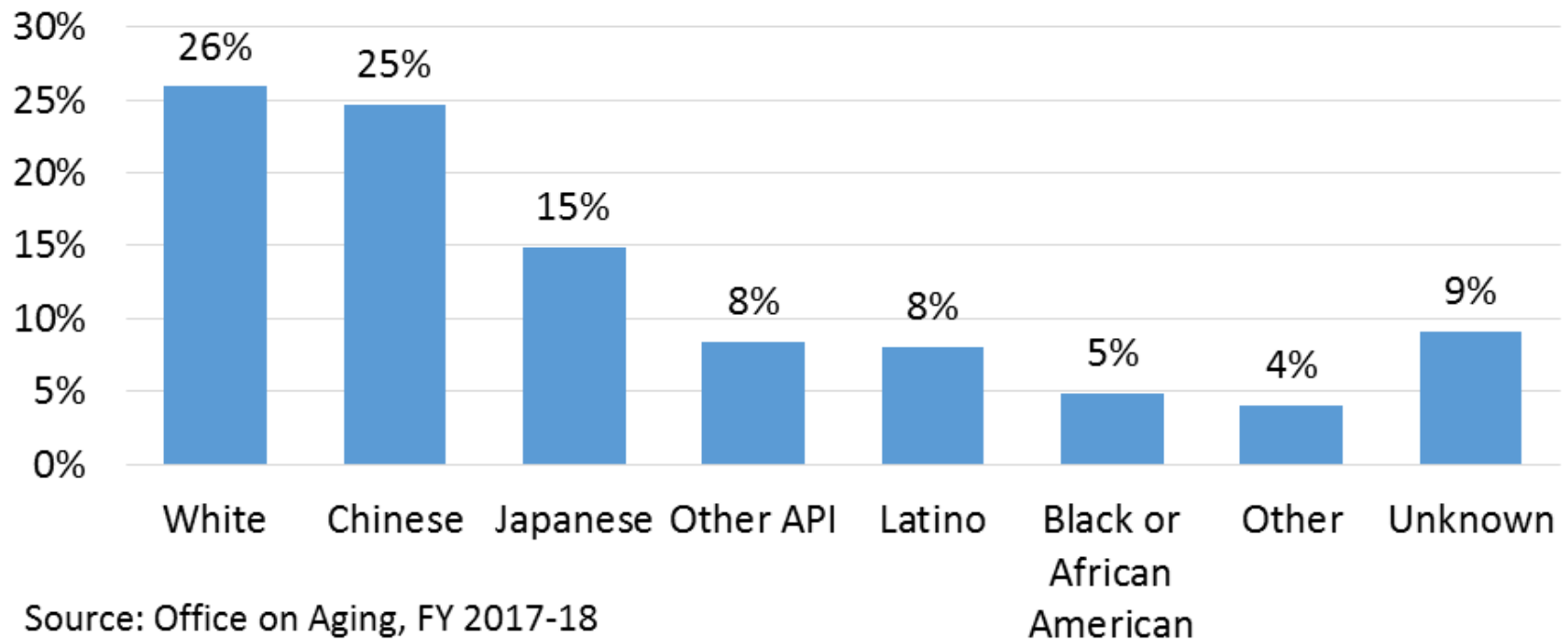
Total: 552



Source: Office on the Aging, FY 2017-2018

## Race/Ethnicity of OOA Caregivers

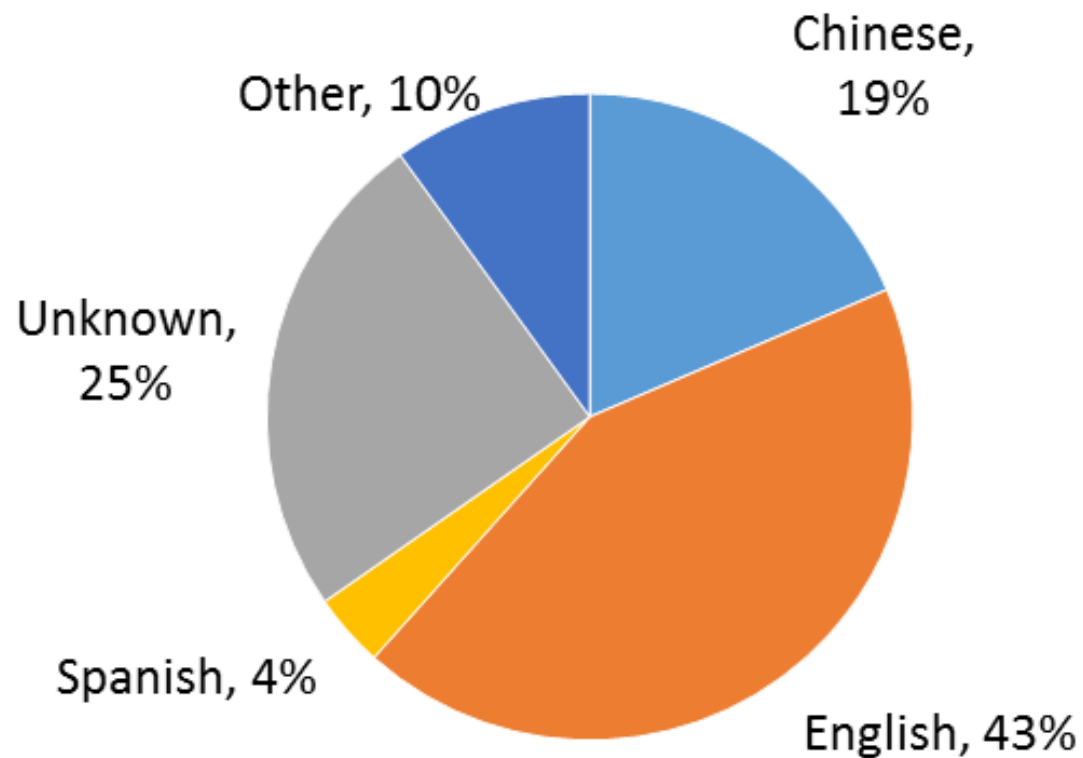
Total: 552





## Language of OOA Caregivers

Total: 552



Source: Office on the Aging, FY 2017-18

## Office on the Aging FY 2017-18: Caregiver Sexual Orientation

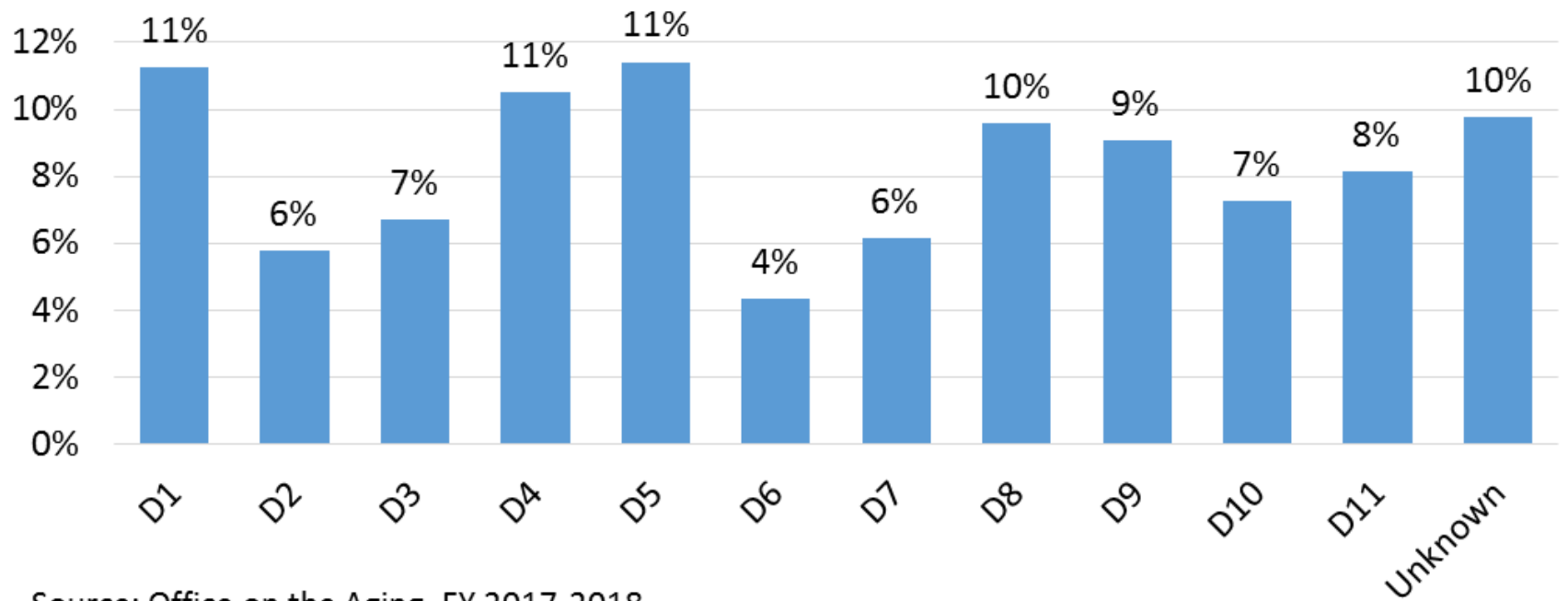
Gay/Lesbian/ Same-Gender Loving	Bisexual	Not listed/ All other	Straight/ Heterosexual	Declined to answer	Incomplete/ Missing	Total
101	7	3	282	17	161	571
18%	1%	1%	51%	3%	26%	100%

Source: Office on the Aging, FY 2017-18

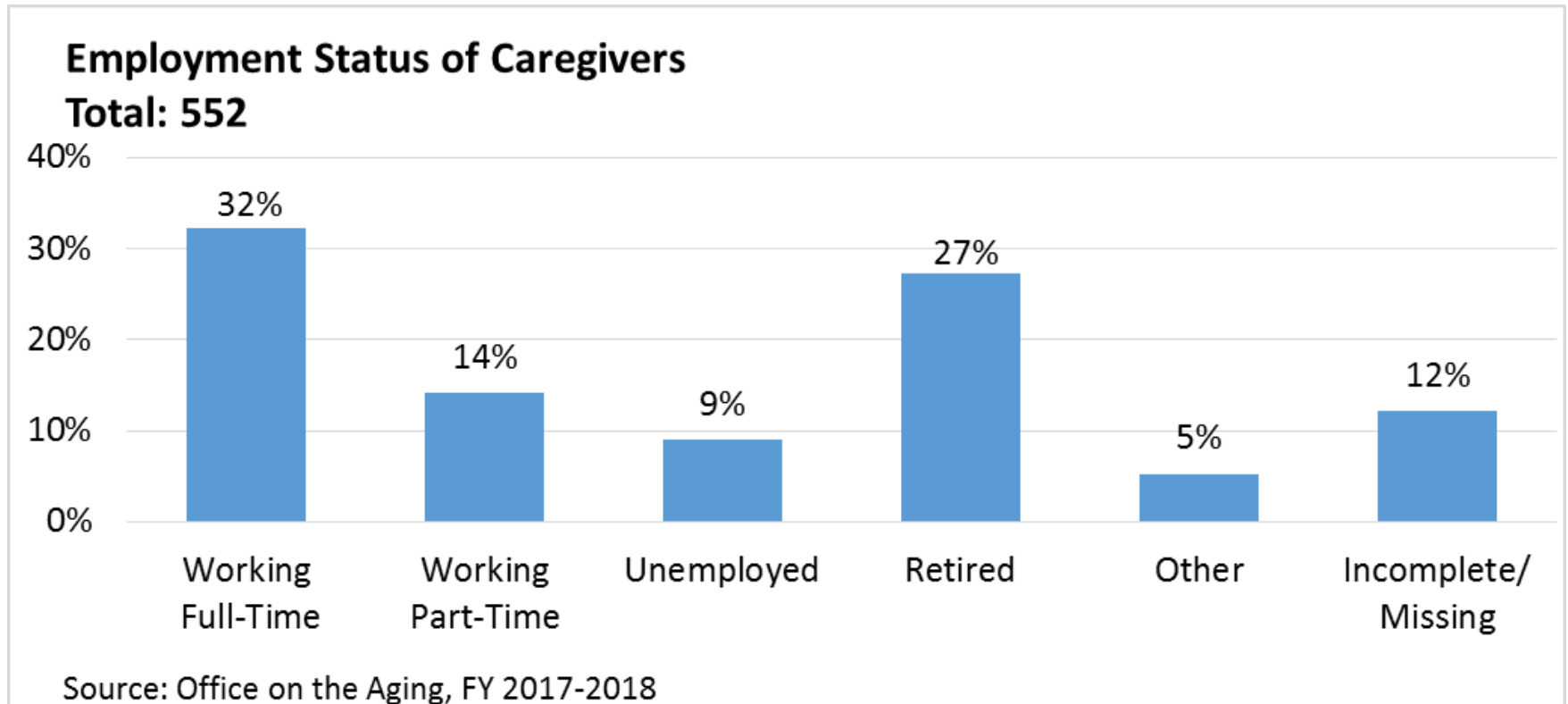
- 66% are female
- 1.4% identify as gender queer/gender non-binary

### Home Supervisorial Districts of OOA Caregivers

Total: 552

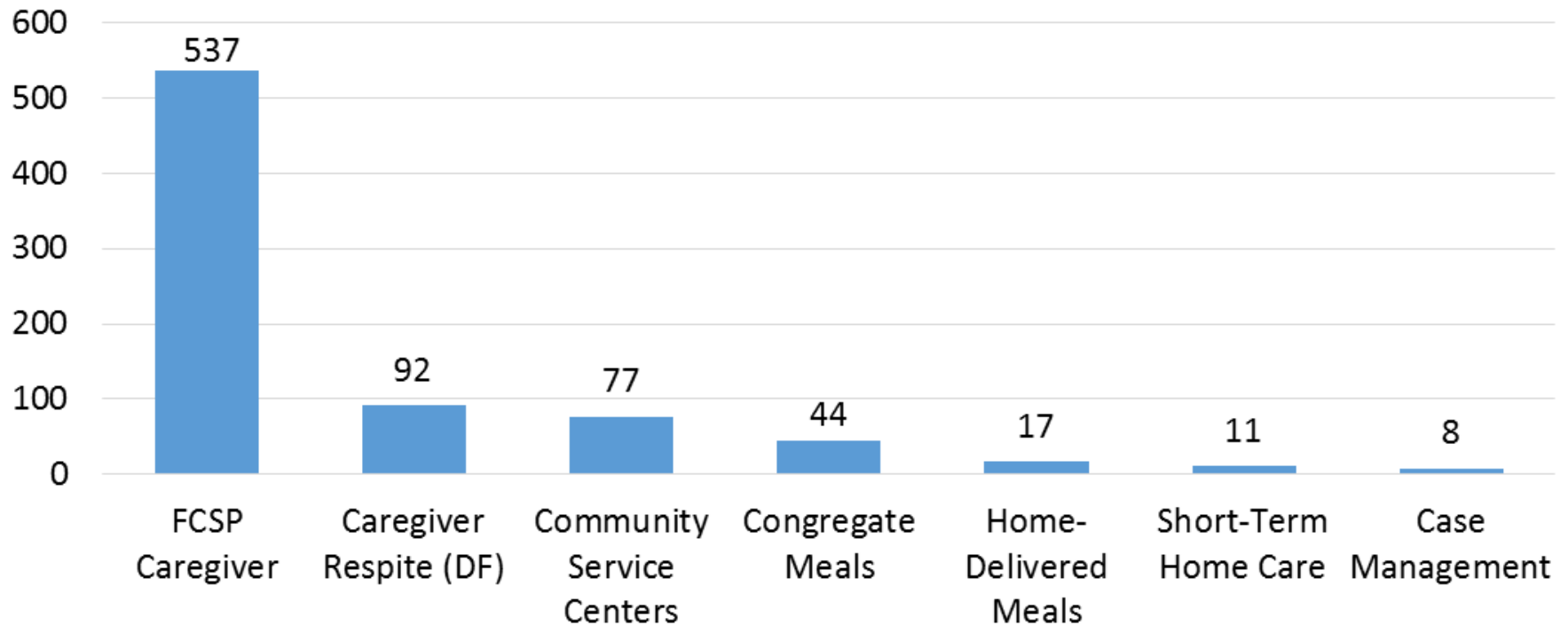


Source: Office on the Aging, FY 2017-2018



### Unduplicated Program Enrollment by Caregivers

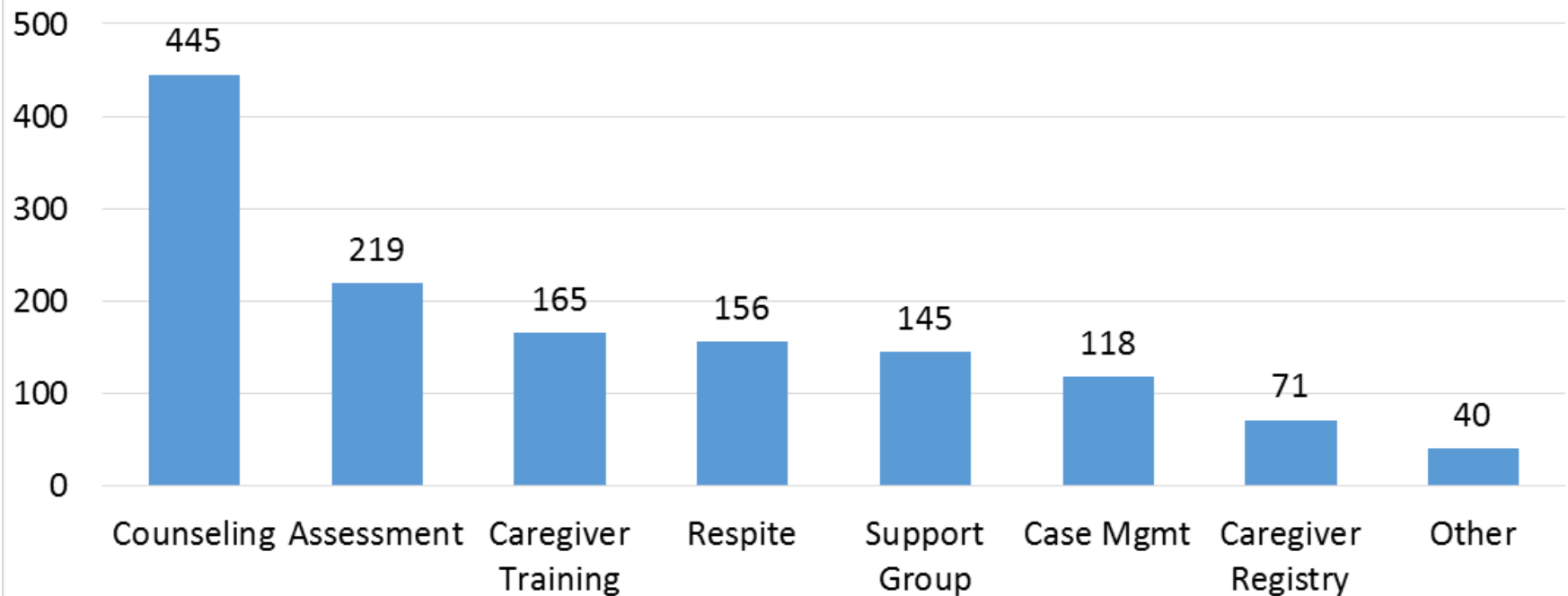
**Total: 552**



Source: Office on the Aging, FY 2017-2018

*Chart displays top accessed services*

### Unduplicated Enrollment in Caregiver Support Programs Total: 552



Source: Office on the Aging, FY 2017-18

# Caregiver Needs

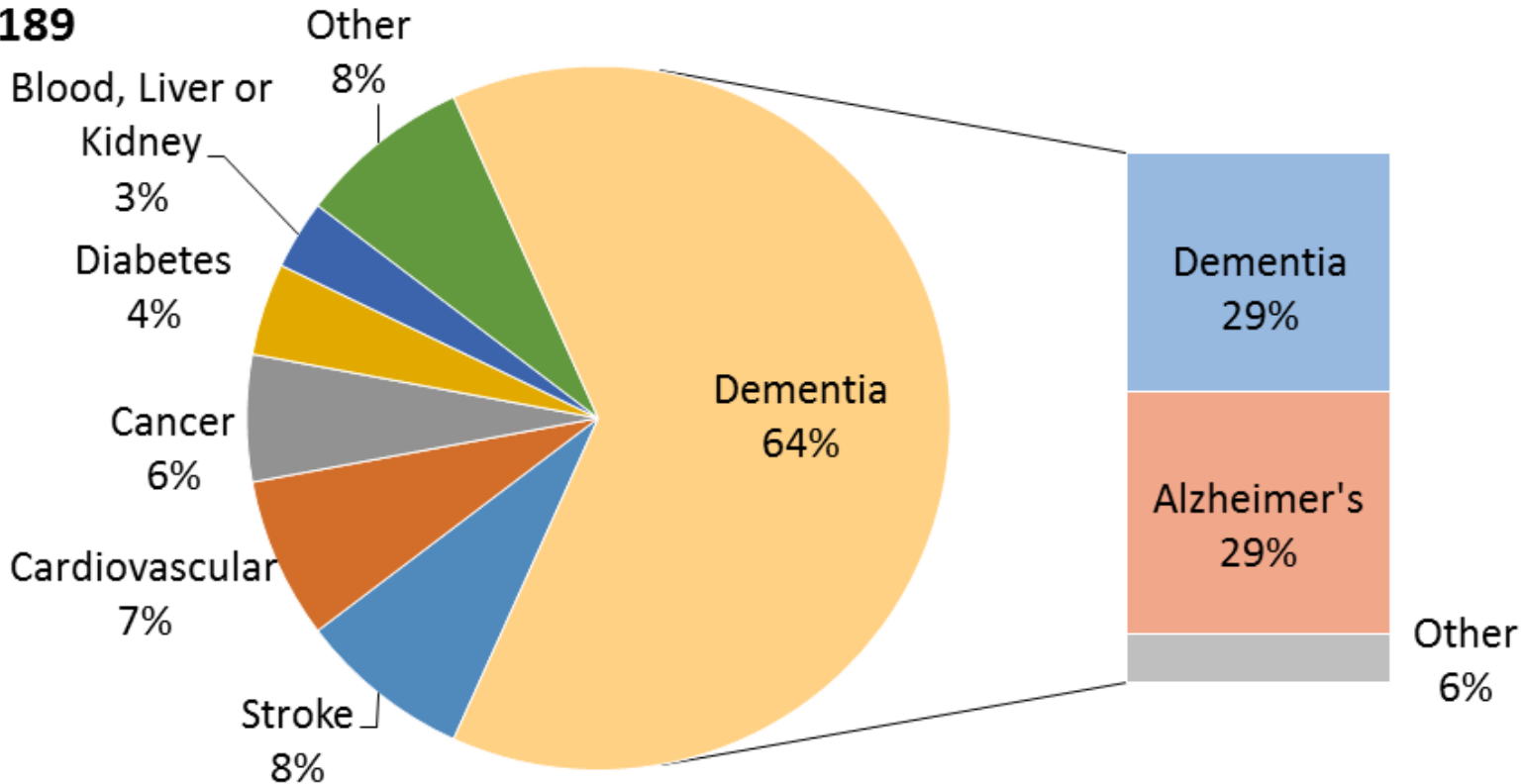
# Caregiver Demographics

- **Ethnicity:** The largest racial/ethnic group of FCA caregiver respondents was Chinese (49%), followed by White (20%).
- **Language (English Proficiency):** Most FCA respondents speak English (62%). At least 34% speak Chinese and have limited English proficiency. About two percent speak Spanish (2%).
- **Gender:** Most FCA respondents are female (76%).
- **Age:** Over half of FCA caregiver respondents are under age 60 (54%). They are mostly middle aged (28% are between ages 45 and 52, and 17% are between age 55 and 59).



### Primary Diagnosis of Care Recipients

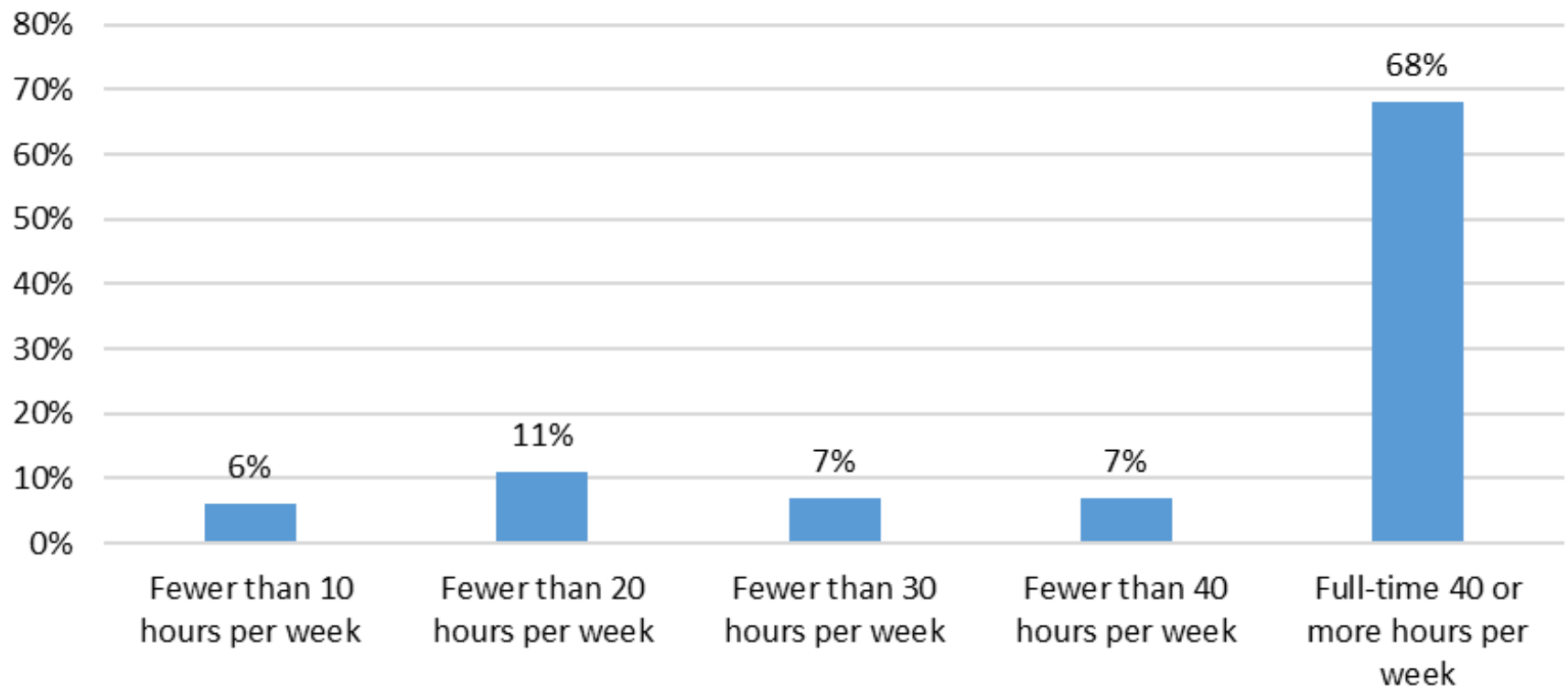
**Total: 189**



Source: 2017-18 Family Caregiver Alliance

## FCA Time Spent Caregiving

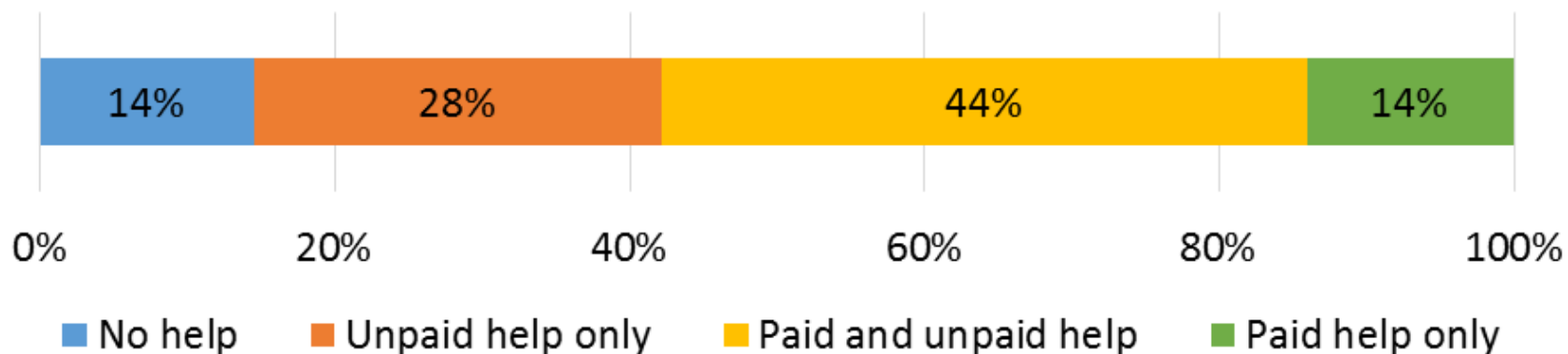
Total: 242



Source: 2017-18 Family Caregiver Alliance Assessment

### FCA Type of Help Received

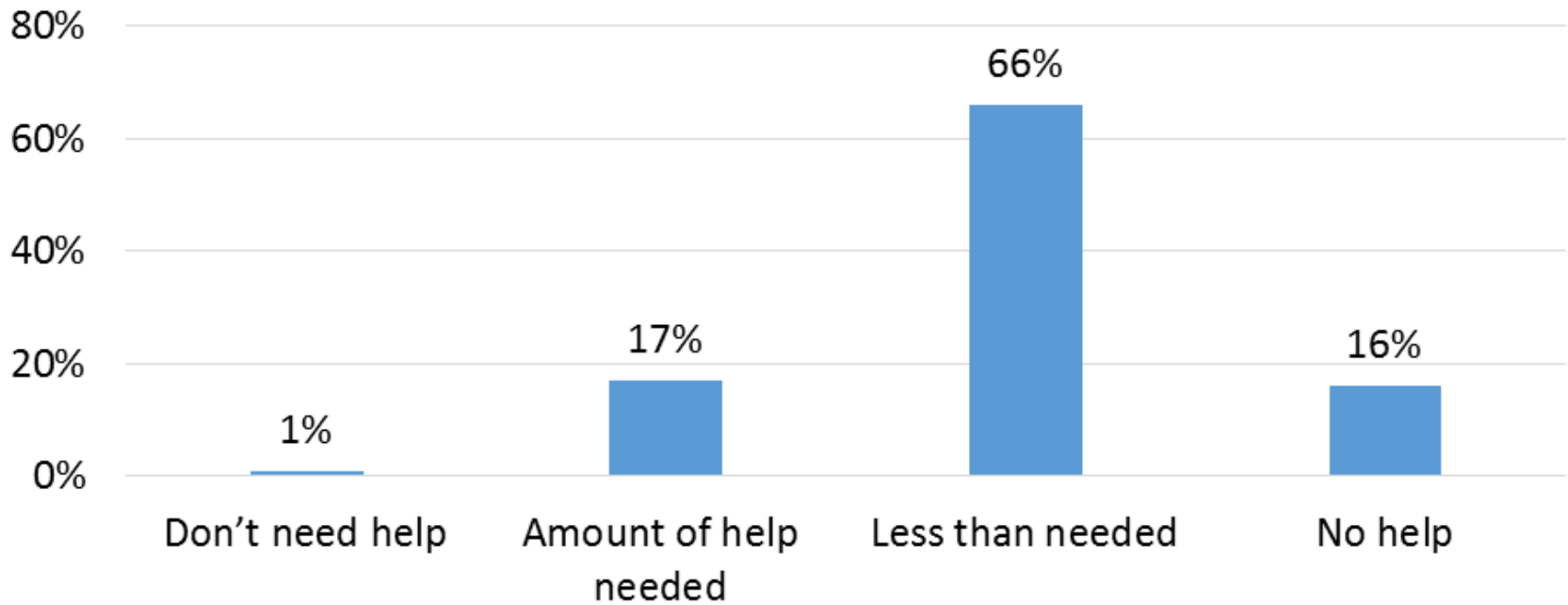
Total: 241



Source: 2017-18 Family Caregiver Alliance Assessment

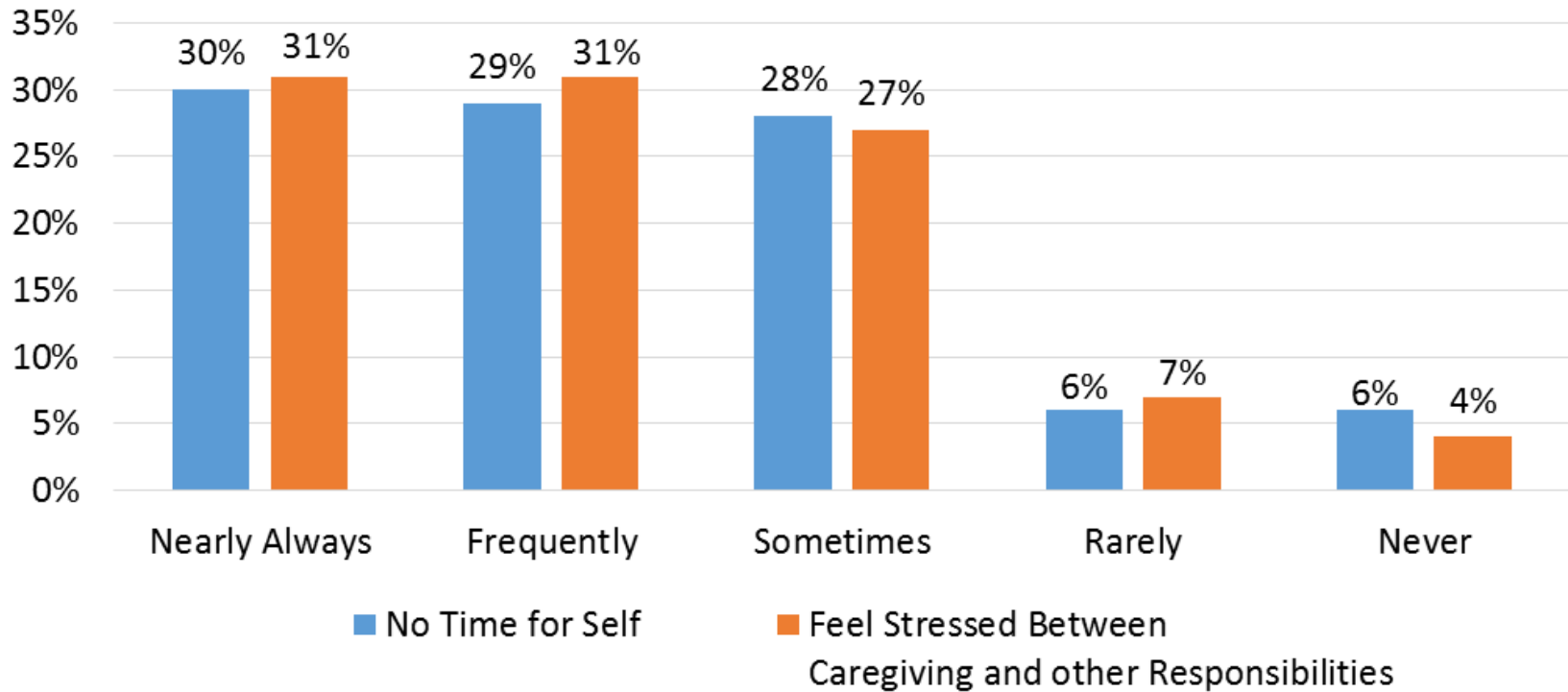
### FCA Degree of Help Needed

Total: 241



Source: 2017-18 Family Caregiver Alliance Assessment

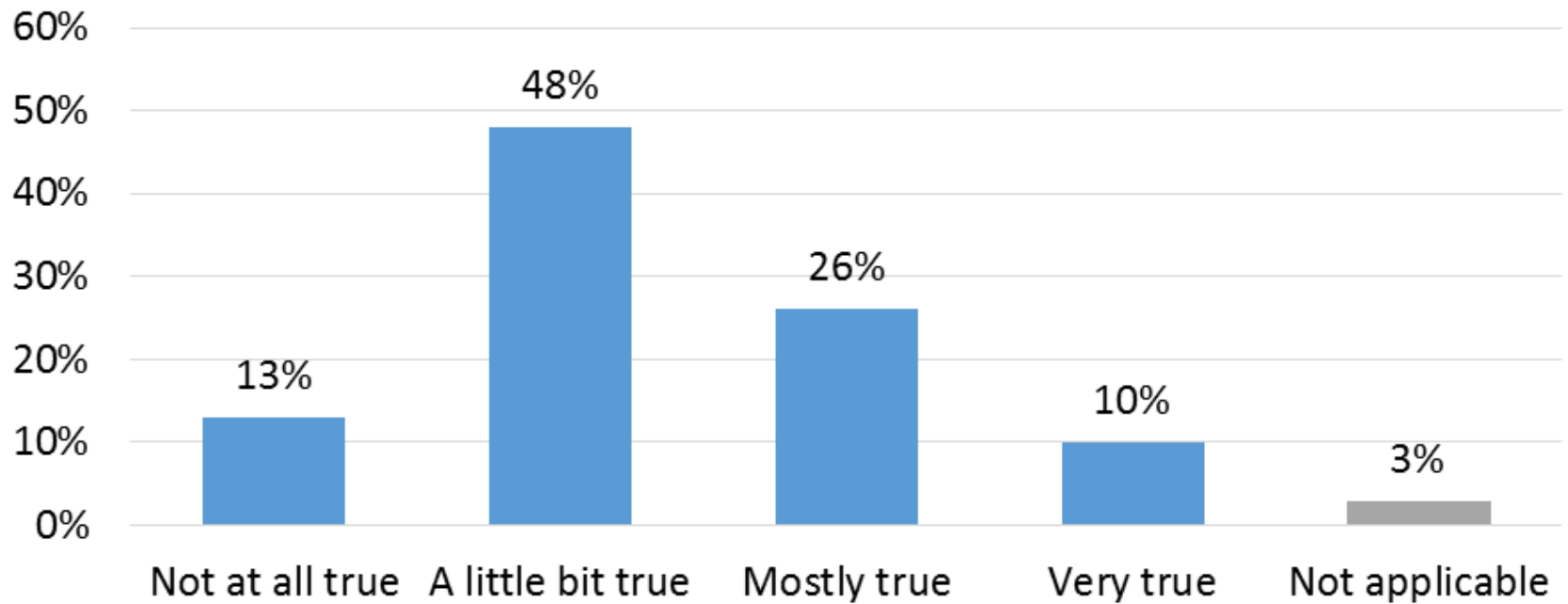
**FCA No Time for Self and Stress Between Caregiving and Other Responsibilities  
Total: 218**



Source: 2017-18 Family Caregiver Alliance Assessment

## I Know Where to Go to Get Support as a Caregiver

Total: 31



Dignity Fund Consumer Needs Assessment Survey 2018

# Findings

# Findings

- Latino caregivers represent a small portion of OOA caregiver participants and may be underrepresented in DAAS Office on Aging services.
- Caregivers seeking support are most commonly caring for a person with a primary diagnosis of dementia.
- Caregiving is a fulltime commitment for caregivers and many indicate they receive little or no help.
- Caregivers reported high levels of stress and indicated they have little time to care for themselves.
- Caregivers expressed limited knowledge of caregiver support services and where they can access services.



# Discussion