

Palliative Care Work Group Minutes

Friday, November 2nd 2:00 – 3:30pm

1650 Mission Street, 5th floor, Golden Gate Conference Room

Present: Shireen McSpadden, George Kellar, Jeff Newman, Anne Kinderman, Rebecca Sudore, Brookelle Li, Robert Ramos, Jana Powell, Tina Shibue, Yan Ling Chen, Anni Chung, Loren Pogir, Anne Hughes, Heather Harris, Rachel Main, Carel Peterson, and Mary Matthiesen.
(Phone) Christine Ritchie, Jennifer Lui, Aiesha Volow, Judy Long, and Monique Booth.

DAAS Staff: Joseph Formentos.

Introductions.

Discussion: Community Engagement Lessons Learned

PREPARE – *Rebecca S*

Rebecca introduced PREPARE presentation as an online Advance Care Planning (ACP) Program website, which has easy-to-read Advance Directives (AD), accessible in both English and Spanish. The interactive, multi-media website includes videos of step-by-step instructions of how to do easy-to-use ACP workshops at churches, senior centers, etc.

The PREPARE program website can be found here on this link:

<https://prepareforyourcare.org/>

Rebecca described trial runs where participants used PREPARE for ACP which resulted in increased overall engagement. Next she went over participant statistics and lessons learned from the PREPARE group movie event toolkits such as the Re:Imagine events hosted this past April in public libraries around the city. The lessons learned were highlighted in her slideshow (included in minutes and materials email) and showed feedback for future ACP movie events. Lastly, Rebecca explored funding possibilities on the final slide, mentioning the Patient Center Outcomes Research Institute (PCORI) which wants community organizations to apply for more community engagement projects for funding.

Shireen pointed out that if applications for funding were awarded, then it would help support events for the next fiscal year April 2020. Members were curious about most effective settings around the city of where to have ACP/AD conversations, and Rebecca suggested churches, libraries, and senior centers. Shireen recommended City and County retiree (union) groups and even holding Health Services Systems events for current employees to inform them about ACP.

Mission Hospice – *Mary M*

Mary presented about Mission Hospice Community Engagement and Education by going over the organizations' background, successes, barriers, and recommendations. Mary touched on community partners working together to organize events or "death cafe" forums discussing death, dying, and grief. She stressed that End of Life information exists, but how we spread the information is vital, e.g. through Volunteer Community Ambassadors. Achievements,

recommendations, benefits, and expansion of community engagement are featured in slides towards the end of presentation (included in minutes and materials email). Jeff asked about San Mateo County health department participation with End of Life/Palliative Care issues and Mary replied that it is an agenda item though it is not a high priority for their health system.

Update: Community Engagement April Event Brainstorm

For brainstorm exercise, Loren asked workgroup two questions: what is our goal from planning the community engagement event? What are some tactics to achieve that goal? Members wrote down their ideas and posted them on the conference wall. Some of the goals posted by the group included:

- Increase education
- Raise awareness
- Give people tools to begin
- Engage diverse communities
- Intergenerational outreach
- Content in multiple languages
- Continue creative arts-experimental approach
- Develop program for volunteers-community ambassadors

Some of the activities posted included:

- PREPARE movie events
- Engage ethnic media
- Social media campaign
- Train bilingual staff
- Involve local creative artists
- Faith-based conversation project
- Pilot testing of organizations to train-the-trainer
- Collect contact information such as emails for follow up
- Conduct more sessions at senior centers about AD

Members have varying thoughts on continuing Re:Imagine involvement vs having events independent from Re:Imagine in order to establish own identity and brand as a SF PCWG. Loren expressed forming a working group to focus on planning community engagement and discussing strategies with PCWG.

TO-DO: Loren urged members to volunteer and be part of a smaller subgroup that will help plan ideas for community engagement event and report back to main group about work.*

*Please email Joseph if interested in being part of Community Engagement subgroup (and/or contact Loren with any questions).

Results: SF PCWG Monthly Meeting Day Poll

As a result of the Doodle poll votes and because of some confusion from alternating days every month, going forward the Palliative Care meetings will happen every first Thursday of the month from 2-330pm. As for members who may not be able to make it in person, Shireen shared that the room will have better video conferencing (vs. conference call line) capabilities for participants encouraged to still attend and engage in the meetings. If members felt strongly about the meeting time of day or any other accessibility concerns, group is always open to explore alternatives.

Announcements: n/a.

Next Meeting: Friday, December 7th
2-3:30pm

1650 Mission St., 5th floor, Golden Gate conference room

All meeting information can be found here: <http://www.ltccsf.org/palliative-care>