

Palliative Care Work Group Minutes

Thursday, February 7th 2:00 – 3:30pm

1650 Mission Street, 5th floor, Golden Gate Conference Room

Present: Shireen McSpadden, Kelly Dearman, Jeff Newman, Redwing Keyssar, Ramona Davies, Loren Pogir, George Kellar, Rachel Main, Rebecca Sudore, Jennifer Lui, Judy Long, Torrie Fields, and Eric Weiss.

(Phone) Carel Peterson. (Zoom) Yan Ling Chen.

DAAS Staff: Joseph Formentos.

TRIBUTE to Rev. Megory Anderson

In memory of Megory Anderson – SF Palliative Care Workgroup members shared stories and reflected on Megory’s life.

Memorial service for Megory Anderson: Saturday, February 16 at 1pm.

St. Gregory’s of Nyssa Episcopal Church – 500 De Haro Street San Francisco, CA 94107

Introductions.

Update: Community Engagement Planning (National Health Care Decisions Day - April 16)

Rachel began presentation by showing map of Advance Care Planning (ACP) Workshop locations (roughly 20 people) around the city with libraries/organizations including:

- Mission Neighborhood Resource Center
- Open House
- Self-Help for the Elderly
- Curry Senior Center
- SF VA Downtown Center
- SF VA Fort Miley
- SF Main Library(Koret Auditorium, Latino Rooms A&B)*
- Bayview
- Chinatown
- Ingleside
- Noe Valley
- Western Addition
- Grace Cathedral

*Potential venue for Resource Fair | (ACP Facilitator Trainings for multiple platforms: PREPARE, Heart to Heart, Conversation Project)

Libraries are providing equipment/tech support, outreach (brochures, newsletters, social media) and will also offer cross-promotion with Pal Care event with a Death-Dying Series; additionally, the Interfaith Council is conducting joint sessions. Community Based Organizations

(CBOs) staff members will conduct ACP workshops at CBOs. Workgroup agreed to emphasize partnership with libraries and steering committee will review.

Workgroup urged hospital systems involvement and some members concerned about certain neighborhoods not being represented so Shireen recommended reaching out to Sunset district organizations where large older adult populations reside as well as figuring out how to provide transportation to other Self-Help for the Elderly sites.

Another issue Rachel pointed out was conflict in holding morning sessions at libraries when libraries open at 10am and senior meal locations hold lunch from 1030am-1230pm. The questions Rachel inquired about regarding Special Programming events at the Koret Auditorium/Grace Cathedral are included in her slides.

One suggested possibility is having Koret Auditorium event on Saturday, April 13 in cross-promotion with Alameda County Care Alliance (ACCA) and Chinese American Coalition for Compassionate Care (CACCC) events. Other issue with use of Grace Cathedral is timing during Easter week so Torrie suggested scheduling event there on Sunday evening or Monday.

TO-DO: Rachel requesting for help with connections and ideas for Koret Auditorium and Grace Cathedral, Resource Fair outreach, and experienced End-of-life/Palliative Care facilitator volunteers – “train the trainer”. Jeff listed as one volunteer to help recruit leads from UCSF.

Jeff wondered about media attention for National Healthcare Decisions Day (NHCD). Digital/newspaper/press/social media outlets are at fingertips maybe even with putting together a design for posters on MUNI, however Loren expressed concerns about funding and shortness of time; felt necessary to concentrate on areas with most impact.

ACP Resource Fair (if held at library) ideas include option for clients to schedule one-on-one Advance Directive conversations with specialists and arranging tables for DAAS, VA, and different Aging and Disability Resource Centers (ADRCs) with resources specific to NHCD.

Members felt uneasiness about difficulty of end-of-life conversations, handling too many questions, or getting questions that cannot be answered, however Shireen felt no matter how vast the mission, there is some success at least in getting the ACP conversation started.

NEXT STEPS: Looking for volunteer to compose memo that DAAS will send out for additional leads with End-of-life/Palliative Care experience. Please email Joseph if willing to help.

Announcements: n/a.

Next Meeting: Thursday, March 7th

2-3:30pm

1650 Mission St., 5th floor, Golden Gate conference room

All meeting information can be found here: <http://www.ltccsf.org/palliative-care>