



Department of
Aging & Adult Services
Palliative Care Work Group



SAN FRANCISCO NATIONAL HEALTHCARE DECISIONS DAY

★ your decisions matter ★

Celebrate National Health Care Decisions Day by joining us for an Advance Care Planning workshop! Whether you're 18 or 88, considering and talking about end of life wishes ahead of time allows end of life to be more meaningful than stressful and is a gift to loved ones.

PREPARE For Your Care

The PREPARE workshop provides tools for participants to identify future hopes and wishes for medical care when living with a progressive or serious illness or at end of life; to identify a person who will advocate for their wishes when they no longer can; and to learn how to better talk with doctors and family and friends about their wishes and those of their loved ones. The workshop facilitator takes participants through a series of short videos and a question guide to prepare them to complete an Advance Care Directive or start the conversation with family, friends or doctors.

Location	Time
Curry Senior Center 333 Turk St	9:00 – 11:00am
Main Library - Latino Room B 100 Larkin Street	10:00 - 11:30am
Park Branch Library1 1833 Page Street	10:30 - 12:30pm - For People Living with Dementia 1:30 - 3:00pm 6:00 – 7:30 pm
Bayview Branch Library 5075 3rd Street	1:30 - 3:00pm
Bernal Heights Branch Library 500 Cortland Avenue	1:30 - 3:00pm
Ingleside Branch Library 1298 Ocean Ave	1:30 - 3:30pm
Noe Valley Branch Library 451 Jersey Street	1:30 - 3:00pm 6:00 – 7:30 pm
Western Addition Branch Library 1550 Scott Street	2:00 - 3:30p
SF Veteran’s Administration Downtown Clinic - 401 3rd Street	2:00 – 4:00pm – Veteran Focus
SF Veteran’s Administration Fort Miley - 4150 Clement St	2:00 -3:30pm – Veteran Focus
Openhouse 65 Laguna Street	11:30am - 1:00pm - LGBT Focus

For more information and to register go to nhcddf.brownpapertickets.com or call 800-838-3006. Registration requested, but not required.

All events are open to the public and free of charge, thanks to our generous partners:

HELLMAN FOUNDATION

