



# SAN FRANCISCO NATIONAL HEALTHCARE DECISIONS DAY

★ *your decisions matter* ★

**Get Prepared: National Healthcare Decisions Day in San Francisco.** Join fellow San Franciscans in a national day dedicated to preparing to make medical care decisions to help you live the best life possible and receive care that is consistent with your preferences. **Advance Care Planning Workshops** will provide participants with tools to help them identify future hopes and wishes for medical care when living with a progressive or serious illness or at end of life; select someone who will speak for them if they cannot; and learn how to better talk with doctors and family and friends about their wishes and those of loved ones. *Workshops will be held in English, Spanish, Cantonese and Vietnamese.*



**National Healthcare Decisions Day in San Francisco** an initiative of the San Francisco Palliative Care Work Group. Events are taking place across San Francisco and the nation on April 16th. **The San Francisco Palliative Care Work Group** is a consortium of the City of San Francisco and our health systems, community organizations, foundations and health plans. Together, members work to ensure that all San Franciscans facing serious illness have access to high-quality care that is consistent with their wishes and values. National Healthcare Decisions Day is a movement started by The Conversation Project.



## Join Us for a Day of Events on April 16th

See Back for Listing of City-Wide Advance Care Planning Events



**All events are open to the public and free of charge, thanks to our generous partners:**



**Our Program Partners** include the UCSF/PREPARE for Your Care, Chinese American Coalition for Compassionate Care/Heart to Heart® Cafe, The Conversation Project, Curry Senior Center, Mission Neighborhood Center, Openhouse, San Francisco Veterans' Administration, Self-Help for the Elderly, Alzheimer's Association, Alameda County Care Alliance, Chinese Community Health Resource Center.

## Advance Care Planning Resource Fair

Tuesday, April 16 • 11am - 3pm

Main Library, Latino Room

100 Larkin Street

## City-Wide Advance Care Planning Workshops

Tuesday, April 16

*\* For more information and to register go to [nhcddf.brownpapertickets.com](http://nhcddf.brownpapertickets.com), or call 800-838-3006. Registration requested, but not required.*

<i>Location</i>	<i>Language</i>	<i>Time</i>
Main Library - Latino Room B	English Spanish	10:00 - 11:30am 1:30 - 3:00pm
Bayview Branch Library	Spanish English	10:30 - 12pm 1:30 - 3:00pm
Bernal Heights Branch Library	Spanish English	10:30 - 12:00pm 1:30 - 3:00pm
Chinatown Branch Library	Cantonese / 粵語	1:30 - 3:30pm
Ingleside Branch Library	English	1:30 - 3:30pm
Noe Valley Branch Library	English English	1:30 - 3:00pm 6:00 - 7:30pm
Park Branch Library	English (For People Living with Dementia) English English	10:30 - 12:30pm 1:30 - 3:00pm 6:00 - 7:30pm
Western Addition Branch Library	English	2:00 - 3:30pm
SF VA - Downtown Center	English	2:00 - 4:00pm
SF VA - Fort Miley	English	2:00 - 3:30pm
Mission Neighborhood Center	Spanish Cantonese / 粵語	10:30 - 12:00pm 10:00 - 12:00n
Openhouse	English (LGBT Focus)	11:30 - 1:00pm
Curry Senior Center	Cantonese / 粵語 Vietnamese English	9:00 - 11:00am 11:00 - 12:30pm 1:00 - 2:30pm
Self-Help for the Elderly (Jackie Chan Center)	Cantonese / 粵語	2:00 - 4:00pm

*Advance Care Planning and being empowered to make decisions about your health is an everyday concern. For more information and resources, please check here:*