San Francisco’s Changing Demographics

Our population of older adults is growing substantially. Investing in this community is important for the future of our City and region.

Older Adults are the Fastest Growing Age Group

We are Among the Nation’s Most Diverse

Over the past two decades, our community of older adults has shifted to become predominantly a population of immigrants.2

Challenges Ahead

Many San Francisco older adults are living on a fixed income. They face higher housing costs and are more likely to live alone than in other urban communities throughout California.

Aging at home can lead to better health and prolonged independence, however the cost for in-home care is becoming increasingly out of reach for those who may benefit from supportive services.

Poverty

14% are severely poor, living below the federal poverty level4

Limited Retirement Income

Average Social Security benefits are $15,214 per year5

High Housing Costs

Average: $31,488 needed for a single older renter to meet basic needs
Average: $42,024 needed for a single older homeowner to meet basic needs 7

Rising Home Care Costs

Average San Francisco cost for in-home support services is $32,8805

San Francisco Human Services Agency
Department of Aging and Adult Services (DAAS)

DAAS coordinates services for older adults, veterans, adults with disabilities, and their families to maximize safety, health, and independence.

www.sfhsa.org/daas

2. Source: IPUMS 1990 5% sample, 2000 5% sample, 2016 6-year estimates
4. Source: American Community Survey, 2016 5-Year Estimates
5. Source: U.S. Social Security Administration, OASDI Beneficiaries by State and County, 2016
6. Source: Based on average hours per month for IHSS clients and the San Francisco median homecare private pay rate of $28 (Genworth, 2016)
7. Source: UCLA Center for Health Policy Research, Elder Index, 2015

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