Area Plan Update
FY 2023-24
Presentation to the DAS Commission

Kelly Dearman, Department of Disability & Aging Services
Adithi Vellore, SFHSA Planning
April 5, 2023
Agenda

• Overview of the Area Plan Update
• Sections Highlights
  • Population Estimates
  • Anticipated Service Levels (aka “Service Unit Plan Objectives”)  
  • Narrative Goals & Objectives
• Next Steps
Overview of the Area Plan Update

Purpose and Intent
Purpose of the Area Plan

- Older Americans Act requirement
- All Area Agencies on Aging must submit a 4-Year Area Plan to the California Department of Aging
- Purpose of plan:
  - Assess demographic trends and population needs
  - Outline Area Agency on Aging plans to use Older Americans Act funding to support seniors with greatest economic and social needs
  - To support coordinated system of supportive services
- Area Plan Update developed annually in interim years
# Primary DAS Planning Processes

<table>
<thead>
<tr>
<th>Purpose</th>
<th>SFHSA Strategic Plan</th>
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<tbody>
<tr>
<td>Establish Agency-wide goals and strategies to advance SFHSA’s mission</td>
<td>Assess community needs and outlines funding plan for Dignity Fund-eligible community-based services (approx. $96.1M)</td>
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<tr>
<th>Required by</th>
<th>Dignity Fund Planning Cycle</th>
<th>Area Plan</th>
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<tbody>
<tr>
<td>Mayor, SFHSA Leadership</td>
<td>Dignity Fund Oversight and Advisory Committee</td>
<td>CA Department of Aging</td>
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<tr>
<th>Timeline</th>
<th>FY 2021-22 to FY 2023-24 • Annual updates</th>
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<td>FY 2022-23 to FY 2026-27 • DAS Annual Reports</td>
<td>FY 2021-22 &amp; FY 2022-23 • 2022 Community Needs Assessment • 2023 Services and Allocation Plan</td>
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Area Plan Update FY 2023-24

Area Plan 2021-2024

FY 20/21  FY 21/22  FY 22/23  FY 23/24

Area Plan Update 2023-2024
due May 1, 2023
Timeline

4/5: Present draft report to DAS Commission

2/22: CDA released Area Plan report guidance

5/3: Present final report to DAS Commission

5/12: Submit final report to CA Dept of Aging (due 5/1 with extension)

1/18: Provide process update to Advisory

3/15: Present draft report to Advisory Council

4/19: Present final report to Advisory Council
Section Highlights

Area Plan Update FY 2023-24
Population Estimates

Chart A. San Francisco Seniors (Age 60+)
Total = 187,679

- 44% Black/African American
- 39% White
- 9% Latinx/Hispanic
- 6% Native American
- 2% Asian/Pacific Islander

Chart B. San Francisco Seniors (Age 60+) in Poverty
Total = 23,870

- 49% Black/African American
- 27% White
- 11% Latinx/Hispanic
- 10% Native American
- 3% Asian/Pacific Islander

Anticipated Service Levels
(Service Unit Plan Objectives)

**Increase**
- Personal Care, Homemaker, Chore
- Home Delivered Meals
- Congregate Meals
- Nutrition Education

**Decrease**
- Nutrition Counseling
- Legal Assistance
- Health Promotion

**Mixed**
- Long-Term Care Ombudsman
- Family Caregiver Support Program

**No change**
- Transportation
- Information and Assistance
- Elder Abuse Prevention
## Narrative Goals & Objectives

<table>
<thead>
<tr>
<th>GOAL 1</th>
<th>Maintain a robust network of community-based services for older people and adults with disabilities</th>
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<td>GOAL 2</td>
<td>Protect older people and adults with disabilities from abuse, neglect, and financial exploitation</td>
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<td>GOAL 3</td>
<td>Provide and support consumer-centered programming to best address client needs</td>
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<td>GOAL 4</td>
<td>Expand planning and evaluation efforts to ensure best use of resources and maximize client outcomes</td>
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<tr>
<td>GOAL 5</td>
<td>Support and develop an engaged professional workforce that is prepared to work with older people and adults with disabilities</td>
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GOAL 1

Maintain a robust network of community-based services for older people and adults with disabilities

Objective B. Support intergenerational activities.

• DAS Intergenerational Program pilots have demonstrated tremendous success and impact in our community (video link)

• Services include technology classes and tutoring, activities focused on cultural exchange, and tailored activities for people with visual impairment

• As pilot grants end, we will begin a new procurement process to ensure continuity of intergenerational service programming
GOAL 2

Protect older people and adults with disabilities from abuse, neglect, and financial exploitation

**Objective C. Develop strategies to prevent eviction and homelessness.**

- APS Home Safe is a state-funded pilot program serving individuals at imminent risk of homelessness or experiencing homelessness due to abuse, neglect, and/or self-neglect.
- The pilot was slated to end in FY 2020-21, but has been extended through FY 2023-25 with an additional $3.4 M in state funding this year.
- APS worked closely with the Department of Homeless and Supportive Housing and Department of Public Health to launch a new service model last year focused on assisting high needs clients living in shelters move into nursing-supported Permanent Supportive Housing.
Objective B. Ensure programs are culturally appropriate for the city’s diverse low-income older people and adults with disabilities.

- Our programs for transgender and gender non-conforming (TGNC) clients demonstrate impact. As pilot grants end, DAS will begin a new procurement process to ensure continuity of TGNC programming.

- DAS has begun the procurement process to select a vendor to develop and implement a Disability Community Cultural Center.
  - Two disability community listening sessions in Jan-Feb 2023
  - RFP release in March 2023
Objective A. Develop information to support data-informed decision-making.

- DAS completed the Dignity Fund Community Needs Assessment in 2022
  - Extensive community research and engagement (e.g., surveys, in-person and virtual forums, focus groups, interviews)
  - Quantitative equity analysis of population and program data
- We subsequently prepared the Dignity Fund Services and Allocation Plan for the FY 2023-24 to FY 2026-27 funding cycle – publication in March 2023!
Objective A. Support professional education and training.

• The DAS Benefits and Resource Hub has developed more user-friendly resource presentations to support community outreach and education
  - Monthly virtual trainings for DAS staff and community service providers
  - Additional presentations to consumers and DAS partners upon request

• DAS Training also offers additional trainings in partnership with the UCSF Geriatric Workforce Enhancement Program. Topics include:
  - Dementia, Substance Use in Older Adults, Ageism, Lessons Learned from COVID-19, Care Provider Burnout Prevention, etc.