



## CalFresh helps San Francisco families get healthy food when they need it.

## "When I lost my job, CalFresh was there for me and my family. Things feel uncertain right now, but CalFresh helps me keep food on the table."

With CalFresh, you will receive an EBT card that you can use just like a debit card to buy fresh, healthy food all over the city at places like grocery stores, farmers' markets, and even online for home delivery.

## CalFresh Feeds San Francisco

- If you are eligible based on your income, you can qualify for CalFresh. The amount you receive depends on your household size, income and other benefits like unemployment. Families of four can receive up to \$939 a month!
- CalFresh is more than food. You'll also be eligible for employment opportunities, education, and job skills. CalFresh recipients can also receive free diapers and discounts on utilities. Learn more at SFHSA.org/discounts

## Support for Immigrant Families

- Nearly all individuals who qualify for CalFresh are currently not affected by public charge rules.
- It's common for households to have some people who qualify and some who don't. Parents are encouraged to apply for their eligible children. Visit our website to learn more about CalFresh and free legal resources to help understand your rights.

How to get CalFresh? When you apply for CalFresh, you're in control. You can decide to start or pause your application at any time. Learn more and apply today:

SFHSA.org/CalFresh

