SAN FRANCISCO HUMAN SERVICES AGENCY
Department of Disability and Aging Services

Area Plan 2024-2028 Report Highlights

Presentation to the DAS Advisory Council

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Agenda

- Area Plan Purpose and Structure

- Report Highlights

- Narrative Goals & Objectives

- Discussion & Next Steps

Area Plan Purpose and Structure

Purpose of the Area Plan

- Older Americans Act requirement

- All Area Agencies on Aging must submit a 4-Year Area Plan to the California Department of Aging

- Purpose of plan:

  o Assess demographic trends and population needs

  o Outline Area Agency on Aging plans to use Older Americans Act funding to support seniors with greatest economic and social needs

  o To support coordinated system of supportive services

- Area Plan Update developed annually in interim years

Primary DAS Planning Processes

	SFHSA Strategic Plan	Dignity Fund Planning Cycle	Area Plan
Purpose	Establish Agency-wide goals and strategies to advance SFHSA's mission	Assess community needs and outlines funding plan for Dignity Fund-eligible community-based services (approx. $99.3M)	Assess community needs and outline funding plan for community-based services funded by Older Americans Act revenue (approx. $8M)
Required by	Mayor, SFHSA Leadership	Dignity Fund Oversight and Advisory Committee	CA Department of Aging
Timeline	FY 2022-23 to FY 2026-27 • DAS Annual Reports	FY 2021-22 & FY 2022-23 • 2022 Community Needs Assessment • 2023 Services and Allocation Plan	FY 2024-25 to FY 2027-28 • Annual updates

SFHSA
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Area Plan Structure

Content	Sections
Description of local Area Agency on Aging context	1, 2, 3
Outline of process for planning, identifying needs and priorities, and developing Area Plan	4, 5, 6
Identification of goals and objectives	7, 8
Organizational structure and oversight bodies	15, 16, 18
Program or topic-specific section	9 – Senior Centers & Focal Points 10 – Family Caregiver Support 11 – Legal Assistance 12 – Disaster Preparedness
Technical components (e.g., statement of intent to build senior center)	13, 14, 17, 19

SAN FRANCISCO HUMAN SERVICES AGENCY

**Department of Disability
and Aging Services**

Report Highlights

Older Adults are the Fastest Growing Age Group

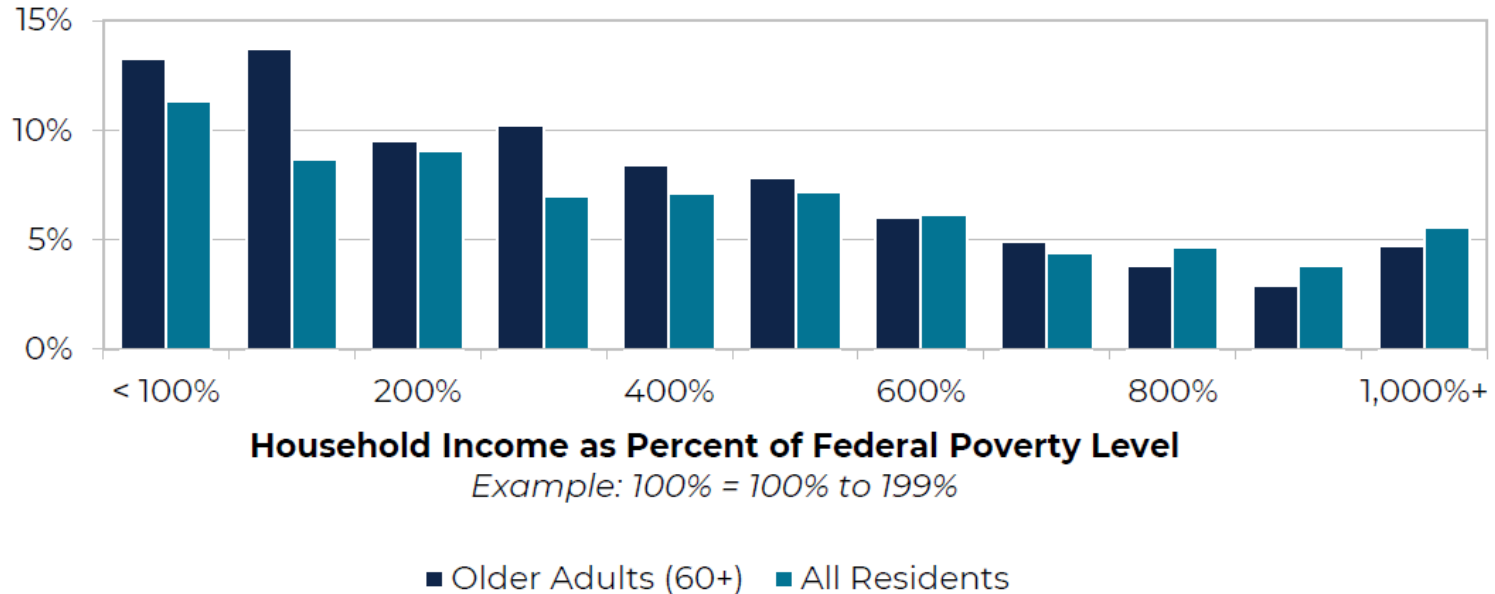## Change in Population by Age in San Francisco, 2000 to 2021

Population	2000	2021	# change	% change
Children (Under 18)	111,683	113,921	2,238	2%
Adults (Age 18-59)	531,014	510,385	- 20,629	- 4%
Seniors (Age 60+)	136,852	190,689	53,837	39%
Total Population	779,549	814,995	35,446	5%

Source: 2000 Decennial Census, 2021 American Community Survey 1-Year Estimates

Older Adults are More Likely to Have Low Income

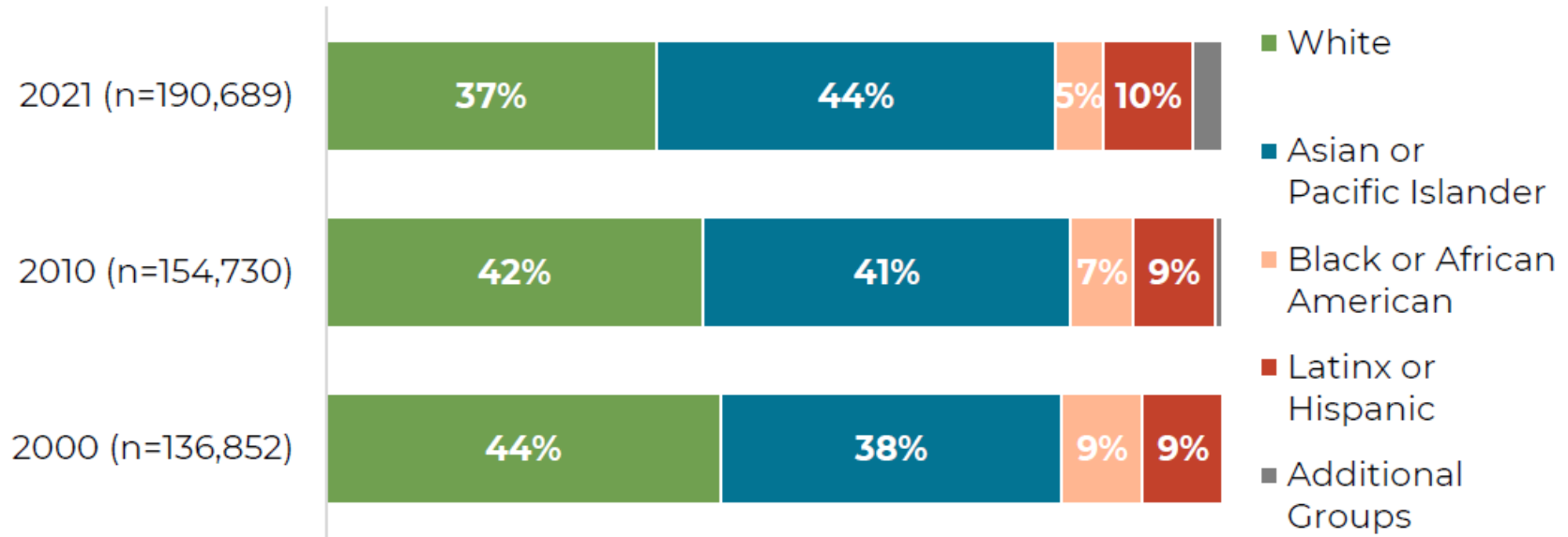## Income Distribution of Older Adults vs All Residents in San Francisco

Household Income as Percent of Federal Poverty Level
Example: 100% = 100% to 199%

■ Older Adults (60+) ■ All Residents

Source: 2021 American Community Survey 1-Year Estimates

Older Adult Population is Diverse

Race/Ethnicity of Older Adults in San Francisco, 2000 to 2021

Year	White	Asian or Pacific Islander	Black or African American	Latinx or Hispanic	Additional Groups
2021 (n=190,689)	37%	44%	5%	10%	
2010 (n=154,730)	42%	41%	7%	9%	
2000 (n=136,852)	44%	38%	9%	9%	

Legend:
- White
- Asian or Pacific Islander
- Black or African American
- Latinx or Hispanic
- Additional Groups

Source: 2000, 2010 Decennial Census; 2021 American Community Survey 1-Year Estimates

Low-Income Seniors More Likely to be from Communities of Color

All Older Adults (60+) in San Francisco

- Asian or Pacific Islander: 44%
- White: 37%
- Latinx or Hispanic: 10%
- Black or African American: 5%
- Additional Groups: 3%

n = 190,689
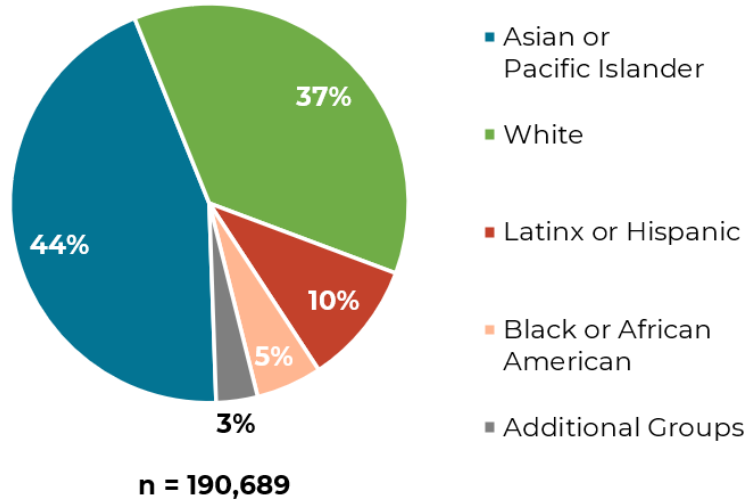
Source: 2021 ACS 1-Year Estimates

Older Adults (60+) in Poverty in San Francisco

- Asian or Pacific Islander: 43%
- White: 28%
- Latinx or Hispanic: 12%
- Black or African American: 12%
- Additional Groups: 5%

n = 24,032
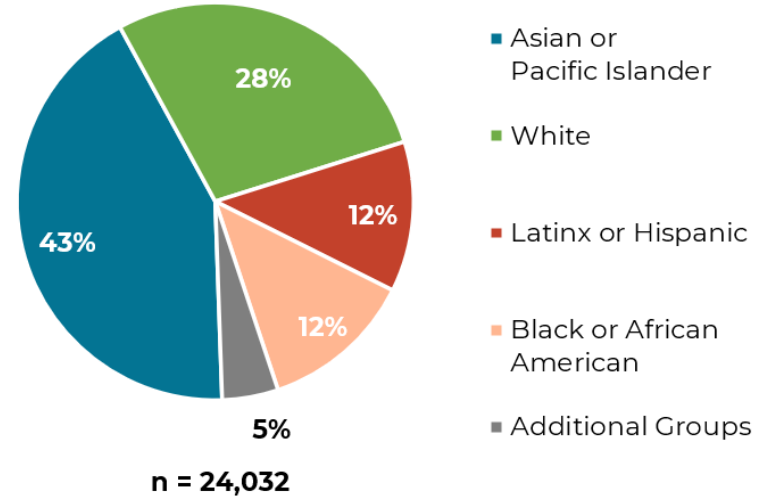
Source: 2021 ACS 1-Year Estimates

Section 5: Needs Assessment & Targeting

- <u>Finding 1.</u> Consumers experience a multitude of barriers to service connection, contributing to feelings of being excluded and unsupported.

- <u>Finding 2.</u> Adults with disabilities experience heightened barriers and have greater unmet needs than older adults.

- <u>Finding 3.</u> While many of consumers' basic needs are generally met, social connectivity and mental health needs (amplified by the pandemic) are not as well met.

- <u>Finding 4.</u> Consumers increasingly rely on technology and would benefit from expanded technology resources and virtual service offerings that promote inclusivity.

- <u>Finding 5.</u> Consumer concerns and needs relating to safety, mobility, and transportation have been exacerbated by the COVID-19 pandemic and racialized violence.

Section 5: Needs Assessment & Targeting

- <u>Finding 6.</u> BIPOC and LGBTQ+ consumers need culturally responsive services that affirm their identities and make them feel included, accepted, and safe.

- <u>Finding 7.</u> Caregivers need more information about available resources for themselves and their care recipients, as well as help navigating these services.

- <u>Finding 8.</u> Service providers need support to identify and successfully connect clients with available resources.

- <u>Finding 9.</u> Consumers have unmet needs in areas outside of DAS services (e.g., housing) where the Department can play a role through access support and system coordination.

Section 5: Needs Assessment & Targeting

Targeting (Priority Populations)

- Social Isolation

- Low-Income

- Limited English-Speaking Proficiency

- Communities of Color

- LGBTQ+ Community

- At Risk of Institutionalization

Section 6: Priority Services & Public Hearings

Allocation of Title IIIB Funding

Service	FY 2024-25	FY 2025-26	FY 2026-27	FY 2027-28
Access	45%	45%	45%	45%
In-Home Services	5%	5%	5%	5%
Legal Assistance	45%	45%	45%	45%

Total Title IIIB Funding: Approx. $1.1M

Section 8: Service Unit Plan Objectives

⬆ Increase

- Health Promotion
- Elder Abuse Prevention

⬇ Decrease

- Transportation
- Legal Assistance
- Nutrition Counseling
- Nutrition Education

⬆⬇ Mixed

- Long-Term Care Ombudsman
- Family Caregiver Support Program

⭕ No change

- Personal Care, Homemaker, Chore
- Information and Assistance
- Congregate Meals
- Home Delivered Meals

Narrative Goals & Objectives

Narrative Goals & Objectives

GOAL 1	**Equity, Inclusion, and Accessibility.** Everyone has equitable access and outcomes across race, ethnicity, age, ability, gender identity, sexual orientation, immigration status, and neighborhood in all of our programs, services, and systems.
GOAL 2	**Strong Workforce and Collaboration.** Our staff and community partners feel supported, heard, valued, and connected to one another and our common mission.
GOAL 3	**Employment and Economic Security.** Everyone has a stable source of income and an opportunity to increase their economic well-being.
GOAL 4	**Health and Well-being.** Everyone has the food, shelter, healthcare, supportive services, and community connection to thrive.
GOAL 5	**Safety and Care.** Everyone is safe and connected in all stages of life, free from abuse, neglect, and exploitation.

GOAL 1

Equity, Inclusion, and Accessibility. Everyone has equitable access and outcomes across race, ethnicity, age, ability, gender identity, sexual orientation, immigration status, and neighborhood in all of our programs, services, and systems.

A. Promote the inclusion of people with disabilities in community and civic life

B. Invest in strategies that help older adults and adults with disabilities bridge the Digital Divide

C. Improve community awareness of disability and aging resources through strategic outreach to consumers and service providers

D. Provide equitable, culturally inclusive, and affirming services for BIPOC and LGBTQ+ people

GOAL 2

Strong Workforce and Collaboration. Our staff and community partners feel supported, heard, valued, and connected to one another and our common mission.

A. Facilitate development and implementation of recommendations for an Age- and Disability-Friendly San Francisco (ADFSF)

B. Support training and professional development for department and community-based provider staff across the DAS service network

C. Prepare research and data analysis to support data-informed decision-making

D. Strengthen capacity across City and community provider networks for emergency preparedness and response that meets the needs of people with disabilities and older adults

E. Stabilize funding for caregiver mental health support services.

GOAL 3

Employment and Economic Security. Everyone has a stable source of income and an opportunity to increase their economic well-being.

A. Promote expansion of employment resources that support older people and adults with disabilities in the workforce

B. Support people with disabilities and older adults to access benefits that promote their economic wellbeing

C. Implement strategies to boost engagement with veterans and help connect them to VA benefits

GOAL 4

Health and Well-being. Everyone has the food, shelter, healthcare, supportive services, and community connection to thrive.

A. Promote healthy nutrition and reduce food insecurity

B. Leverage CalAIM resources to enhance and expand Medi-Cal supports that help seniors and people with disabilities age in place

C. Streamline navigation and connection to Department and community resources for disability and aging

D. Provide tailored case management to veterans facing criminal charges as an alternative to incarceration

E. Partner with City and community stakeholders to help seniors and people with disabilities remain housed and age safely in place

GOAL 5

Safety and Care. Everyone is safe and connected in all stages of life, free from abuse, neglect, and exploitation.

A. Prevent and mitigate the abuse of older people and adults with disabilities through public outreach and awareness building

B. Support quality care in long-term care settings

C. Partner with City and community partners to prevent and address financial abuse

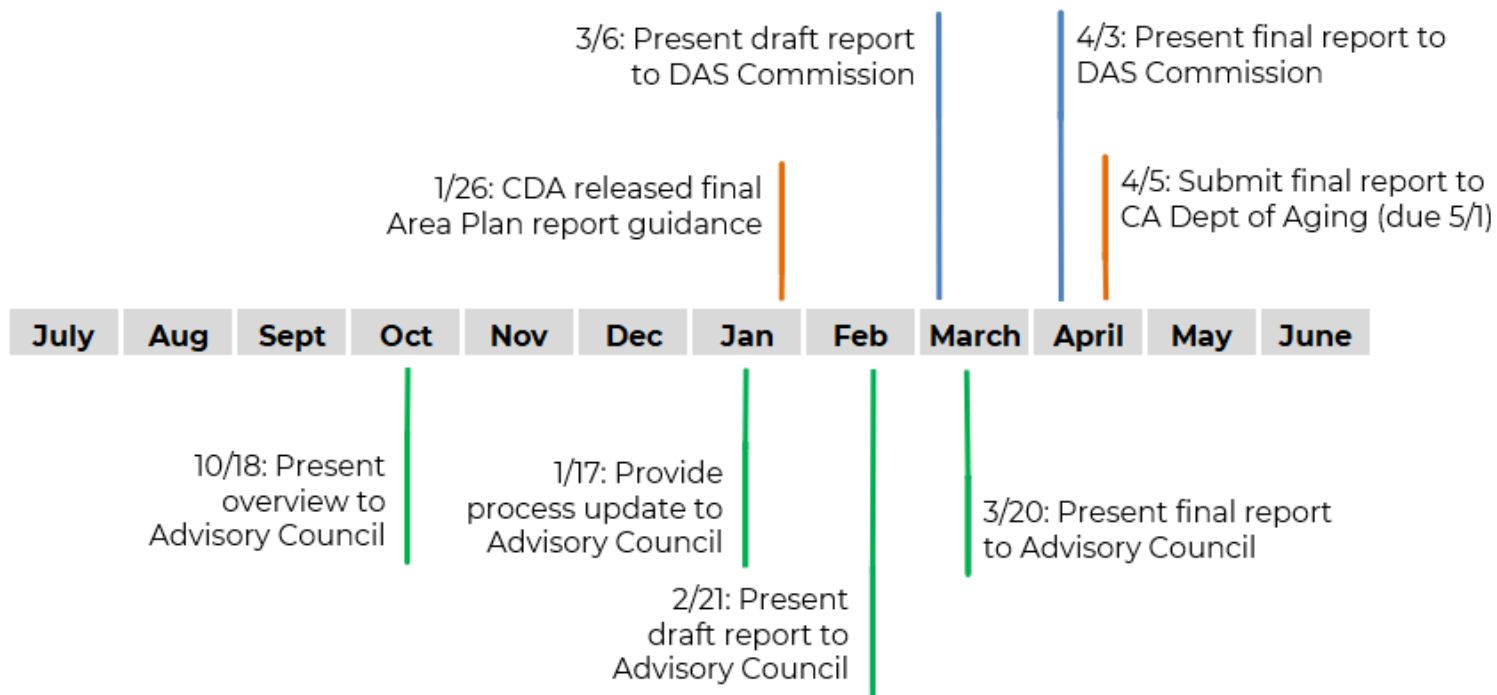D. Facilitate implementation of LPS conservatorship expansion

Discussion & Next Steps

Timeline

3/6: Present draft report to DAS Commission

4/3: Present final report to DAS Commission

1/26: CDA released final Area Plan report guidance

4/5: Submit final report to CA Dept of Aging (due 5/1)

| July | Aug | Sept | Oct | Nov | Dec | Jan | Feb | March | April | May | June |

10/18: Present overview to Advisory Council

1/17: Provide process update to Advisory Council

3/20: Present final report to Advisory Council

2/21: Present draft report to Advisory Council

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Department of Disability and Aging Services