Wondering how often SFHSA’s program guidelines are updated? See list below about CAAP, CalFresh, CalWORKs and Medi-Cal

**CAAP (County Adult Assistance Programs)**
- CAAP Income Guidelines (CAAP Grant Table): Updated annually on October 1st when there is a State COLA increase
- CAAP Earned Income Disregard Table: Updated annually on October 1st
- Income-In-Kind Values: Updated annually on October 1st

**CalFresh**
- CalFresh Factsheet: Updated annually in September/October
- CalFresh Income Guidelines (CalFresh Standard of Assistance): Updated annually in September/October
- Restaurant Meals Program: Updated as needed
- SFHSA CalFresh page: [SFHSA.org/CalFresh](https://sfhsa.org/CalFresh): Updated as needed

**CalWORKs**
- CalWORKs Income Guidelines (CW 15 CalWORKs Fact Sheet): Updated on July 1st and January 1st if grant amount increases
- Welfare-to-Work Fact Sheet: Updated as needed

**Medi-Cal**
- Medi-Cal Income Guidelines (Medi-Cal Standard of Assistance): Updated annually in February/March
- Federal Poverty Level (FPL) Table: Updated annually in February/March
- SFHSA Medi-Cal page: [SFHSA.org/Medi-Cal](https://sfhsa.org/Medi-Cal): Updated as needed

**Questions?**
Email us at [HSAOutreachComms@sfgov.org](mailto:HSAOutreachComms@sfgov.org)

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