

## **MEMORANDUM**

Department of Benefits and Family Support

Department of Disability and Aging Services

Office of Early Care and Education

P.O. Box 7988 San Francisco, CA 94120-7988 www.SFHSA.org TO: DISABILITY AND AGING SERVICES COMMISSION

THROUGH: KELLY DEARMAN, EXECUTIVE DIRECTOR

FROM: CINDY KAUFFMAN, DEPUTY DIRECTOR

ESPERANZA ZAPIEN, DIRECTOR OF CONTRACTS

**DATE:** OCTOBER 6, 2021

**SUBJECT:** GRANT MODIFICATION: MULTIPLE GRANTEES for

PROVISION OF COMMUNITY SERVICES (see table below)

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<u>Current Modification Revised Contingency Total</u>

**GRANT TERM:** 01/01/21- 07/01/21- 07/01/21-

06/30/23 6/30/23 06/30/23

**GRANT AMOUNT:** \$8,072,624 \$1,529,505 \$9,602,129 \$960,213 \$10,562,342

Funding Source<br/>MODIFICATIONCountyStateFederalContingencyTotal

**FUNDING:** \$1,384,731 \$144,774 \$152,951 \$1,682,456 **PERCENTAGE:** 91% 9% 100%



**Trent Rhorer**Executive Director

The Department of Disability and Aging Services (DAS) requests authorization to modify the existing grant agreements with multiple providers for the provision of community services to older adults and adults with disabilities for the time period beginning July 1, 2021 and ending June 30, 2023 in the additional amount of \$1,529,505, plus a 10% contingency for a total not to exceed amount of \$10,562,342. The specific breakdown of funding per grantee is summarized in the following table.

Grantee	Current Amount 1/1/2021 - 6/30/2023	Modification	Revised FY 21/22 FY 22/23	Grant Total	10% Contingency	Total Not to Exceed
Felton Institute	\$463,972	\$44,930	\$198,590 \$173,590	\$508,902	\$50,890	\$559,792
Golden Gate Senior Services (Castro)	\$511,602	\$37,792	\$219,418 \$215,048	\$549,394	\$54,939	\$604,333
Golden Gate Senior Services (Richmond)	\$839,070	\$161,314	\$458,102 \$333,722	\$1,000,384	\$100,038	\$1,100,422
On Lok Day Services / 30th Street Senior Center	\$1,075,215	\$95,015	\$468,064 \$453,749	\$1,170,230	\$117,023	\$1,287,253
Openhouse	\$763,549	\$413,614	\$541,658 \$416,658	\$1,177,163	\$117,716	\$1,294,879
Self Help for the Elderly	\$2,363,465	\$248,797	\$1,022,536 \$915,093	\$2,612,262	\$261,226	\$2,873,488
Sequoia Living (Aquatic Park)	\$912,208	\$305,700	\$508,518 \$446,318	\$1,217,908	\$121,791	\$1,339,699
SteppingStone	\$278,289	\$50,081	\$220,618 \$0*	\$328,370	\$32,837	\$361,207
YMCA (Richmond)	\$252,108	\$59,025	\$134,901 \$83,783	\$311,133	\$31,114	\$342,247
YMCA (Stonestown)	\$613,146	\$113,237	\$303,245 \$268,078	\$726,383	\$72,639	\$799,022
Total	\$8,072,624	\$1,529,505	\$4,075,650 \$3,306,039	\$9,602,129	\$960,213	\$10,562,342

<sup>\*</sup>SteppingStone expires June 30, 2022

## **Background**

Community connection and engagement is critical to the health, functioning, and increased quality of life for older adults and adults with disabilities in San Francisco. DAS funds Community Centers located throughout San Francisco to provide community services programming intended to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities.

Community services program and activity offerings at DAS funded Community Centers are designed to engage with the community around them while enhancing the cultural, educational, mental, and physical well-being of participants. Community Centers are also the entry point for many older adults and adults with disabilities in need of information and support services, thus translation and social services are available through community services programming.

#### **Services to be Provided**

Grantees will operate a Community Center space designed to engage with the surrounding community and be welcoming and accessible for older adults and adults with disabilities. Each grantee will offer a variety of activities, social services, translation assistance, and outreach that are designed to maintain or improve the quality of life of program participants. In addition to community services programming, some DAS funded community services providers offer Higher Learning classes, which are college level classes that were originally part of City College of San Francisco's (CCSF) Older Adults program. These courses supplement traditional community services activities and services funded by DAS. Beginning in 2020, Higher Learning classes were continued using funding resources from the Dignity Fund.

#### **Modification**

The purpose of this modification is to provide funding in the amount of \$1,529,505 to DAS funded community services programs. Modifications are split into two categories:

## **Higher Learning Classes**

The purpose of the Higher Learning modification is to continue providing Higher Learning classes through December 2022. Course topics include physical fitness, wellness, nutrition, language arts, art, and music appreciation. The classes will be open to any older adult or adult with disability interested, and classes are taught by instructors with advanced degrees and teaching experience in the field of study. Higher Learning courses will continue by leveraging Dignity Fund resources at the following locations:

Grantee	Class Location	Course Topics
Golden Gate	Castro Senior Center	Principles of Balance
Senior Services		
On Lok Day	30 <sup>th</sup> St. Senior Center	Body Dynamics, Art
Services		
Sequoia Living	Aquatic Park Senior Center	Creative Writing, Painting, Music
		Appreciation, Collage Collective, Mind
		Body Health, Self-Care, Acting and
		Self-Expression, Chair Ballet, English
		as a Second Language
Sequoia Living	Jewish Community Center	Women's Literature
Self-Help for the	Jackie Chan Senior Center, Geneva	Healthier Nutrition and Fitness,
Elderly	Community Center, Taraval	Managing Chronic Health Conditions,
	Community Center, John King	Healthy Aging, Forever Young Fitness
	Community Center, West Portal	
	Clubhouse	

Stepping Sone	Golden Gate Day Health, Mabini Day	Body Dynamics
	Health, Mission Creek Day Health,	
	Presentation Day Health	
YMCA	YMCA Stonestown	Mind Body Health, Textile Arts,
Stonestown		Principles of Balance

## Addback Funding

This modification allocates funding provided through the Board of Supervisors addback process to enhance community services:

- **Felton Institute:** The additional funding will go towards Tech Squad services for District 1 residents. Felton's Tech Squad seeks to provide culturally appropriate tech training and ongoing coaching with the goal of teaching individuals how to navigate the internet with confidence, connect effectively to online resources, and be included in the increasingly digital world. Services will include one-on-one tech training and enhanced outreach to find older adults and adults with disabilities that are unconnected.
- Golden Gate Senior Services: Richmond Senior Center will increase support for Russian, Cantonese, and Mandarin speaking wellness calls and staffing to continue senior service agency collaboration in District 1.
   Staffing for facility safety management will also increase to establish and maintain increased cleaning and sanitization procedures in response to the COVID-19 pandemic.
- Openhouse: The additional funding will provide ongoing food support that includes home delivered groceries, shopping and grocery delivery support, and cooking classes to participants experiencing food insecurity as a result of the COVID-19 pandemic. Openhouse will deliver supplemental food items and other supplies (e.g. masks, hand sanitizers, household items, etc.) on a weekly basis to LGBTQ+ older adults. In partnership with Mon Ami, shopping support includes errand runs (e.g. prescription or pet food pickups) and regular grocery runs for participants in varying frequency. Virtual cooking classes are offered through a partnership with a local non-profit cooking school to participants who struggle with cooking their own food, particularly fresh produce and other items from the home delivered groceries. One time support for Tenderloin Tessie Holiday Dinners is also provided through Openhouse to provide holiday meals to homeless individuals on Easter, Thanksgiving, and Christmas.
- **Sequoia Living:** The additional funding will go towards increasing the translation services for the monolingual Chinese speaking community. This will bring the center staff providing the service from 32 hours to 40 hours per week. The remaining dollars will go towards the purchase of equipment and materials for classes and activities occurring at the center.
- YMCA Richmond: The additional funding will go towards the purchasing of exercise equipment for older adults, safety seminars for older adults in response to the increase in AAPI/API hate, and Senior Explorations

Adventures to YMCA Camp Jones Gulch and YMCA Pt Bonita focusing on mental/spiritual/physical well-being.

• YMCA Stonestown: The additional funding will go towards safety seminars in response to the increase in AAPI/API hate, purchasing of safety equipment (e.g whistles, flashlights) that can help with feeling safe as folks walk around the neighborhood, and personal protective equipment (PPE) for staff and center participants to minimize the spread of COVID-19.

#### Selection

Grantees were selected through RFP #785, issued in February 2018 and RFP #767, issued in August 2017.

## **Funding**

These grants will be funded through a combination of Federal Funds, Dignity Funds, and other local funds.

#### **ATTACHMENTS**

#### Felton Institute

Appendix A-1 – Services to be provided Appendix B-1 – Budget

#### Golden Gate Senior Services

Castro Senior Center

Appendix A-1 – Services to be provided

Appendix B-1 – Budget

Richmond Senior Center

Appendix A-1 – Services to be provided

Appendix B-1 – Budget

## • On Lok Day Services / 30th Street Senior Center

Appendix A-1 – Services to be provided

Appendix B-1 – Budget

#### Openhouse

Appendix A-1 – Services to be provided

Appendix B-1 – Budget

## • Self-Help for the Elderly

Appendix A-1 – Services to be provided

Appendix B-2 – Budget

# • Sequoia Living

Aquatic Park Senior Center Appendix A-1 – Services to be provided Appendix B-1 – Budget

## • SteppingStone

Appendix A-1 – Services to be provided Appendix B-1 – Budget

# • YMCA of San Francisco

Richmond

Appendix A-2 – Services to be provided

Appendix B-2 – Budget

Stonestown

Appendix A-1 – Services to be provided

Appendix B-1 – Budget

# Appendix A-1 - Services to be Provided Felton Institute

## **Community Services**

Effective January 1, 2021 to June 30, 2023

**Modification: October 6, 2021** 

## I. Purpose

The purpose of this grant is to provide community services programming for older adults and adults with disabilities in the City and County of San Francisco through site based Community Centers. The programming will maintain or improve the well-being of older adults and adults with disabilities by providing activities and services designed to support individuals to live independently in their own homes and communities, reduce social isolation, and serve as an access point for other home and community-based services.

#### **II.** Definitions

Adult with a Disability	A person 18 years of age or older living with a disability
CA-GetCare	A web-based application that provides specific functionalities for contracted agencies to use to perform consumer intake/assessment/enrollment, record service objectives, run reports, etc.
CARBON	Contracts Administration, Reporting and Billing On Line System
City	City and County of San Francisco, a municipal corporation.
DAS	Department of Disability and Aging Services
Disability	Mental, cognitive and/or physical impairments, including hearing and visual impairments, that result in substantial functional limitations in one (1) or more of the following areas of major life activity: self-care, receptive and expressive language, learning, mobility, and self-direction, capacity for independent living, economic self-sufficiency, cognitive functioning, and emotional adjustment. Source: California Code of Regulations Title 22, Sec. 7630

Frail	An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or others. Source: California Code of Regulations Title 22, Sec. 7119
Grantee	Felton Institute
LGBTQ+	An acronym/term used to refer to persons who self-identify as non - heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.
Low Income	Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.
Minority	An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulations Title 22, Sec. 7130.
ОСР	Office of Community Partnerships
OCM	Office of Contract Management, San Francisco Human Services Agency.
Older Adult	Person who is 60 years or older, used interchangeably with "senior"
Senior	Person who is 60 years or older, used interchangeably with "older adult"
SF-HSA	Human Services Agency of the City and County of San Francisco.

SOGI	Sexual Orientation and Gender Identity; <i>Ordinance No. 159-16</i> amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve ( <i>Chapter 104, Sections 104.1 through 104.9.</i> )
Unit of Service	Defined as one hour of service
Unduplicated Consumer (UDC)	An individual who participates in community services and the grantee reflects consumer participation in CA-GetCare through enrollment.

## **III.** Target Population

The target population is older adults and adults with disabilities living in the City and County of San Francisco with the greatest economic and social need and with particular attention to the following individuals:

- 1. Low income
- 2. Limited or no English speaking proficiency
- 3. Minority populations
- 4. Frail
- 5. LGBTQ+

## IV. Eligibility for Services

- A person who is a resident of San Francisco and
- A person who is an older adult or an adult with a disability

#### V. Location and Time of Services

The grantee will provide community services programming in the City and County of San Francisco. The details of the sites and operation hours are located in the site chart.

## VI. Description of Services and Program Requirements

- 1. Grantee will provide community services programming for older adults and adults with disabilities. Community services programming shall consist of activities and services that focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older adults and adults with disabilities. Activities and services may be provided in the grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection. There are four categories of community services programming:
  - i. <u>Activity Scheduling</u>: Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for

- education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- ii. <u>Translation:</u> Translation assistance provided to consumers that cannot speak/read English. Translation may also include the use of American Sign Language, braille, or teleprompting. Services may include translation for an individual, such as translation of forms, letters, applications, or phone calls, and may also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements or presentations.
- iii. <u>Social Services</u>: The provision of one-to-one assistance to individuals that enables them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- iv. Enhanced Outreach: While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from DAS OCP before commencing.

#### Enhanced outreach efforts under this specific grant:

Grantee's enhanced outreach will work to develop meaningful collaborations with residents and other stakeholders in the Visitacion Valley Community in order to gain better knowledge of community needs and raise awareness of Grantee's service offerings at 66 Raymond. Grantee will continue to participate in the Visitacion Valley Services Collaborative (a collective of 11 community-based organizations operating in the neighborhood), the Visitacion Valley Neighborhood Association, and the Visitacion Valley Family Center Advisory Committee in order to pursue these goals.

For FY21/22, grantee will provide enhanced outreach to unconnected District 1 residents for their Tech Squad program. This will include outreach in the public library branches, and district churches. They will also work with individuals identified by the Richmond Senior Roundtable, District 1 senior centers, board and care operators, neighborhood centers, and Supervisor Chan's office.

- 2. Grantee will ensure that service offerings in the four categories of community services are designed to:
  - i. Provide quality services that attain a high satisfaction level from participants.
  - ii. Provide services that meet the needs of individual participants.
  - iii. Provide physical activities that may improve the health of participants.
  - iv. Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.

- v. Provide activities to increase socialization opportunities for individual consumers.
- 3. Grantee will develop and maintain policies and procedures that align with city, state, and local regulatory agencies, including the DAS OCP policy memoranda.
- 4. Grantee will administer an annual consumer satisfaction survey using a survey tool approved by DAS OCP. The grantee will share the survey results with DAS OCP by March 15<sup>th</sup> each grant year or on a mutually agreed upon date between DAS OCP and the grantee. At minimum, the consumer response rate shall be at least 35% of the annual unduplicated consumers.
- 5. Grantee will ensure adequate and culturally competent staffing to administer the program, deliver quality services to meet the needs of the consumer, and adhere to all program standards.
- 6. Grantee will ensure that units of service provided are tracked and distinguishable.
- 7. Grantee will attend in-service trainings and meetings coordinated and provided by DAS OCP, and share the information with their staff and volunteers as needed.
- 8. Grantee shall follow guidance or instructions from the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments related to the provision of services in the community. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. The grantee shall follow the requirements with the intent to maximize the health and safety of their staff and clients receiving services.
- 9. For FY 21/22, grantee will expand their Tech Squad program to include services in District 1. Grantee will provide culturally appropriate tech training and ongoing coaching with the goal of teaching individuals how to navigate the internet with confidence, connect effectively to online resources, and be included in the increasingly digital world.

#### VII. Service Objectives

Grantee will enroll at minimum the number of unduplicated consumers and provide the units of service detailed in Table A and B below:

Table A- Community Services	01/01/2021- 6/30/2021	FY21/22	FY22/23						
Unduplicated Consumers (UDC)	108	216	288						
Activity Scheduling	414	1,104							
Translation Services	113	225	300						
Social Services	75	150	200						
Enhanced Outreach	65	173							
One (1) unit of service = one (1) hour of service provision									

Table B- Community Services: Tech Squad	FY21/22
Unduplicated Consumers (UDC)	35
Activity Scheduling – One-on-One Tech Support	100

Enhanced Outreach	50						
One (1) unit of service = one (1) hour of service provision							

## VIII. Outcome Objectives

#### Community Services

- 1. Consumers receive the services and/or activities they need from the agency. Target: 80%
- 2. Consumers who participate in physical activity programming report a positive impact on their health. Target: 80%
- 3. Consumers who received social services or translation assistance, or participated in an educational program, report the services helped to improve their lives. Target: 80%
- 4. Consumers report an increase in their socialization opportunities and interaction with others. Target: 80%

Based on an annual satisfaction survey created by DAS OCP and with a sample size of at least 35% of the annual unduplicated consumers.

## Community Services: Tech Squad

- 1. Participants enhance their well-being/wellness by using learned skills to search online for programs or services. Target: 75%
- 2. Participants improve their self-sufficiency by accessing digital services they learned through the program (e.g. housing, online maps, banking, and shopping). Target: 75%
- 3. Participants improve their self-sufficiency by accessing digital services they learned through the program (e.g. housing, online maps, banking, and shopping). Target: 75%
- 4. Participants are able to connect with relatives and/or friends through technology using learned skills (i.e. Zoom, email, social media, digital messaging). Target: 75%

## IX. Reporting and Other Requirements

- 1. Grantee will enroll eligible consumers into the program funded through this grant agreement by entering the consumer data obtained from consumers, using the DAS OCP approved intake form, into the CA-GetCare database in accordance to DAS OCP policy memorandum.
- 2. Grantee will enter into the CA-GetCare Service Unit section all service objectives by the 5th working day of the month for the preceding month.
- 3. Grantee will enter monthly reports and metrics into the CARBON database system by the 15th of the following month that includes the following information:
  - Number of unduplicated consumers served
  - Number and type of service units provided
- 4. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by

- DAS and Contracts Department staff.
- 5. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15th of each grant year or on a mutually agreed upon date between DAS OCP and the grantee.
- 6. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- 7. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. The grantee must submit the report in the CARBON system.
- 8. Grantee shall develop and deliver ad hoc reports as requested by SF-HSA, DAS, and OCP.
- 9. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by SF-HSA, DAS, and OCP. The due dates for submitting the bi-annual summary reports are January 10<sup>th</sup> (June-December data) and July 10<sup>th</sup> (January-June data).
- 10. Grantee will maintain an updated site chart, using the DAS OCP approved form, with details about the program.
- 11. Grantee program staff will complete an Elder Abuse Mandated Reporter Training and the California Department of Aging (CDA) Security Awareness Training on an annual basis. The grantee will maintain evidence of staff completion of these trainings.
- 12. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- 13. Grantee will develop a grievance policy consistent with DAS OCP policy memorandum.
- 14. For assistance with reporting and contract requirements, please contact:

Theresa Ballesteros Program Analyst DAS OCP (415) 319-3141 theresa.ballesteros@sfgov.org

and

Rocio Duenas Contract Manager HSA OCM (415) 557-5626 rocio.duenas@sfgov.org

## X. Monitoring Activities

A. <u>Program Monitoring</u>: Program monitoring will include review of compliance to specific program standards or requirements; client eligibility and targeted

mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.

B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

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Document Date: 9/22/21
20, 0000
30, 2023

HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM									
Name: Felton Institute Term  January 1, 2021 - June 30, 2023									
(Check One) New Renewal	Modificati	on X				January 1, 2021	- June 30, 2023		
If modification, Effective Date of Mod. 7		Mod. 2							
Program: Community Services									
Budget Reference Page No.(s)									
Program Term	1/1/21-6/30/21	7/1/21 - 6/30/22	Modification 7/1/21 - 6/30/22	REVISED 7/1/21-6/30/22	7/1/22 - 6/30/23	Modification 7/1/22 - 6/30/23	REVISED 7/1/22 - 6/30/23	Total 1/1/21-6/30/23	
Expenditures		771721 0700722		.,,,_,	771722 0/00/20		.,,,	., .,	
Salaries & Benefits	\$67,646	\$81,206	\$28,536	\$109,742	\$81,206	\$8,666	\$89,872	\$267,260	
Operating Expenses	\$13,145	\$25,185	\$1,868	\$27,053	\$25,185	40,000	\$25,185	\$65,383	
Subtotal	\$80,791	\$106,391	\$30,404	\$136,795	\$106,391	\$8,666	\$115,057	\$332,643	
Indirect Percentage (%)	15.00%	15.00%	15.00%	15.00%	15.00%	15.00%	15%	15.00%	
Indirect Cost	\$12,118	\$15,959	\$4,561	\$20,520	\$15,959	\$1,299	\$17,258	\$49,896	
Subcontractor/Capital Expenditure	\$43,813	\$41,275	` ′	\$41,275	\$41,275	. ,	\$41,275	\$126,363	
Total Expenditures	\$136,722	\$163,625	\$34,965	\$198,590	\$163,625	\$9,965	\$173,590	\$508,902	
HSA Revenues           General Funds         \$129,222         \$163,625         \$34,965         \$198,590         \$163,625         \$9,965         \$173,590         \$501,4           Federal Funds         \$7,500         \$7,500         \$7,500         \$7,500         \$7,500         \$1,500 <t< th=""></t<>									
Total HSA Revenue         \$136,722         \$163,625         \$34,965         \$198,590         \$163,625         \$9,965         \$173,590         \$508,902           Other Revenues           Image: Second colspan="8">Image: Second colspan="8"									
TOTAL DAS AND NON DAS REVENUE  Full Time Equivalent (FTE)	\$136,722	\$163,625	\$34,965	\$198,590	\$163,625	\$9,965	\$173,590	\$508,902	
Prepared by: Ray Mallett		<b>L</b>	<u> </u>					Date: 9/22/21	
HSA-CO Review Signature:									

HSA #1

Program: Community Services

Appendix B-1, Page 2
(Same as Line 11 on HSA #1)

Document Date: 9/22/21

#### Salaries & Benefits Detail

	Agency T	otals	HSA Pr	ogram		DAS budgeted salary						
	Annual Full		% FTE funded by									
	Time Salary for		HSA	Adjusted			Modification	REVISED		Modification	REVISED	Total
Position	FTE	Total FTE	(Max 100%)	FTE	1/1/21-6/30/21	7/1/21 - 6/30/22	7/1/21 - 6/30/22	7/1/21-6/30/22	7/1/22 - 6/30/23	<b>7/1/2</b> 2 - <b>6/30/23</b>	7/1/22-6/30/23	1/1/21-6/30/23
Program Manager	\$70,000	1.00	14%	0.14	\$15,330	\$9,660	\$1,794	\$11,454	\$9,660	\$1,794	\$11,454	\$38,238
Activities Supervisor	\$50,000	1.00	100%	1.00	\$28,500	\$50,000	\$4,872	\$54,872	\$50,000	\$4,872	\$54,872	\$138,244
Senior Division Director	\$155,000	1.00	2%	0.02	\$4,503	\$2,806		\$2,806	\$2,806		\$2,806	\$10,115
Tech-Squad Program Coordinator	\$55,000				\$3,702							\$3,702
Community Liaison D1 Resident	\$48,925	1.00	20%	0.20			\$9,785	\$9,785				\$9,785
Program Coordinator/Chinese lang.	\$55,000	1.00	10%	0.10			\$5,500	\$5,500				\$5,500
Totals	\$433,925	5.00	145.61%	1.46	\$52,035	\$62,466	\$21,951	\$84,417	\$62,466	\$6,666	\$69,132	\$205,584
	•	•	-				•			•		
Fringe Benefits Rate	30.00%											
Employee Fringe Benefits	\$130,178				\$15,611	\$18,740	\$6,585	\$25,325	\$18,740	\$2,000	\$20,740	\$61,676
Total Salaries and Benefits	\$564,103				\$67,646	\$81,206	\$28,536	\$109,742	\$81,206	\$8,666	\$89,872	\$267,260
							•					
HSA #2					5/14/21							5/14/2021

Appendix B-1, Page 3 Program: Community Services (Same as Line 11 on HSA #1) Document Date: 9/22/21 **Operating Expense Detail** Modification Total REVISED 1/1/21-6/30/21 7/1/21-6/30/22 7/1/21 - 6/30/22 7/1/21 - 6/30/22 7/1/22 - 6/30/23 1/1/21-6/30/23 **Expenditure Category** Rental of Property \$4,200 \$8,400 \$8,400 \$8,400 \$21,000 Utilities (Elec, Water, Gas, Phone, Garbage) \$2,600 \$8,185 \$8,185 \$12,000 \$22,785 Office Supplies, Postage \$1,220 \$2,000 \$2,000 \$2,000 \$5,220 Building Maintenance Supplies and Repair \$1,868 Printing and Reproduction \$368 \$1,868 \$2,236 \$975 \$800 \$2,573 Insurance \$800 \$798 Staff Training \$182 \$400 \$364 \$400 \$946 Staff Travel-(Local & Out of Town) Rental of Equipment Consultant Other \$3,600 \$5,400 \$1,623 \$10,623 Activities Supplies and Program Expenses \$5,400 **Total Operating Expenses** \$13,145 \$25,185 \$1,868 \$27,053 \$25,185 \$65,383

HSA #3

Program: Community Services (Same as Line 11 on HSA #1)

Appendix B-1, Page 4

Document Date: 9/22/21

# **Subcontractor & Capital Expenditure Detail**

Subcontractor Expenditure	1/1/21-6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total 1/1/21-6/30/23
Asian Pacific American Community Center	\$20,638	\$41,275	\$41,275	\$103,188
ESL teacher	\$9,555			\$9,555
Total Subcontractor Expenditure	\$30,193	\$41,275	\$41,275	\$112,743
Equipment (Qty)	1/1/21-6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total 1/1/21-6/30/23
Equipment purchases for Internet access for ser	\$700			\$700
14 iPads	\$4,900			\$4,900
14 Samsung Galaxy Tablet	\$3,500			\$3,500
Macpro laptop	\$1,420			\$1,420
Electric piano	\$3,100			\$3,100
Total Favilian ant Cost	\$42.020			\$42.020
Total Equipment Cost	\$13,620			\$13,620
Remodeling	1/1/21-6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total 1/1/21-6/30/23
Total Remodeling Cost				
Total Capital Expenditure	\$43,813	\$41,275	\$41,275	\$126,363

HSA #4

#### APPENDIX A-1 – SERVICES TO BE PROVIDED

Golden Gate Senior Services: Castro Senior Center

#### **COMMUNITY SERVICES**

## Effective January 1, 2021 to June 30, 2023

## I. Purpose

The purpose of this grant is to provide community services programming for older adults and adults with disabilities in the City and County of San Francisco through site based Community Centers. The programming will maintain or improve the well-being of older adults and adults with disabilities by providing activities and services designed to support individuals to live independently in their own homes and communities, reduce social isolation, and serve as an access point for other home and community-based services.

#### II. Definitions

Adult with a Disability

Person 18 years of age or older living with a disability

CA GetCare

A web-based application that provides specific functionalities for

contracted agencies to use to perform consumer

intake/assessment/enrollment, record service objectives, run reports, etc.

CARBON Contracts Administration, Reporting and Billing On Line System

City and County of San Francisco, a municipal corporation.

DAS Department of Disability and Aging Services

Disability Mental, cognitive and/or physical impairments, including hearing and

visual impairments, that result in substantial functional limitations in one

(1) or more of the following areas of major life activity: self-care,

receptive and expressive language, learning, mobility, and self-direction, capacity for independent living, economic self-sufficiency, cognitive functioning, and emotional adjustment. Source: California Code of

Regulations Title 22, Sec. 7630

Frail

An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or others. Source: California Code of Regulations Title 22, Sec. 7119

Grantee

Golden Gate Senior Services

Higher Learning classes

College level classes that are taught by instructors with advanced degrees and teaching experience in the field of study. Higher learning classes were originally part of City College of San Francisco's Older Adults program. Classes are provided at community service centers throughout the City and supplement traditional community services activities and services.

LGBTQ+

An acronym/term used to refer to persons who self-identify as non-heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.

Low Income

Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.

Minority

An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulation Sec. 7130

OCP Office of Community Partnerships

OCM Office of Contract Management, San Francisco Human Services Agency

Older Adult Person who is 60 years or older, used interchangeably with "senior"

Senior Person who is 60 years or older, used interchangeably with "older adult"

SF-HSA Human Services Agency of the City and County of San Francisco

SOGI Sexual Orientation and Gender Identity; *Ordinance No. 159-16* amended

the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (Chapter 104, Sections 104.1 through 104.9.)

Unit of Service Defined as one hour of service

Unduplicated An individual who participates in community services and the grantee Consumer (UDC) reflects consumer participation in CA-GetCare through enrollment

## **III.** Target Population

The target population is older adults and adults with disabilities living in the City and County of San Francisco with the greatest economic and social need and with particular attention to the following individuals:

- 1. Low income
- 2. Limited or no English speaking proficiency
- 3. Minority populations
- 4. Frail
- 5. LGBTQ+

## IV. Eligibility for Services

- A person who is a resident of San Francisco and
- A person who is an older adult or an adult with disability

#### V. Location and Time of Services

The grantee will provide community services programming in the City and County of San Francisco. The details of the sites and operation hours are located in the site chart.

## VI. Service Description

1. Grantee will provide community services programming for older adults and adults with disabilities. Community services programming shall consist of activities and services that focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older adults and adults with disabilities. Activities and services may be provided in the grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection. There are four categories of community services programming:

- i. Activity Scheduling: Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- ii. <u>Translation:</u> Translation assistance provided to consumers that cannot speak/read English. Translation may also include the use of American Sign Language, braille, or teleprompting. Services may include translation for an individual, such as translation of forms, letters, applications, or phone calls, and may also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements or presentations.
- iii. <u>Social Services</u>: The provision of one-to-one assistance to individuals that enables them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- iv. Enhanced Outreach: While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from DAS OCP before commencing.

## Enhanced outreach efforts under this specific grant:

Enhanced outreach efforts will not be provided under this specific grant.

- 2. Grantee will ensure that service offerings in the four categories of community services are designed to:
  - i. Provide quality services that attain a high satisfaction level from participants.
  - ii. Provide services that meet the needs of individual participants.
  - iii. Provide physical activities that may improve the health of participants.
  - iv. Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
    - v. Provide activities to increase socialization opportunities for individual consumers.
- 3. Grantee will develop and maintain policies and procedures that align with city, state, and local regulatory agencies, including the DAS OCP policy memoranda.
- 4. Grantee will administer an annual consumer satisfaction survey using a survey tool approved by DAS OCP. The grantee will share the survey results with DAS OCP by March 15<sup>th</sup> each grant year or on a mutually agreed upon date between DAS OCP and the grantee. At minimum, the consumer response rate shall be at least 35% of the annual unduplicated consumers.
- 5. Grantee will ensure adequate and culturally competent staffing to administer the program,

- deliver quality services to meet the needs of the consumer, and adhere to all program standards.
- 6. Grantee will ensure that units of service provided are tracked and distinguishable.
- 7. Grantee will attend in-service trainings and meetings coordinated and provided by DAS OCP, and share the information with their staff and volunteers as needed.
- 8. Grantee shall follow guidance or instructions from the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments related to the provision of services in the community. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. The grantee shall follow the requirements with the intent to maximize the health and safety of their staff and clients receiving services.
- 9. Grantee will provide Higher Learning classes at Golden Gate Senior Services Castro Senior Center. The classes will be open to any older adult or adult with disability interested. A participant will register for a class as a separate activity within the community services program. The course topic is "Principles of Balance". The classes are college level classes taught by instructors with advanced degrees and teaching experience in the field of study.

## VII. Service Objectives

Grantee will enroll at minimum the number of unduplicated consumers and provide the units of service detailed in Table A below:

Table A- Community Services	01/01/2021- 6/30/2021	FY21/22	FY22/23				
Unduplicated Consumers (UDC)	75	225	300				
Activity Scheduling	635	938	2500				
Translation Services	0	0	0				
Social Services	0	0	0				
Enhanced Outreach	0	0	0				
One (1) unit of service = one (1) hour of service provision							

## **VIII.** Outcome Objectives

#### Community Services

- Consumers receive the services and/or activities they need from the agency. Target: 80%
- Consumers who participate in physical activity programming report a positive impact on their health. Target: 80%
- Consumers who received social services or translation assistance, or participated in an educational program, report the services helped to improve their lives. Target: 80%
- Consumers report an increase in their socialization opportunities and interaction with others. Target: 80%

Based on an annual satisfaction survey created by DAS OCP and with a sample size of at least 35% of the annual unduplicated consumers.

## **Higher Learning**

- 1. Class participants report that the course increased their socialization opportunities and interaction with others. Target: 80%
- 2. Class participants report an increase in knowledge of the Higher Learning course topic. Target: 80%

Based on a satisfaction survey created by the grantee with input from DAS OCP and with a sample size of at least 75% of the participants enrolled in the class.

## IX. Reporting and Other Requirements

- 1. Grantee will enroll eligible consumers into the program funded through this grant agreement by entering the consumer data obtained from consumers, using the DAS OCP approved intake form, into the CA-GetCare database in accordance to DAS OCP policy memorandum.
- 2. Grantee will enter into the CA-GetCare Service Unit section all service objectives by the 5th working day of the month for the preceding month.
- 3. Grantee will enter monthly reports and metrics into the CARBON database system by the 15th of the following month that includes the following information:
  - Number of unduplicated consumers served
  - Number and type of service units provided
- 4. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- 5. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15th of each grant year or on a mutually agreed upon date between DAS OCP and the grantee.
- 6. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- 7. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. The grantee must submit the report in the CARBON system.
- 8. Grantee shall develop and deliver ad hoc reports as requested by SF-HSA, DAS, and OCP.
- 9. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by SF-HSA, DAS, and OCP. The due dates for submitting the bi-annual summary reports are January 10<sup>th</sup> (June-December data) and July 10<sup>th</sup> (January-June data).
- 10. Grantee will maintain an updated site chart, using the DAS OCP approved form, with details about the program.
- 11. Grantee program staff will complete an Elder Abuse Mandated Reporter Training and the California Department of Aging (CDA) Security Awareness Training on an annual basis. The grantee will maintain evidence of staff completion of these trainings.

- 12. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- 13. Grantee will develop a grievance policy consistent with DAS OCP policy memorandum.
- 14. For assistance with reporting and contract requirements, please contact:

Reanna Albert Program Analyst DAS OCP reanna.albert@sfgov.org

or

Ella Lee Contract Manager SF-HSA OCM ella.lee@sfgov.org

## X. Monitoring Activities

- Program Monitoring: Program monitoring will include review of compliance to A. specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs,

and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

Appendix B-1, Page 1 Document Date: October 2021

#### HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM

Term Golden Gate Senior Services Jan 2021 - Jun 2023

(Check One) New Modification \_\_x\_ Renewal If modification, Effective Date of Mod. 07/01/2021 No. of Mod. 3

ii iiiodiiication, Effective Date of Wod. 07/01/2021	NO. OI WIOG. 3							
Program: Community Services, Castro								
Budget Reference Page No.(s)								
Program Term	1/1/21 - 6/30/21		7/1/21 - 6/30/22			7/1/22 - 6/30/23		1/1/21 - 6/30/23
	Revised	Budget	Modification	Budget	Budget	Modification	Budget	Total
Expenditures								
Salaries & Benefits	\$62,561	\$110,048	\$10,752	\$120,800	\$110,048	\$10,752	\$120,800	\$304,161
Operating Expenses	\$32,647	\$70,020	(\$21)	\$69,999	\$66,220	(\$21)	\$66,199	\$168,845
Subtotal	\$95,208	\$180,068	\$10,731	\$190,799	\$176,268	\$10,731	\$186,999	\$473,006
Indirect Percentage (%)	15.00%	15.00%		15.00%	15.00%		15.00%	15.00%
Indirect Cost	\$14,281	\$27,009	\$1,610	\$28,619	\$26,439	\$1,610	\$28,049	\$70,949
Capital Expenditure	\$5,439							\$5,439
Sub-Contractor Expenditure								
Total Expenditures	\$114,928	\$207,077	\$12,341	\$219,418	\$202,707	\$12,341	\$215,048	\$549,394
	T							
HSA Revenues						1		
General Fund	\$86,744	\$174,537		\$174,537	\$174,537		\$174,537	\$435,818
Federal Fund	\$12,425	\$23,800		\$23,800	\$23,800		\$23,800	\$60,025
Carryforward from 07/01/2020-12/30/2020	\$5,439							\$5,439
Higher Learning	\$4,370		\$8,740	\$8,740		\$4,370	\$4,370	\$17,480
CODB	\$5,950		\$12,341	\$12,341		\$12,341	\$12,341	\$30,632
Total HSA Revenue	\$114,928	\$198,337	\$21,081	\$219,418	\$198,337	\$16,711	\$215,048	\$549,394
Other Revenues								
	+ +					<del></del>		
	+ +					<del></del>		
	+					+		
TOTAL DAS AND NON DAS REVENUE	\$114,928	\$198,337	\$21,081	\$219,418	\$198,337	\$16,711	\$215,048	\$549,394
	1 1	-	` ' ' '	¥/	7.22/22	7	** -/-	
Full Time Equivalent (FTE)								
Prepared by: Georgeann Lang	Telephone No.: 4	15-320-9634						Date: 8/13/21
110A 00 B								

Prepared by: Georgeann Lang
HSA-CO Review Signature:

HSA #1 10/25/2016

Program: Community Services, Cas	stro										А	ppendix B-1, Page 2
(Same as Line 11 on HSA #1)											Document	Date: October 2021
					Sala	ries & Benefits [	<b>Detail</b>					
	1/1/21 - 6/30/21	Agency	/ Totals	HSA P	rogram '		7/1/21 - 6/30/22			7/1/22 - 6/30/23		1/1/21 - 6/30/23
		Annual Full Time Salary for		% FTE funded by HSA								
Position	Revised	FTE	Total FTE	(Max 100%)	Adjusted FTE	Budget	Modification	Budget	Budget	Modification	Budget	Total
Executive Director	\$11,200	\$89,600	0.08	100.00%	0.08		\$6,720	\$6,720		\$6,720	\$6,720	\$24,640
CSS Director	\$45,674		1.00		1.00	\$81,000	\$5,265	\$86,265	\$81,000	\$5,265	\$86,265	\$218,204
Program Instructor		\$52,000	0.33	100.00%	0.33	\$19,500	(\$2,165)	\$17,335	\$19,500	(\$2,165)	\$17,335	\$34,670
Totals	\$56,874	\$227,865	1.41	300.00%	1.41	\$100,500	\$9,820	\$110,320	\$100,500	\$9,820	\$110,320	\$277,514
Fringe Benefits Rate	10%	9.50%				9.50%			9.50%			1
Employee Fringe Benefits	\$5,687	\$21,647				\$9,548	\$932	\$10,480	\$9,548	\$932	\$10,480	\$26,647
Total Salaries and Benefits	\$62,561	\$249,512				\$110,048	\$10,752	\$120,800	\$110,048	\$10,752	\$120,800	\$304,161
HSA #2												10/25/2016

Program: Community Services, Castro (Same as Line 11 on HSA #1)								ppendix B-1, Page 3 Date: October 2021
			Operating Expe	nse Detail				
Term	1/1/21 - 6/30/21		7/1/21 - 6/30/22			7/1/22 - 6/30/23		1/1/21 - 6/30/23
_	Revised	Budget	Modification	Budget	Budget	Modification	Budget	Total
Expenditure Category								
Rental of Property	\$18,587	\$37,175		\$37,175	\$39,035		\$39,035	\$94,797
Utilities (Elec, Water, Gas, Phone, Garbage)	\$3,160	\$6,765	(\$21)	\$6,744	\$6,800		\$6,800	\$16,704
Office Supplies, Postage	\$6,350	\$1,800	<del></del>	\$1,800	\$585	(\$21)	\$564	\$8,714
Building Maintenance Supplies and Repair Printing and Reproduction		\$10,800		\$10,800	\$10,800		\$10,800	\$21,600
Insurance								
Staff Training								
Staff Travel-(Local & Out of Town)  Rental of Equipment			<del></del>		<del></del> ·			
Programs & Events	\$750	\$5,880		\$5,880	\$5,200		\$5,200	\$11,830
Consultant								
Consultant A				_				
Higher Learning								
Accessible Yoga	\$3,800	\$7,600		\$7,600	\$3,800	·	\$3,800	\$15,200
Total Operating Expenses	\$32,647	\$70,020	(\$21)	\$69,999	\$66,220	(\$21)	\$66,199	\$168,845
HSA #3								10/25/2016

#### APPENDIX A-1 – SERVICES TO BE PROVIDED

Golden Gate Senior Services: Richmond Senior Center

#### **COMMUNITY SERVICES**

## Effective January 1, 2021 to June 30, 2023

## I. Purpose

The purpose of this grant is to provide community services programming for older adults and adults with disabilities in the City and County of San Francisco through site based Community Centers. The programming will maintain or improve the well-being of older adults and adults with disabilities by providing activities and services designed to support individuals to live independently in their own homes and communities, reduce social isolation, and serve as an access point for other home and community-based services.

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Person 18 years of age or older living with a disability

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City

A web-based application that provides specific functionalities for

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City and County of San Francisco, a municipal corporation.

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visual impairments, that result in substantial functional limitations in one

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receptive and expressive language, learning, mobility, and self-direction, capacity for independent living, economic self-sufficiency, cognitive functioning, and emotional adjustment. Source: California Code of

Regulations Title 22, Sec. 7630

Frail An individual determined to be functionally impaired in one or both of

the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or others. Source: California Code of Regulations Title 22,

Sec. 7119

Grantee Golden Gate Senior Services

LGBTQ+ An acronym/term used to refer to persons who self-identify as non -

heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual,

transgender, genderqueer, and gender non-binary.

Low Income Having income at or below 300% of the federal poverty line defined by

the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means

test to qualify for the program.

Minority An ethnic person of color who is any of the following: a) Black – a

person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos,

Cambodia, the Philippines, Samoa, Guam, or the United States

Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native

Hawaiian. Source: California Code of Regulation Sec. 7130

OCP Office of Community Partnerships

OCM Office of Contract Management, San Francisco Human Services Agency

Older Adult Person who is 60 years or older, used interchangeably with "senior"

Senior Person who is 60 years or older, used interchangeably with "older adult"

SF-HSA Human Services Agency of the City and County of San Francisco

**SOGI** Sexual Orientation and Gender Identity; Ordinance No. 159-16 amended

> the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (Chapter 104, Sections 104.1 through 104.9.)

Unit of Service Defined as one hour of service

Unduplicated An individual who participates in community services and the grantee reflects consumer participation in CA-GetCare through enrollment Consumer (UDC)

#### III. **Target Population**

The target population is older adults and adults with disabilities living in the City and County of San Francisco with the greatest economic and social need and with particular attention to the following individuals:

- 1. Low income
- 2. Limited or no English speaking proficiency
- 3. Minority populations
- 4. Frail
- 5. LGBTQ+

#### IV. **Eligibility for Services**

- A person who is a resident of San Francisco and
- A person who is an older adult or an adult with disability

#### V. **Location and Time of Services**

The grantee will provide community services programming in the City and County of San Francisco. The details of the sites and operation hours are located in the site chart.

#### VI. **Service Description**

- 1. Grantee will provide community services programming for older adults and adults with disabilities. Community services programming shall consist of activities and services that focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older adults and adults with disabilities. Activities and services may be provided in the grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection. There are four categories of community services programming:
  - Activity Scheduling: Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for

- education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- ii. <u>Translation:</u> Translation assistance provided to consumers that cannot speak/read English. Translation may also include the use of American Sign Language, braille, or teleprompting. Services may include translation for an individual, such as translation of forms, letters, applications, or phone calls, and may also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements or presentations.
- iii. <u>Social Services</u>: The provision of one-to-one assistance to individuals that enables them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- iv. Enhanced Outreach: While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from DAS OCP before commencing.

## Enhanced outreach efforts under this specific grant:

Enhanced outreach efforts will not be provided under this specific grant.

- 2. Grantee will ensure that service offerings in the four categories of community services are designed to:
  - i. Provide quality services that attain a high satisfaction level from participants.
  - ii. Provide services that meet the needs of individual participants.
  - iii. Provide physical activities that may improve the health of participants.
  - iv. Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
  - v. Provide activities to increase socialization opportunities for individual consumers.
- 3. Grantee will develop and maintain policies and procedures that align with city, state, and local regulatory agencies, including the DAS OCP policy memoranda.
- 4. Grantee will administer an annual consumer satisfaction survey using a survey tool approved by DAS OCP. The grantee will share the survey results with DAS OCP by March 15<sup>th</sup> each grant year or on a mutually agreed upon date between DAS OCP and the grantee. At minimum, the consumer response rate shall be at least 35% of the annual unduplicated consumers.
- 5. Grantee will ensure adequate and culturally competent staffing to administer the program, deliver quality services to meet the needs of the consumer, and adhere to all program standards.
- 6. Grantee will ensure that units of service provided are tracked and distinguishable.

- 7. Grantee will attend in-service trainings and meetings coordinated and provided by DAS OCP, and share the information with their staff and volunteers as needed.
- 8. Grantee shall follow guidance or instructions from the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments related to the provision of services in the community. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. The grantee shall follow the requirements with the intent to maximize the health and safety of their staff and clients receiving services.

## VII. Service Objectives

Grantee will enroll at minimum the number of unduplicated consumers and provide the units of service detailed in Table A below:

Table A- Community Services	01/01/2021- 6/30/2021	FY21/22	FY22/23				
Unduplicated Consumers (UDC)	82	244	325				
Activity Scheduling	588	1763	2350				
Translation Services	100	300	400				
Social Services	113	338	450				
Enhanced Outreach	0	0	0				
One (1) unit of service = one (1) hour of service provision							

## **VIII.** Outcome Objectives

- Consumers receive the services and/or activities they need from the agency. Target: 80%
- Consumers who participate in physical activity programming report a positive impact on their health. Target: 80%
- Consumers who received social services or translation assistance, or participated in an educational program, report the services helped to improve their lives. Target: 80%
- Consumers report an increase in their socialization opportunities and interaction with others. Target: 80%

Based on an annual satisfaction survey created by DAS OCP and with a sample size of at least 35% of the annual unduplicated consumers.

## IX. Reporting and Other Requirements

- 1. Grantee will enroll eligible consumers into the program funded through this grant agreement by entering the consumer data obtained from consumers, using the DAS OCP approved intake form, into the CA-GetCare database in accordance to DAS OCP policy memorandum.
- 2. Grantee will enter into the CA-GetCare Service Unit section all service objectives by the

5th working day of the month for the preceding month.

- 3. Grantee will enter monthly reports and metrics into the CARBON database system by the 15th of the following month that includes the following information:
  - Number of unduplicated consumers served
  - Number and type of service units provided
- 4. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- 5. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15th of each grant year or on a mutually agreed upon date between DAS OCP and the grantee.
- 6. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- 7. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. The grantee must submit the report in the CARBON system.
- 8. Grantee shall develop and deliver ad hoc reports as requested by SF-HSA, DAS, and OCP.
- 9. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by SF-HSA, DAS, and OCP. The due dates for submitting the bi-annual summary reports are January 10<sup>th</sup> (June-December data) and July 10<sup>th</sup> (January-June data).
- 10. Grantee will maintain an updated site chart, using the DAS OCP approved form, with details about the program.
- 11. Grantee program staff will complete an Elder Abuse Mandated Reporter Training and the California Department of Aging (CDA) Security Awareness Training on an annual basis. The grantee will maintain evidence of staff completion of these trainings.
- 12. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- 13. Grantee will develop a grievance policy consistent with DAS OCP policy memorandum.
- 14. For assistance with reporting and contract requirements, please contact:

Reanna Albert Program Analyst DAS OCP reanna.albert@sfgov.org

or

Ella Lee Contract Manager SF-HSA OCM ella.lee@sfgov.org

## X. Monitoring Activities

- <u>Program Monitoring</u>: Program monitoring will include review of compliance to specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

Appendix B-1, Page 1 Document Date: October 2021 **HUMAN SERVICES AGENCY BUDGET SUMMARY** BY PROGRAM Name Term **Golden Gate Senior Services** 1/1/21 - 6/30/23 (Check One) New \_ Renewal \_ Modification \_\_x\_ If modification, Effective Date of Mod. 07/01/2021 No. of Mod. 3 Program: Community Services, Richmond Budget Reference Page No.(s) Program Term 1/1/21 - 6/30/21 7/1/21 - 6/30/22 7/1/22 - 6/30/23 1/1/21 - 6/30/23 Budget Modification Revised Budget Modification Revised Expenditures \$776,610 Salaries & Benefits \$153,700 \$256,046 \$101,664 \$357,710 \$256,688 \$8,512 \$265,200 \$18,688 \$40,640 \$8,146 \$93,289 Operating Expenses \$27,656 \$21,952 \$16,847 \$24,993 Subtotal \$181,356 \$274,734 \$123,616 \$398,350 \$273,535 \$16,658 \$290,193 \$869,899 Indirect Percentage (%) 15.00% 15.00% 15.00% 15.00% 15.00% 15.00% \$27,204 \$41,211 \$18,541 \$59,752 \$41,030 \$2,499 \$43,529 \$130,485 Indirect Cost Capital Expenditure Sub-Contractor Expenditure \$315,945 \$19,157 \$1,000,384 \$208,560 \$142,157 \$458,102 \$314,565 \$333.722 Total Expenditures HSA Revenues General Fund \$174.579 \$276,817 \$276,817 \$276,817 \$276,817 \$728,213 Federal Fund \$23,806 \$37,748 \$37,748 \$37,748 \$37,748 \$99,302 \$19,157 \$19,157 CODB \$9,437 \$19.157 \$19,157 \$47,751 MCO \$738 \$1,380 \$1,380 \$2,118 Neighborhood networking program \$66,000 \$66,000 \$66,000 Expand Russian speaking community outreach and engagement \$10,000 \$10,000 \$10,000 Programming and custodian support \$47,000 \$47,000 \$47,000 Total HSA Revenue \$208,560 \$315,945 \$142,157 \$458,102 \$314,565 \$19,157 \$333,722 \$1,000,384 Other Revenues \$315,945 \$142,157 \$458,102 \$314,565 \$19,157 \$1,000,384 TOTAL DAS AND NON DAS REVENUE \$208,560 \$333,722

Full Time Equivalent (FTE)
Prepared by:

HSA-CO Review Signature:

HSA #1

Telephone No.

Date

10/25/2016

MOD 1

Program: Community Services, Richmond
(Same as Line 11 on HSA #1)

Document Date: October 2021

#### Salaries & Benefits Detail

	1/1/21 - 6/30/21	Agency	/ Totals	HSA P	rogram		7/1/21 - 6/30/22		Agency	y Totals	HSA P	rogram		7/1/22 - 6/30/23		1/1/21 - 6/30/23
Position	Revised	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)	Adjusted FTE	Budget	Modification	Revised	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)	Adjusted FTE	Budgeted Salary	Modification	Revised	Total
Executive Director	\$11,200	\$89,600		100%												\$11,200
RSC Director	\$46,047	\$114,400	0.75	100%	0.75	\$40,419	\$45,381	\$85,800	\$114,400	0.36	100%	0.36	\$40,955	\$7,093	\$48,048	\$179,895
Bilingual Center Coordinator	\$18,865	\$52,000	0.65	100%	0.65	\$33,800		\$33,800	\$52,000	0.65	100%	0.65	\$33,800		\$33,800	\$86,465
Activity Liasion	\$12,900	\$57,200	0.55	100%	0.55	\$31,460		\$31,460	\$57,200	0.55	100%	0.55	\$31,460		\$31,460	\$75,820
Community Programs Director	\$27,456	\$72,800	1.00	100%	1.00	\$72,800		\$72,800	\$72,800	1.00	100%	1.00	\$72,800		\$72,800	\$173,056
Custodian	\$4,112	\$62,400	0.63	100%	0.63	\$9,152	\$19,840	\$28,992	\$62,400	0.63	100%	0.63	\$9,152		\$9,152	\$42,256
Volunteer Manager	\$8,355	\$68,640	0.50	75.0%	0.38	\$25,740		\$25,740	\$68,640	0.50	75.0%	0.38	\$25,740		\$25,740	\$59,835
Administrative Assistant		\$62,400	0.63	100%	0.63		\$19,500	\$19,500								\$19,500
Totals	\$128,935	\$579,440	4.70	775.00%	4.58	\$213,371	\$84,721	\$298,092	\$427,440	3.68	575.00%	3.56	\$213,907	\$7,093	\$221,000	\$648,027
Fringe Benefits Rate		20.00%				20.00%			20.00%				20%			
Employee Fringe Benefits	\$24,765	\$115,888				\$42,675	\$16,943	\$59,618	\$85,488				\$42,781	\$1,419	\$44,200	\$128,583
Total Salaries and Benefits	\$153,700	\$695,328				\$256,046	\$101,664	\$357,710	\$512,928				\$256,688	\$8,512	\$265,200	\$776,610
HSA #2																10/25/2016

Program: Community Services, Richmond (Same as Line 11 on HSA #1) Appendix B-1, Page 3 Document Date: October 2021 **Operating Expense Detail** 1/1/21 - 6/30/21 7/1/22 - 6/30/23 Revised Budget Modification Revised Budget Modification Revised Total Expenditure Category Rental of Property \$6,805 \$10,920 \$10,920 \$9,300 \$1,620 \$10,920 \$28,645 Utilities (Elec, Water, Gas, Phone, Garbag \$900 \$2,400 \$600 \$900 \$900 \$900 Office Supplies, Postage \$1.518 \$567 \$2.085 \$1.547 \$2,110 \$453 \$2,000 \$6,195 Building Maintenance Supplies and Repair \$1,300 \$1,500 \$1,500 \$1,500 \$4,300 \$1,500 Printing and Reproduction \$250 \$500 \$1,100 \$250 \$300 \$300 \$1,900 Insurance \$661 \$700 \$700 \$700 \$700 \$2,061 Staff Travel-(Local & Out of Town) \$500 \$500 \$200 \$1,180 Rental of Equipment Consultant Consultant A Other Programs & Events \$12,900 \$4,000 \$2,650 \$4,000 \$6,650 \$2,473 \$6,473 \$26,023 IT & Web Support \$4,485 \$6,485 \$10,185 \$1,700 \$2,000 \$2,000 \$2,000 \$10,400 \$10,400 \$10,400 Community Outreach Total Operating Expenses \$27.656 \$21.952 \$40,640 \$16.847 \$24.993 \$8,146

HSA #3

10/25/2016

# Appendix A-1 - Services to be Provided On Lok Day Services

# **Community Services**

January 1, 2021 to June 30, 2023

# I. Purpose

The purpose of this grant is to provide community services programming for older adults and adults with disabilities in the City and County of San Francisco through site based Community Centers. The programming will maintain or improve the well-being of older adults and adults with disabilities by providing activities and services designed to support individuals to live independently in their own homes and communities, reduce social isolation, and serve as an access point for other home and community-based services.

#### II. Definitions

Adult with a Disability	A person 18 years of age or older living with a disability
CA-GetCare	A web-based application that provides specific functionalities for contracted agencies to use to perform consumer intake/assessment/enrollment, record service objectives, run reports, etc.
CARBON	Contracts Administration, Reporting and Billing On Line System
City	City and County of San Francisco, a municipal corporation.
DAS	Department of Disability and Aging Services
Disability	Mental, cognitive and/or physical impairments, including hearing and visual impairments, that result in substantial functional limitations in one (1) or more of the following areas of major life activity: self-care, receptive and expressive language, learning, mobility, and self-direction, capacity for independent living, economic self-sufficiency, cognitive functioning, and emotional adjustment. Source: California Code of Regulations Title 22, Sec. 7630

Frail	An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or others. Source: California Code of Regulations Title 22, Sec. 7119
Grantee	On Lok Day Services
Higher Learning classes	College level classes that are taught by instructors with advanced degrees and teaching experience in the field of study. Higher Learning classes were originally part of City College of San Francisco's Older Adults program. Classes are provided at community service centers throughout the City and supplement traditional community services programming.
LGBTQ+	An acronym/term used to refer to persons who self-identify as non - heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.
Low Income	Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.
Minority	An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulations Title 22, Sec. 7130.
OCP	Office of Community Partnerships
OCM	Office of Contract Management, San Francisco Human Services Agency.
Older Adult	Person who is 60 years or older, used interchangeably with "senior"
Senior	Person who is 60 years or older, used interchangeably with "older adult"

SF-HSA	Human Services Agency of the City and County of San Francisco.
SOGI	Sexual Orientation and Gender Identity; <i>Ordinance No. 159-16</i> amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve ( <i>Chapter 104, Sections 104.1 through 104.9.</i> )
Unit of Service	Defined as one hour of service
Unduplicated Consumer (UDC)	An individual who participates in community services and the grantee reflects consumer participation in CA-GetCare through enrollment.

# III. Target Population

The target population is older adults and adults with disabilities living in the City and County of San Francisco with the greatest economic and social need and with particular attention to the following individuals:

- 1. Low income
- 2. Limited or no English speaking proficiency
- 3. Minority populations
- 4. Frail
- 5. LGBTQ+

### IV. Eligibility for Services

- A person who is a resident of San Francisco and
- A person who is an older adult or an adult with a disability

#### V. Location and Time of Services

The grantee will provide community services programming in the City and County of San Francisco. The details of the sites and operation hours are located in the site chart.

# VI. Description of Services and Program Requirements

- 1. Grantee will provide community services programming for older adults and adults with disabilities. Community services programming shall consist of activities and services that focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older adults and adults with disabilities. Activities and services may be provided in the grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection. There are four categories of community services programming:
  - i. <u>Activity Scheduling</u>: Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise

- classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- ii. <u>Translation:</u> Translation assistance provided to consumers that cannot speak/read English. Translation may also include the use of American Sign Language, braille, or teleprompting. Services may include translation for an individual, such as translation of forms, letters, applications, or phone calls, and may also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements or presentations.
- iii. <u>Social Services</u>: The provision of one-to-one assistance to individuals that enables them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- iv. Enhanced Outreach: While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from DAS OCP before commencing.

Enhanced outreach efforts under this specific grant: Enhanced outreach efforts will not be provided under this specific grant.

- 2. Grantee will ensure that service offerings in the four categories of community services are designed to:
  - i. Provide quality services that attain a high satisfaction level from participants.
  - ii. Provide services that meet the needs of individual participants.
  - iii. Provide physical activities that may improve the health of participants.
  - iv. Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
    - v. Provide activities to increase socialization opportunities for individual consumers.
- 3. Grantee will develop and maintain policies and procedures that align with city, state, and local regulatory agencies, including the DAS OCP policy memoranda.
- 4. Grantee will administer an annual consumer satisfaction survey using a survey tool approved by DAS OCP. The grantee will share the survey results with DAS OCP by March 15<sup>th</sup> each grant year or on a mutually agreed upon date between DAS OCP and the grantee. At minimum, the consumer response rate shall be at least 35% of the annual unduplicated consumers.
- 5. Grantee will ensure adequate and culturally competent staffing to administer the program, deliver quality services to meet the needs of the consumer, and adhere to all program standards.

- 6. Grantee will ensure that units of service provided are tracked and distinguishable.
- 7. Grantee will attend in-service trainings and meetings coordinated and provided by DAS OCP, and share the information with their staff and volunteers as needed.
- 8. Grantee shall follow guidance or instructions from the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments related to the provision of services in the community. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. The grantee shall follow the requirements with the intent to maximize the health and safety of their staff and clients receiving services.
- 9. Grantee will provide Higher Learning classes at 30th Street Senior Center / On Lok Day Services. The classes will be open to any older adult or adult with disability interested. A participant will register for a class as a separate activity within the community services program. The course topic is "Body Dynamics". The classes are college level classes taught by instructors with advanced degrees and teaching experience in the field of study

## VII. Service Objectives

Grantee will enroll at minimum the number of unduplicated consumers and provide the units of service detailed in Table A below:

Table A- Community Services	01/01/2021- 6/30/2021	FY21/22	FY22/23				
Unduplicated Consumers (UDC)	388	1163	1550				
Activity Scheduling	864	6075	8100				
Translation Services	114	1545	2060				
Social Services	473	1418	1890				
Enhanced Outreach	0	0	0				
One (1) unit of service = one (1) hour of service provision							

## VIII. Outcome Objectives

#### Community Services

- 1. Consumers receive the services and/or activities they need from the agency. Target: 80%
- 2. Consumers who participate in physical activity programming report a positive impact on their health. Target: 80%
- 3. Consumers who received social services or translation assistance, or participated in an educational program, report the services helped to improve their lives. Target: 80%
- 4. Consumers report an increase in their socialization opportunities and interaction with others. Target: 80%

Based on an annual satisfaction survey created by DAS OCP and with a sample size of at least 35% of the annual unduplicated consumers.

#### **Higher Learning**

- 1. Class participants report that the course increased their socialization opportunities and interaction with others. Target: 80%
- 2. Class participants report an increase in knowledge of the Higher Learning course topic. Target: 80%

Based on a satisfaction survey created by the grantee with input from DAS OCP and with a sample size of at least 75% of the participants enrolled in the class.

# IX. Reporting and Other Requirements

- 1. Grantee will enroll eligible consumers into the program funded through this grant agreement by entering the consumer data obtained from consumers, using the DAS OCP approved intake form, into the CA-GetCare database in accordance to DAS OCP policy memorandum.
- 2. Grantee will enter into the CA-GetCare Service Unit section all service objectives by the 5th working day of the month for the preceding month.
- 3. Grantee will enter monthly reports and metrics into the CARBON database system by the 15th of the following month that includes the following information:
  - Number of unduplicated consumers served
  - Number and type of service units provided
- 4. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- 5. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15th of each grant year or on a mutually agreed upon date between DAS OCP and the grantee.
- 6. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- 7. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. The grantee must submit the report in the CARBON system.
- 8. Grantee shall develop and deliver ad hoc reports as requested by SF-HSA, DAS, and OCP.
- 9. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by SF-HSA, DAS, and OCP. The due dates for submitting the bi-annual summary reports are January 10<sup>th</sup> (June-December data) and July 10<sup>th</sup> (January-June data).
- 10. Grantee will maintain an updated site chart, using the DAS OCP approved form, with details about the program.
- 11. Grantee program staff will complete an Elder Abuse Mandated Reporter Training and the California Department of Aging (CDA) Security Awareness Training on an annual basis. The grantee will maintain evidence of staff completion of these trainings.

- 12. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- 13. Grantee will develop a grievance policy consistent with DAS OCP policy memorandum.
- 14. For assistance with reporting and contract requirements, please contact:

Erica Maybaum
Program Analyst
DAS OCP
Erica.Maybaum@sfgov.org

and

Patrick Garcia
Contract Manager
HSA OCM
Patrick.Garcia@sfgov.org

# X. Monitoring Activities

- Program Monitoring: Program monitoring will include review of compliance to Α. specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan,

Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

Appendix B, Page 1 Document Date: October 2021

#### HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM

 Name
 Term

 On Lok Day Services
 Jan 2021 - Jun 2023

(Check One) New \_\_\_\_ Renewal \_\_\_ Modification \_\_X\_\_

If modification, Effective Date of Mod. 7/1/21 No. of Mod. 1

Program: Community Services

Program: Community Services								
Budget Reference Page No.(s)								
			(MODIFICATION)	(REVISED)		(MODIFICATION)	(REVISED)	(TOTAL)
Program Term	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/21 - 6/30/22	7/1/21 - 6/30/22	7/1/22 - 6/30/23	7/1/22 - 6/30/23	7/1/22 - 6/30/23	1/1/21 - 6/30/23
Expenditures								
Salaries & Benefits	\$145,412	\$366,336	\$7,809	\$374,145	\$366,336	\$7,809	\$374,145	\$893,702
Operating Expenses	\$74,225	\$12,929	\$18,618	\$31,547	\$12,929	\$17,347	\$30,276	\$136,048
Subtotal	\$219,637	\$379,265	\$26,427	\$405,692	\$379,265	\$25,156	\$404,421	\$1,029,750
Indirect Percentage (%)	9%	9%	9%	9%	9%	9%	9%	9%
Indirect Cost	\$19,768	\$34,134	\$2,378	\$36,512	\$34,134	\$2,264	\$36,398	\$92,678
Subcontractor/Capital Expenditure	\$9,012		\$25,860	\$25,860		\$12,930	\$12,930	\$47,802
Total Expenditures	\$248,417	\$413,399	\$54,665	\$468,064	\$413,399	\$40,350	\$453,749	\$1,170,230
HSA Revenues								
General Fund	\$196,703	\$367,925		\$367,925	\$367,925		\$367,925	\$932,553
Federal (CFDA 93.778)	\$24,312	\$45,474		\$45,474	\$45,474		\$45,474	\$115,260
Senior Support Group (OTO)	\$15,000							\$15,000
CODB	\$12,402		\$26,035	\$26,035		\$26,035	\$26,035	\$64,472
Higher Learning			\$28,630	\$28,630		\$14,315	\$14,315	\$42,945
Total HSA Revenue	\$248,417	\$413,399	\$54,665	\$468,064	\$413,399	\$40,350	\$453,749	\$1,170,230
Other Revenues	1							
Fundraising	\$86,060			\$271,585			\$271,585	\$629,230
Volunteers	\$8,344			\$16,688			\$16,688	\$41,720
TOTAL DAS AND NON DAS REVENUE	\$342,821	\$413,399	\$54,665	\$756,337	\$413,399	\$40,350	\$742,022	\$1,841,180
Full Time Equivalent (FTE)								
Prepared by: Meko Ma								9/27/2021

HSA-CO Review Signature:

HSA #1

Program: Community Services (Same as Line 11 on HSA #1)																Appendix B, Page 2 Date: October 2021
							Sal	aries & Bene	fits Detail		(MODIFICATION)	(05) (050)		(MODIFICATION)	(05) (1050)	(70741)
	Agency T	otals	HSA Pi	ogram	DAS budgeted salary	Agency To	tals	HSA P	rogram		(MODIFICATION)		DAS budgeted salar	(MODIFICATION) y	(REVISED)	(TOTAL)
	Annual Full Time Salary for	T ETF	% FTE funded by HSA	A F	4/4/04 0/00/04	Annual Full Time	T ETF	% FTE funded by HSA	A.E 1575	7/4/04 0/00/00	7/4/04 0/00/00	7/4/04 0/00/00	7/4/90 0/00/00	7/4/90 0/00/00	7/4/00 0/00/00	1/1/04 0/00/00
Position	FTE Annual Control	Total FTE			1/1/21 - 6/30/21		Total FTE				7/1/21 - 6/30/22			7/1/22 - 6/30/23		1/1/21 - 6/30/23
Accountant Activities Program Manager	\$62,130 \$61,006	1.00		0.30 0.65	\$9,320 \$19,827	\$62,130 \$61,006	1.00		0.30	\$18,639 \$39,654	\$6,101	\$18,639 \$45,755	\$18,639 \$39,654	\$6,101	\$18,639 \$45,755	\$46,598 \$111,337
Activities Program Manager  Administrative Secretary	\$59,010	1.00		0.05	\$19,827	\$59.010	1.00		0.75		\$6,101	\$45,755	\$39,654 \$14.753	\$6,101	\$14,753	\$36.882
Assistant Director	\$90,002	1.00		0.25	\$1,376	\$90.002	1.00		0.25	, , , , , , , , , , , , , , , , , , , ,		\$14,753	\$14,753 \$22.501		\$14,753	\$56,882
Senior Center Associate #1	\$48,152	1.00		1.00	\$6.019	\$48,152	1.00		1.00			\$48,152	\$48,152		\$48,152	\$102,323
Senior Center Associate #2	\$47,840	1.00		1.00	\$23,920	\$47,840	1.00		1.00			\$47,840	\$47.840		\$47,840	\$119,600
Hospitality Ctr Coord	\$48,422	1.00		0.43	\$10,411	\$48,422	1.00		0.43	\$20,821		\$20,821	\$20.821		\$20,821	\$52,053
Volunteer Program Manager	\$72,800	1.00		0.70	\$25,480	\$72,800	1.00		0.70	\$50,960		\$50,960	\$50,960		\$50,960	\$127,400
Com Serv Progr Asst.	\$45,760	0.25	63%	0.16	, ,, .,	\$45,760	1.00	50%	0.50			\$22,880	\$22,880		\$22,880	\$45,760
Totals	\$535,122	8.25	521.00%	4.74	\$113,603	\$535,122	9.00	518.00%	5.18	\$286,200	\$6,101	\$292,301	\$286,200	\$6,101	\$292,301	\$698,205
Fringe Benefits Rate	28%	]				28%	]			28%			28%			
Employee Fringe Benefits	\$149,834				\$31,809	\$149,834				\$80,136	\$1,708	\$81,844	\$80,136	\$1,708	\$81,844	\$195,497
Total Salaries and Benefits	\$684,956				\$145,412	\$684,956				\$366,336	\$7,809	\$374,145	\$366,336	\$7,809	\$374,145	\$893,702
HSA #2																

Program: Community Services (Same as Line 11 on HSA #1)							Documer	Appendix B, Page 3 at Date: October 2021		
	Operating Expense Detail									
	1/1/21 - 6/30/21	7/1/21 - 6/30/22	(MODIFICATION) 7/1/21 - 6/30/22	(REVISED) 7/1/21 - 6/30/22	7/1/22 - 6/30/23	(MODIFICATION) 7/1/22 - 6/30/23	(REVISED) 7/1/22 - 6/30/23	(TOTAL) 1/1/21 - 6/30/23		
Expenditure Category Rental of Property				171/21 9/09/22			17 1/22 3/33/23	7772. 0700720		
Utilities (Elec, Water, Gas, Phone, Garbage)	\$19,188	\$1,095	8,433	\$9,528	\$1,095	7,245	\$8,340	\$37,056		
Office Supplies, Postage	\$1,278	\$28	1,500	\$1,528	\$28	1,500	\$1,528	\$4,334		
Building Maintenance Supplies and Repair Printing and Reproduction Insurance	\$33,927	\$11,806	4,685	\$16,491	\$11,806	4,602	\$16,408	\$66,826		
Staff Training								-		
Staff Travel-(Local & Out of Town) Rental of Equipment										
Consultant										
Other										
Senior Support Group	\$6,111		\$4,000	\$4,000		\$4,000	\$4,000	\$14,111		
Program Supplies	\$13,721							\$13,721		
Total Operating Expenses	\$74,225	\$12,929	\$18,618	\$31,547	\$12,929	\$17,347	\$30,276	\$136,048		
HSA #3										

Program: Community Services

Appendix B, Page 4
(Same as Line 11 on HSA #1)

Document Date: October 2021

# **Subcontractor & Capital Expenditure Detail**

			(MODIFICATION)	(REVISED)		(MODIFICATION)	(REVISED)	(TOTAL)
Subcontractor Expenditure	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/21 - 6/30/22	7/1/21 - 6/30/22	7/1/22 - 6/30/23	7/1/22 - 6/30/23	7/1/22 - 6/30/23	1/1/21 - 6/30/23
Гаnako Hagiwara - Body Dynamics Class	\$7,700		\$16,200	\$16,200		\$8,100	\$8,100	\$32,000
Esperanza Villanueva - Art Class	\$857		\$3,600	\$3,600		\$1,800	\$1,800	\$6,257
Yoga Class	\$455		\$3,360	\$3,360		\$1,680	\$1,680	\$5,495
Music Class			\$2,700	\$2,700		\$1,350	\$1,350	\$4,050
Fotal Subcontractor Expenditure	\$9,012		\$25,860	\$25,860		\$12,930	\$12,930	\$47,802
Equipment (Qty)	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/21 - 6/30/22	7/1/21 - 6/30/22	7/1/22 - 6/30/23	7/1/22 - 6/30/23	7/1/22 - 6/30/23	1/1/21 - 6/30/23
Total Equipment Cost								
Remodeling	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/21 - 6/30/22	7/1/21 - 6/30/22	7/1/22 - 6/30/23	7/1/22 - 6/30/23	7/1/22 - 6/30/23	1/1/21 - 6/30/23
Γotal Remodeling Cost								
						T	T	
Fotal Capital Expenditure	\$9,012		\$25,860	\$25,860		\$12,930	\$12,930	\$47,802

#### APPENDIX A-1 – SERVICES TO BE PROVIDED

#### **Openhouse**

#### COMMUNITY SERVICES

Effective January 1, 2021 to June 30, 2023

Modification: October 6, 2021

## I. Purpose

The purpose of this grant is to provide community services programming for older adults and adults with disabilities in the City and County of San Francisco through site based Community Centers. The programming will maintain or improve the well-being of older adults and adults with disabilities by providing activities and services designed to support individuals to live independently in their own homes and communities, reduce social isolation, and serve as an access point for other home and community-based services.

#### II. Definitions

Adult with a	Person 18 years of age or older living with a disability
Disability	

CA GetCare A web-based application that provides specific functionalities for

contracted agencies to use to perform consumer

intake/assessment/enrollment, record service objectives, run reports, etc.

CARBON Contracts Administration, Reporting and Billing On Line System

City and County of San Francisco, a municipal corporation.

DAS Department of Disability and Aging Services

Disability Mental, cognitive and/or physical impairments, including hearing and

visual impairments, that result in substantial functional limitations in one

(1) or more of the following areas of major life activity: self-care,

receptive and expressive language, learning, mobility, and self-direction, capacity for independent living, economic self-sufficiency, cognitive functioning, and emotional adjustment. Source: California Code of

Regulations Title 22, Sec. 7630

Frail

An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or others. Source: California Code of Regulations Title 22, Sec. 7119

Grantee

Openhouse

LGBTQ+

An acronym/term used to refer to persons who self-identify as non-heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.

Low Income

Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.

Minority

An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulation Sec. 7130

OCP Office of Community Partnerships

OCM Office of Contract Management, San Francisco Human Services Agency

Older Adult Person who is 60 years or older, used interchangeably with "senior"

Senior Person who is 60 years or older, used interchangeably with "older adult"

SF-HSA Human Services Agency of the City and County of San Francisco

SOGI Sexual Orientation and Gender Identity; *Ordinance No. 159-16* amended

the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (Chapter 104, Sections 104.1 through 104.9.)

Unit of Service Defined as one hour of service

Unduplicated An individual who participates in community services and the grantee Consumer (UDC) reflects consumer participation in CA-GetCare through enrollment

# **III.** Target Population

The target population is older adults and adults with disabilities living in the City and County of San Francisco with the greatest economic and social need and with particular attention to the following individuals:

- 1. Low income
- 2. Limited or no English speaking proficiency
- 3. Minority populations
- 4. Frail
- 5. LGBTQ+

#### IV. Eligibility for Services

- A person who is a resident of San Francisco and
- A person who is an older adult or an adult with disability

#### V. Location and Time of Services

The grantee will provide community services programming in the City and County of San Francisco. The details of the sites and operation hours are located in the site chart.

#### **VI.** Service Description

- 1. Grantee will provide community services programming for older adults and adults with disabilities. Community services programming shall consist of activities and services that focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older adults and adults with disabilities. Activities and services may be provided in the grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection. There are four categories of community services programming:
  - i. <u>Activity Scheduling</u>: Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for

- education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- ii. <u>Translation:</u> Translation assistance provided to consumers that cannot speak/read English. Translation may also include the use of American Sign Language, braille, or teleprompting. Services may include translation for an individual, such as translation of forms, letters, applications, or phone calls, and may also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements or presentations.
- iii. <u>Social Services</u>: The provision of one-to-one assistance to individuals that enables them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- iv. Enhanced Outreach: While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from DAS OCP before commencing.

# Enhanced outreach efforts under this specific grant:

In addition to general outreach to raise community awareness of Openhouse's offerings, Openhouse will be engaging in Enhanced Outreach by specifically targeting additional outreach to the Transgender community and LGBTQ+ older adults of color. In order to reach and engage these "communities within communities," Openhouse will develop specific programming in-house as well as fostering cross-organizational programming with other local organizations. Openhouse will also continue collaborations with organizations such as API Wellness/Trans Thrive, Lyric, Positive Resource Center, and the City's Office of Transgender Initiatives.

- 2. Grantee will ensure that service offerings in the four categories of community services are designed to:
  - i. Provide quality services that attain a high satisfaction level from participants.
  - ii. Provide services that meet the needs of individual participants.
  - iii. Provide physical activities that may improve the health of participants.
  - iv. Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
    - v. Provide activities to increase socialization opportunities for individual consumers.
- 3. Grantee will develop and maintain policies and procedures that align with city, state, and local regulatory agencies, including the DAS OCP policy memoranda.
- 4. Grantee will administer an annual consumer satisfaction survey using a survey tool approved by DAS OCP. The grantee will share the survey results with DAS OCP by March 15<sup>th</sup> each grant year or on a mutually agreed upon date between DAS OCP and the

- grantee. At minimum, the consumer response rate shall be at least 35% of the annual unduplicated consumers.
- 5. Grantee will ensure adequate and culturally competent staffing to administer the program, deliver quality services to meet the needs of the consumer, and adhere to all program standards.
- 6. Grantee will ensure that units of service provided are tracked and distinguishable.
- 7. Grantee will attend in-service trainings and meetings coordinated and provided by DAS OCP, and share the information with their staff and volunteers as needed.
- 8. Grantee shall follow guidance or instructions from the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments related to the provision of services in the community. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. The grantee shall follow the requirements with the intent to maximize the health and safety of their staff and clients receiving services.
- 9. Grantee will provide food support that includes home delivered groceries, shopping and grocery delivery support, and cooking classes to participants experiencing food insecurity as a result of the pandemic. Grantee will deliver supplemented food items and other supplies (e.g. masks, hand sanitizers, household items, etc.) on a weekly basis to LGBTQ+ older adults. Shopping support includes errand runs (e.g. prescription or pet food pickups) and regular grocery runs for participants in varying frequency. Virtual cooking classes are offered through a partnership with a local non-profit cooking school to participants who struggle with cooking their own food, particularly fresh produce and other items from the home delivered groceries.

10.

# VII. Service Objectives

Grantee will enroll at minimum the number of unduplicated consumers and provide the units of service detailed in the tables below:

Table A- Community Services	01/01/2021- 6/30/2021	FY21/22	FY22/23				
Unduplicated Consumers (UDC)	100	300	400				
Activity Scheduling	325	975	1300				
Translation Services	0	0	0				
Social Services	275	825	1100				
Enhanced Outreach	23	68	90				
One (1) unit of service = one (1) hour of service provision							

Table B- Food Support	Annual UDC	FY21/22	FY22/23
Home Delivered Groceries 1 UOS = 1 delivery	85	4420	4420
Shopping and Grocery Delivery Support 1 UOS = 1 hour	45	52	52
Cooking Classes 1 UOS = 1 class	30	5	5

# **VIII. Outcome Objectives**

- Consumers receive the services and/or activities they need from the agency. Target: 80%
- Consumers who participate in physical activity programming report a positive impact on their health. Target: 80%
- Consumers who received social services or translation assistance, or participated in an educational program, report the services helped to improve their lives. Target: 80%
- Consumers report an increase in their socialization opportunities and interaction with others. Target: 80%

Based on an annual satisfaction survey created by DAS OCP and with a sample size of at least 35% of the annual unduplicated consumers.

# IX. Reporting and Other Requirements

- 1. Grantee will enroll eligible consumers into the program funded through this grant agreement by entering the consumer data obtained from consumers, using the DAS OCP approved intake form, into the CA-GetCare database in accordance to DAS OCP policy memorandum.
- 2. Grantee will enter into the CA-GetCare Service Unit section all service objectives by the 5th working day of the month for the preceding month.
- 3. Grantee will enter monthly reports and metrics into the CARBON database system by the 15th of the following month that includes the following information:
  - Number of unduplicated consumers served
  - Number and type of service units provided
- 4. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- 5. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15th of each grant year or on a mutually agreed upon date between DAS OCP and the grantee.
- 6. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.

Page 6

- 7. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. The grantee must submit the report in the CARBON system.
- 8. Grantee shall develop and deliver ad hoc reports as requested by SF-HSA, DAS, and OCP.
- 9. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by SF-HSA, DAS, and OCP. The due dates for submitting the bi-annual summary reports are January 10<sup>th</sup> (June-December data) and July 10<sup>th</sup> (January-June data).
- 10. Grantee will maintain an updated site chart, using the DAS OCP approved form, with details about the program.
- 11. Grantee program staff will complete an Elder Abuse Mandated Reporter Training and the California Department of Aging (CDA) Security Awareness Training on an annual basis. The grantee will maintain evidence of staff completion of these trainings.
- 12. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- 13. Grantee will develop a grievance policy consistent with DAS OCP policy memorandum.
- 14. For assistance with reporting and contract requirements, please contact:

Theresa Ballesteros
Program Analyst
DAS OCP
theresa.ballesteros@sfgov.org

or

Steve Kim Contract Manager SF-HSA OCM steve.kim@sfgov.org

# X. Monitoring Activities

A. Program Monitoring: Program monitoring will include review of compliance to specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and

- also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. Fiscal Compliance and Contract Monitoring: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

Appendix B-1, Page 1

# HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM

			BY PROGRA	M				
Name	e Term							
Openhouse					Jan 2021 -	- Jun 2023		
(Check One) New Renewal Mo	odificationx_							
If modification, Effective Date of Mod. 7/1/2021	No. of Mod. 1							
Program: Community Services								
Budget Reference Page No.(s)	Actual	Original	Modification	Revised	Original	Modifcation	Revised	
Program Term	1/1/21 - 6/30/21	FY 21/22	FY 21/22	FY 21/22	FY 22/23	FY 22/23	FY 22/23	Total
Expenditures								
Salaries & Benefits	\$168,997	\$236,827	\$165,920	\$402,748	\$236,827	\$78,964	\$315,791	\$887,536
Operating Expenses	\$24,500		\$25,649	\$25,649		\$25,650	\$25,650	\$75,799
Subtotal	\$193,497	\$236,827	\$191,569	\$428,397	\$236,827	\$104,614	\$341,441	\$963,335
Indirect Percentage (%)	15%	15%	15%	15%	15%	15%	15%	15%
Indirect Cost	\$25,350	\$35,524	\$28,735	\$64,260	\$35,524	\$15,692	\$51,216	\$140,826
Subcontractor/Capital Expenditure			\$49,000	\$49,000		\$24,000	\$24,000	\$73,000
Total Expenditures	\$218,847	\$272,351	\$269,304	\$541,657	\$272,351	\$144,306	\$416,657	\$1,177,161
HSA Revenues								
General Fund	\$136,176	\$272,351		\$272,351	\$272,351		\$272,351	\$680,878
OTO Funds (01/01/21 - 06/30/23)	\$50,000		\$100,000	\$100,000				\$150,000
Food Support Funds (07/01/22- 06/30/23)			\$100,000	\$100,000		\$100,000	\$100,000	\$200,000
Pass-through Funds (07/01/22 - 06/30/23)			\$49,000	\$49,000		\$24,000	\$24,000	\$73,000
CODB FY19/20	\$8,171		\$8,171	\$8,171		\$8,171	\$8,171	\$24,513
CODB FY20/21 & FY21/22			\$12,136	\$12,136		\$12,136	\$12,136	\$24,272
Tenderloin Tessie Holiday Dinners	\$12,500							\$12,500
Mon Ami	\$12,000							\$12,000
Total HSA Revenue	\$218,847	\$272,351	\$269,307	\$541,658	\$272,351	\$144,307	\$416,658	\$1,177,163
Other Revenues								
TOTAL DAS AND NON DAS REVENUE	\$218,847	\$272,351	\$269,307	\$541,658	\$272,351	\$144,307	\$416,658	\$1,177,163
Full Time Equivalent (FTE)								
Prepared by: Matthew Cimino	Telephone No.: 415-	530-2783						9/27/2021
HSA-CO Review Signature:								
HSA #1								10/6/2021

Program: Community Services **Program: Community Services** Appendix B-1, Page 2 Openhouse Openhouse Salaries & Benefits Detail Agency Totals HSA Program DAS budgeted salary % FTE funded Annual Full Time Salary for by HSA Original Modification Revised Original Modfication Revised (Max 100%) FTE Total FTE Adjusted FTE 1/1/21 - 6/30/21 FY21/22 FY21/22 FY21/22 FY22/23 FY22/23 FY22/23 Position Total Director of Programs \$110,281 1.00 \$13,210 \$42,527 (\$42,527 \$42,527 (\$42,52 \$13,210 Director of CSS \$95,000 1.00 10.00% 0.10 \$10,784 \$17,000 (\$7,500 \$9,500 \$17,000 (\$17,000 \$20,284 Mgr of CEP \$72,720 1.00 25.00% 0.25 \$21,730 \$43,460 (\$25,280 \$18,180 \$43,460 (\$24.916 \$18.544 \$58,454 \$84,760 0.60 \$5,178 \$5,178 Staff Training & Dev **Education Coordinator** \$52,688 0.50 100.00% 0.50 \$15,162 \$25,324 \$1,020 \$26,344 \$25,324 \$1,547 \$26,87 \$68,377 \$51,260 1.00 100.00% 1.00 \$25,000 \$25,545 \$25,715 \$51,260 \$25,545 \$26,740 \$52,285 \$128,545 Activities Coordinator \$13,524 \$108,191 \$13,000 \$524 \$13,000 \$524 \$13,524 0.13 100.009 0.13 \$3,746 \$30,794 Men's Group Facilitator Community Engagement Coord \$50,965 1.00 32.50% 0.33 \$9,024 \$15,000 \$1,564 \$16,564 \$15,000 \$1,895 \$16,895 \$42,483 Data Coordinator \$45,000 1.00 90.46% 0.90 \$7.000 \$15,500 \$25,206 \$40,706 \$15.500 \$29.500 \$45,000 \$92,706 Food Coordinator \$49,369 100.00% \$22,360 \$49,369 \$49,369 \$50,356 \$50,356 \$122,085 1.00 1.00 Program Assistant \$52,000 0.75 \$4,837 \$4,837 Care Navigator \$50,000 1.00 \$2,800 \$2,800 1.00 100.00% Volunteer Coordinator \$52,000 1.00 \$52,000 \$52,000 \$19,992 \$19,992 \$71,992 Director of CEP \$97,000 1.00 20.10% 0.20 \$19,498 \$19,498 \$19,692 \$19,692 \$39,190 Activity Center Receptionist \$41,600 1.00 62.50% 0.63 \$26,000 \$26,000 \$26,000 Operations Coordinator \$49,920 1.00 25.40% 0.25 \$12,678 \$12,678 \$12,678 Totals \$1,062,754 13.98 765.96% 6.28 \$140,831 \$197,356 \$138,267 \$335,623 \$197,356 \$65,803 \$263,159 \$739,613 Fringe Benefits Rate 20.00% \$13,161 \$212,551 \$28,166 \$39,471 \$27,653 \$67,125 \$39,471 \$52,632 \$147,923 Employee Fringe Benefits \$1,275,305 \$168,997 \$236,827 \$165,920 \$402,748 \$236,827 \$78,964 \$315,79 \$887,536 **Total Salaries and Benefits** 

HSA #2

10/6/2021

Program: Community Services								Appendix B-1, Page 3
Openhouse								
			Operating Expense	Detail				
		Original	Modification	Revised	Original	Modification	Revised	
	1/1/21 - 6/30/21	FY 21/22	FY 21/22	FY21/22	FY22/23	FY22/23	FY22/23	Total
Expenditure Category		•	·					
Rental of Property								
Utilities (Elec, Water, Gas, Phone, Garbage)								
Office Supplies, Postage								
Building Maintenance Supplies and Repair								
Printing and Reproduction			\$25,649	\$25,649		\$25,650	\$25,650	\$51,299
Insurance						· <u> </u>		
Staff Training			· <del></del>			· ——		
Staff Travel-(Local & Out of Town) Rental of Equipment			· <del></del>			· <del></del>		
Rental of Equipment			· <del></del>					-
Consultant								
TTHD	\$12,500							\$12,500
Mon Ami	\$12,000							\$12,000
<u>Other</u>								
	<del></del>							
	<del></del>					· ———		
	<del></del>							-
						·		
Total Operating Expenses	\$24,500		\$25,649	\$25,649		\$25,650	\$25,650	\$75,799
HSA #3								40/0/2024
NOA #3								10/6/2021

Program: Community Services Appendix B-1, Page 4 Openhouse **Subcontractor & Capital Expenditure Detail** Original Modification Revised Original Modification Revised Subcontractor Expenditure FY21/22 FY21/22 FY21/22 FY22/23 FY22/23 FY22/23 1/1/21 - 6/30/21 Total Subcontractor A Tenderloin Tessie Holiday Dinners \$25,000 \$25,000 \$25,000 Mon Ami \$24,000 \$24,000 \$24,000 \$24,000 \$48,000 Total Subcontractor Expenditure \$49,000 \$49,000 \$24,000 \$24,000 \$73,000 FY 22/23 Equipment (Qty) 1/1/21 - 6/30/21 FY 21/22 Total Equipment A **Total Equipment Cost** 1/1/21 - 6/30/21 FY 21/22 FY 22/23 Remodeling Total Remodel A **Total Remodeling Cost Total Capital Expenditure** \$49,000 \$49,000 \$24,000 \$24,000 \$73,000

HSA #4

10/6/2021

# Appendix A1 - Services to be Provided Self-Help for the Elderly

**Community Services** 

January 1, 2021 to June 30, 2023

**Modification: October 6, 2021** 

# I. Purpose

The purpose of this grant is to provide community services programming for older adults and adults with disabilities in the City and County of San Francisco through site based Community Centers. The programming will maintain or improve the well-being of older adults and adults with disabilities by providing activities and services designed to support individuals to live independently in their own homes and communities, reduce social isolation, and serve as an access point for other home and community-based services.

#### II. Definitions

Adult with a Disability	A person 18 years of age or older living with a disability
CA-GetCare	A web-based application that provides specific functionalities for contracted agencies to use to perform consumer intake/assessment/enrollment, record service objectives, run reports, etc.
CARBON	Contracts Administration, Reporting and Billing On Line System
City	City and County of San Francisco, a municipal corporation.
DAS	Department of Disability and Aging Services
Disability	Mental, cognitive and/or physical impairments, including hearing and visual impairments, that result in substantial functional limitations in one (1) or more of the following areas of major life activity: self-care, receptive and expressive language, learning, mobility, and self-direction, capacity for independent living, economic self-sufficiency, cognitive functioning, and emotional adjustment. Source: California Code of Regulations Title 22, Sec. 7630

Frail	An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or others. Source: California Code of Regulations Title 22, Sec. 7119
Grantee	Self-Help for the Elderly
Higher Learning classes	College level classes that are taught by instructors with advanced degrees and teaching experience in the field of study. Higher Learning classes were originally part of City College of San Francisco's Older Adults program. Classes are provided at community service centers throughout the City and supplement traditional community services programming.
LGBTQ+	An acronym/term used to refer to persons who self-identify as non-heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.
Low Income	Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.
Minority	An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulations Title 22, Sec. 7130.
OCP	Office of Community Partnerships
OCM	Office of Contract Management, San Francisco Human Services Agency.
Older Adult	Person who is 60 years or older, used interchangeably with "senior"
Senior	Person who is 60 years or older, used interchangeably with "older adult"

SF-HSA	Human Services Agency of the City and County of San Francisco.
SOGI	Sexual Orientation and Gender Identity; <i>Ordinance No. 159-16</i> amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve <i>(Chapter 104, Sections 104.1 through 104.9.)</i>
Unit of Service	Defined as one hour of service
Unduplicated Consumer (UDC)	An individual who participates in community services and the grantee reflects consumer participation in CA-GetCare through enrollment.

# III. Target Population

The target population is older adults and adults with disabilities living in the City and County of San Francisco with the greatest economic and social need and with particular attention to the following individuals:

- 1. Low income
- 2. Limited or no English speaking proficiency
- 3. Minority populations
- 4. Frail
- 5. LGBTQ+

### IV. Eligibility for Services

- A person who is a resident of San Francisco and
- A person who is an older adult or an adult with a disability

#### V. Location and Time of Services

The grantee will provide community services programming in the City and County of San Francisco. The details of the sites and operation hours are located in the site chart.

# VI. Description of Services and Program Requirements

- 1. Grantee will provide community services programming for older adults and adults with disabilities. Community services programming shall consist of activities and services that focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older adults and adults with disabilities. Activities and services may be provided in the grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection. There are four categories of community services programming:
  - i. <u>Activity Scheduling</u>: Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise

- classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- ii. <u>Translation:</u> Translation assistance provided to consumers that cannot speak/read English. Translation may also include the use of American Sign Language, braille, or teleprompting. Services may include translation for an individual, such as translation of forms, letters, applications, or phone calls, and may also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements or presentations.
- iii. <u>Social Services</u>: The provision of one-to-one assistance to individuals that enables them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- iv. Enhanced Outreach: While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from DAS OCP before commencing.

#### Enhanced outreach efforts under this specific grant:

In order to raise awareness of program services and locations, Grantee will attend and participate in multiple community fairs that occur each year in the City, including Aging Your Way, Sunday Streets, and the Chinese Lunar New Year Fair. Grantee will continue to organize its annual Longevity Walk-A-Thon to raise both awareness and funds for older adult programming. Grantee will continue its newspaper, radio, and TV media campaigns. Grantee will continue to utilize in-house transportation services to enhance access to their services, including a van shuttle service in the Visitacion Valley neighborhood.

- 2. Grantee will ensure that service offerings in the four categories of community services are designed to:
  - i. Provide quality services that attain a high satisfaction level from participants.
  - ii. Provide services that meet the needs of individual participants.
  - iii. Provide physical activities that may improve the health of participants.
  - iv. Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
  - v. Provide activities to increase socialization opportunities for individual consumers.
- 3. Grantee will develop and maintain policies and procedures that align with city, state, and local regulatory agencies, including the DAS OCP policy memoranda.
- 4. Grantee will administer an annual consumer satisfaction survey using a survey tool approved by DAS OCP. The grantee will share the survey results with DAS OCP by

- March 15<sup>th</sup> each grant year or on a mutually agreed upon date between DAS OCP and the grantee. At minimum, the consumer response rate shall be at least 35% of the annual unduplicated consumers.
- 5. Grantee will ensure adequate and culturally competent staffing to administer the program, deliver quality services to meet the needs of the consumer, and adhere to all program standards.
- 6. Grantee will ensure that units of service provided are tracked and distinguishable.
- 7. Grantee will attend in-service trainings and meetings coordinated and provided by DAS OCP, and share the information with their staff and volunteers as needed.
- 8. Grantee shall follow guidance or instructions from the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments related to the provision of services in the community. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. The grantee shall follow the requirements with the intent to maximize the health and safety of their staff and clients receiving services.
- 9. From January 1 through June 30, 2021, Grantee will provide non-medical day program services through an Adult Day Program currently licensed by the California Department of Social Services/Community Care Licensing. Services will be provided to functionally impaired adults and those with Alzheimer's disease or other dementia related disorders. Grantee will ensure services are provided by trained, competent staff. Services will include an individual plan of care in a structured comprehensive program that will provide a variety of social, psychological, and related support services. Services offered will typically include socialization and recreational activities, health monitoring, meals and snacks, assistance with ADL (Activities of Daily Living) and supportive counseling. Education on resources and respite are also provided to the participant families and caregivers. Additionally, Grantee will enlist volunteers to help with the provision of services. Due to social distancing guidelines and health orders related to COVID-19, most services are to be conducted virtually or telephonically. Units of service are measured by the number of hours spent to provide adult day program and ADCRC services.
- 10. Grantee will provide Higher Learning classes at Self-Help for the Elderly Senior Centers. The classes will be open to any older adult or adult with disability interested. A participant will register for a class as a separate activity within the community services program. Course topics are "Healthier Nutrition and Fitness", "Managing Chronic Health Conditions", "Healthy Aging", and "Forever Young Fitness". The classes are college level classes taught by instructors with advanced degrees and teaching experience in the field of study.

## VII. Service Objectives

Grantee will enroll at minimum the number of unduplicated consumers and provide the units of service detailed in Table A and B below:

Table A- Community Services	01/01/2021- 6/30/2021	FY21/22	FY22/23	
Unduplicated Consumers (UDC)	1,710	2,138	2,850	

Activity Scheduling	3,936	7,380	9,840	
Translation Services	1,764	1,890	2,540	
Social Services	2,496	3,120	3,120	
Enhanced Outreach 788 984 984				
One (1) unit of service = one (1) hour of service provision				

Table B- Adult Day Program and ADCRC services	01/01/2021- 6/30/2021
Unduplicated Adult Day Program Consumers	12
Unduplicated ADCRC Consumers	13
Adult Day Program Hours	7,160
ADCRC Hours	7,076
Caregiver Support Contacts	6
Education Session	1
Recruit Volunteers	50
Volunteer Hours	500

# **VIII. Outcome Objectives**

#### **Community Services**

- 1. Consumers receive the services and/or activities they need from the agency. Target: 80%
- 2. Consumers who participate in physical activity programming report a positive impact on their health. Target: 80%
- 3. Consumers who received social services or translation assistance, or participated in an educational program, report the services helped to improve their lives. Target: 80%
- 4. Consumers report an increase in their socialization opportunities and interaction with others. Target: 80%

Based on an annual satisfaction survey created by DAS OCP and with a sample size of at least 35% of the annual unduplicated consumers.

#### Adult Day Program and ADCRC Services

- 1. Participants enrolled in the Adult Day Program report that the Adult Day Program helped them remain safely in their current living/housing situation. Target: 85%
- 2. Participants enrolled in the Adult Day Program avoid institutionalization as evidenced by participating in the program for at least 6 months from their date of enrollment. Target: 70%

- 3. Caregivers who participated in the trainings report they are more aware of Alzheimer's and dementia related resources. Target: 85%
- 4. Caregivers report feeling less exhausted and isolated by the chronic stress of caregiving, and better able to attend to their own personal needs. Target: 85%

## Higher Learning

- 1. Class participants report that the course increased their socialization opportunities and interaction with others. Target: 80%
- 2. Class participants report an increase in knowledge of the Higher Learning course topic. Target: 80%

Based on a satisfaction survey created by the grantee with input from DAS OCP and with a sample size of at least 75% of the participants enrolled in the class.

# IX. Reporting and Other Requirements

- 1. Grantee will enroll eligible consumers into the program funded through this grant agreement by entering the consumer data obtained from consumers, using the DAS OCP approved intake form, into the CA-GetCare database in accordance to DAS OCP policy memorandum.
- 2. Grantee will enter into the CA-GetCare Service Unit section all service objectives by the 5th working day of the month for the preceding month.
- 3. Grantee will enter monthly reports and metrics into the CARBON database system by the 15th of the following month that includes the following information:
  - Number of unduplicated consumers served
  - Number and type of service units provided
- 4. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- 5. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15th of each grant year or on a mutually agreed upon date between DAS OCP and the grantee.
- 6. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- 7. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. The grantee must submit the report in the CARBON system.
- 8. Grantee shall develop and deliver ad hoc reports as requested by SF-HSA, DAS, and OCP.
- 9. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by SF-HSA, DAS, and OCP. The due dates for submitting the bi-annual summary reports are January 10<sup>th</sup> (June-December data) and July 10<sup>th</sup> (January-June data).
- 10. Grantee will maintain an updated site chart, using the DAS OCP approved form, with

- details about the program.
- 11. Grantee program staff will complete an Elder Abuse Mandated Reporter Training and the California Department of Aging (CDA) Security Awareness Training on an annual basis. The grantee will maintain evidence of staff completion of these trainings.
- 12. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- 13. Grantee will develop a grievance policy consistent with DAS OCP policy memorandum.
- 14. For assistance with reporting and contract requirements, please contact:

Lauren McCasland Program Analyst DAS OCP lauren.mccasland@sfgov.org

and

Tahir Shaikh Contract Manager HSA OCM tahir.shaikh@sfgov.org

# X. Monitoring Activities

Program Monitoring: Program monitoring will include review of compliance to A. specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.

B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

Appendix B2, Page 1 Document Date: 9/28/2021

	Н	IUMAN SERVI	ICES AGENCY BY PROGI	Y BUDGET SUM RAM	MARY			
Name						Te	erm	
SELP-HELP FOR THE ELDERLY							- Jun 2023	
(Check One) New Renewal Mo	odification x							
If modification, Effective Date of Mod. No. of								
Program: Community Services								
Budget Reference Page No.(s)								
Program Term	REVISED BUDGET 1/1/21- 6/30/21	REVISED BUDGET FY 2021-2022	Modification	REVISED BUDGET FY 2021- 2022	REVISED BUDGET FY 2022- 2023	Modification	REVISED BUDGET FY 2022- 2023	Total
Expenditures								
Salaries & Benefits	\$436,862	\$590,460	\$72,576	\$663,036	\$590,460	\$33,850	\$624,310	\$1,724,208
Operating Expenses	\$100,277	\$126,423	\$64,920	\$191,343	\$126,423	\$45,000	\$171,423	\$463,043
Subtotal	\$537,139	\$716,883	\$137,496	\$854,379	\$716,883	\$78,850	\$795,733	\$2,187,251
Indirect Percentage (%)	15.00%	15.00%	15.00%			15.00%	15.00%	15.00%
Indirect Cost	\$79,724	\$107,533	\$20,624	\$128,157	\$107,533	\$11,827	\$119,360	\$327,241
Subcontractor/Capital Expenditure	\$57,770	\$40,000		\$40,000				\$97,770
Total Expenditures	\$674,633	\$864,416	\$158,120	\$1,022,536	\$824,416	\$90,677	\$915,093	\$2,612,262
HSA Revenues General Fund (88%)	\$593,677	\$675,755	\$158,120	\$899,832	\$727,903	\$90,677	\$805,282	\$2,298,791
Federal Fund (CFDA#93.778) (12%)	\$80,956	\$188,661		\$122,704	\$96,513		\$109,811	\$313,471
Total HSA Revenue	\$674,633	\$864,416	\$158,120	\$1,022,536	\$824,416	\$90,677	\$915,093	\$2,612,262
Other Revenues								
TOTAL DAS AND NON DAS REVENUE	\$674,633	\$864,416	\$158,120	\$1,022,536	\$824,416	\$90,677	\$915,093	\$2,612,262
Full Time Equivalent (FTE)								
Prepared by: Leny Nair								Date: 9/28/2021
HSA-CO Review Signature:					-			
HSA #1								10/25/2016

Program: Community Services

Appendix B2, Page 2

(Same as Line 11 on HSA #1)

Document Date: 9/28/2021

# Salaries & Benefits Detail

	Agency T	otals	HSA Prog	ıram				DAS bud	dgeted salary			
Position	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)	Adjusted FTE	REVISED BUDGETED SALARIES FY 20/21	Revised Budget fy 21/22	Modification	Revised Budget FY 21/22	Revised Budget FY 22/23	Higher Education	Revised Budget FY 22/23	Total
Director of Nutrition-Alex	\$94,486	1.00	28.57%	0.29	\$13,500	\$27,000		\$27,000	\$27,000		\$27,000	\$67,500
Community Outreach Worker-Thomas	\$44,824	1.00	3.00%	0.03	\$9,695	\$1,430		\$1,430	\$22,412		\$22,412	\$33,537
Community Service Manager-Ronald	\$58,238	1.00	70.00%	0.70	\$28,000	\$41,000		\$41,000	\$56,000		\$56,000	\$125,000
Nutrition Manager-Sing Ying	\$73,487	1.00	16.00%	0.16	\$6,975	\$11,900		\$11,900	\$11,900		\$11,900	\$30,775
Outreach Activity Coordinator-Hoi Yan	\$46,800	1.00	100.00%	1.00	\$22,500	\$46,800		\$46,800	\$45,000		\$45,000	\$114,300
Program Supervisor-Steven	\$47,840	1.00	25.00%	0.25	\$8,561	\$11,960		\$11,960	\$11,960		\$11,960	\$32,481
Admin/Program Coordinator-Hoi Yan/Th	\$47,840	1.00	67.00%	0.67	\$16,400	\$31,948		\$31,948	\$31,096		\$31,096	\$79,444
Center Coord. Supervisor-Shirley	\$49,920	1.00	42.00%	0.42	\$10,904	\$21,200		\$21,200	\$20,592		\$20,592	\$52,696
Center Coord. Supervisor-Ma/Fung	\$49,920	1.00	42.00%	0.42		\$21,200		\$21,200	\$5,000	\$6,200	\$11,200	\$32,400
Program Assistant-Linda	\$39,500	0.75	42.00%	0.32	\$10,172	\$16,693		\$16,693	\$14,813		\$14,813	\$41,678
Program Assistant-Anita	\$43,680	0.75	30.00%	0.23	\$6,630	\$13,260		\$13,260	\$13,260		\$13,260	\$33,150
Program Assistant-Xiaowen	\$39,520	1.00	69.00%	0.69	\$12,167	\$23,482	\$3,878	\$27,360	\$22,630	\$3,878	\$26,508	\$66,035
Program Assistant-Leung	\$41,600	1.00	75.00%	0.75	\$17,957	\$22,464	\$8,736	\$31,200	\$26,464	\$4,736	\$31,200	\$80,357
Center Coord-Huang Caiye	\$39,520	1.00	94.00%	0.94		\$18,678	\$18,678	\$37,356		\$6,146	\$6,146	\$43,502
Center Coord-Jani	\$39,520	1.00	30.00%	0.30	\$5,897	\$11,794		\$11,794	\$11,794		\$11,794	\$29,485
Center Coord-Yanhua	\$39,520	1.00	47.00%	0.47	\$9,360	\$18,720		\$18,720	\$18,720		\$18,720	\$46,800
Center Coord-Yan Ling	\$39,520	1.00	35.50%	0.36	\$9,370	\$14,040		\$14,040	\$14,040		\$14,040	\$37,450
Center Coord-Yun Choi	\$39,520	1.00	42.00%	0.42	\$8,237	\$16,474		\$16,474	\$16,474		\$16,474	\$41,185
Center Coord-Dongfang	\$39,520	1.00	47.00%	0.47	\$9,360	\$18,720		\$18,720	\$18,720		\$18,720	\$46,800
Center Coord-Kiu Ngo	\$39,520	1.00	47.00%	0.47	\$9,360	\$18,720		\$18,720	\$18,720		\$18,720	\$46,800
Center Coord-Lam/KN	\$39,520	1.00	47.00%	0.47			\$18,720	\$18,720	\$4,475	\$4,233	\$8,708	\$27,428
Contracts Manager-Fred	\$58,212	1.00		0.26	\$2,756	\$9,820	\$5,460	\$15,280	\$5,512	\$973	\$6,485	\$24,521
Mealsite Worker-Jin Ye	\$35,464	1.00		0.50	. ,			\$17,680	\$17,680		\$17,680	\$44,200
Center Coord-Ma	\$35,360	0.75		0.28	\$6,630	\$13,260		\$13,260	\$13,260		\$13,260	\$33,150
Program Aide	\$35,360	0.75		0.75								
Program Aide	\$35,360	0.75		0.75								
Program Aide	\$35,360	0.75		0.38								
Program Aide	\$35,360	0.75		0.75								
Program Aide	\$35,360	0.75		0.75								
Program Aide	\$35,360	0.75		0.38								
Physical Therapist-Celeste	\$109,200	1.00		0.31	\$33,400							\$33,400
Occupational Therapist	\$100,256	1.00		0.25	\$25,064							\$25,064
Care Coordinator	\$47,840	1.00	53.00%	0.53	\$25,562							\$25,562
Totals	\$1,592,307	30.75	1721.07%	15.69	\$317,297	\$448,243	\$55,472	\$503,715	\$447,522	\$26,166	\$473,688	\$1,294,700
Fringe Benefits Rate	33%					,						
Employee Fringe Benefits	\$525,461				\$119,565	\$142,217	\$17,104	\$159,321	\$142,938	\$7,684	\$150,622	\$429,508
Total Salaries and Benefits	\$2,117,768	80427000%	80427000%		\$436,862	\$590,460	\$72,576	\$663,036	\$590,460	\$33,850	\$624,310	\$1,724,208

Program: Community Services

Appendix B2, Page 3

(Same as Line 11 on HSA #1)

Document Date: 9/28/2021

# **Operating Expense Detail**

		υ <sub>ι</sub>	perating Expense	Dotaii				
	1/1/04 6/00/04	EV 24/22		Rev Op Budget FY	ODIC BUDGET EV 22/22	Madification	REVISED BUDGET FY 2022-	Total
Expenditure Category	1/1/21-6/30/21 OPERATING BUDGET	FY 21/22	Modification	21-22	ORIG BUDGET FY 22/23	Modification	BUDGET FY 2022-	Total
Rental of Property	\$38,408	\$58,000		\$58,000	\$58,000		\$58,000	\$154,408
Utilities (Elec, Water, Gas, Phone, Garbage)	\$23,300	\$39,000		\$39,000	\$39,000		\$39,000	\$101,300
Office Supplies, Postage	\$2,624	\$1,000	\$2,400	\$3,400	\$1,000	\$1,200	\$2,200	\$8,224
Building Maintenance Supplies and Repair	\$2,500	\$3,000		\$3,000	\$3,000		\$3,000	\$8,500
Printing and Reproduction	\$700	\$2,000	\$1,200	\$3,200	\$2,000	\$600	\$2,600	\$6,500
Insurance	\$4,000	\$6,000		\$6,000	\$6,000		\$6,000	\$16,000
Staff Training	<u>-</u>	\$500		\$500	\$500		\$500	\$1,000
Staff Travel-(Local & Out of Town)	\$330	\$500		\$500	\$500		\$500	\$1,330
Rental of Equipment	\$500 <u> </u>	\$349		\$349	\$349		\$349	\$1,198
<u>Consultant</u>								
Professional Fee	\$20,160		\$61,320	\$61,320		\$43,200	\$43,200	\$124,680
Curriculum & Translation Costs								
Tai-chi at Jackie Chan SC	<u> </u>							
<u>Other</u>								
Program & Class Supplies	\$550	\$10,000		\$10,000	\$10,000		\$10,000	\$20,550
Vehicle Expenses		\$1,500		\$1,500	\$1,500		\$1,500	\$3,000
Communications	\$3,200	\$3,000		\$3,000	\$3,000		\$3,000	\$9,200
Vehicle Insurance	\$1,775	\$1,274		\$1,274	\$1,274		\$1,274	\$4,323
Recruitment Exp		\$300		\$300	\$300		\$300	\$600
Personal Protective Equipment	\$2,230 							
Total Operating Expenses	\$100,277	\$126,423	\$64,920	\$191,343	\$126,423	\$45,000	\$171,423	\$463,043
HSA #3								10/25/2016
								10,20,2010

Program: Community Services			Aı	ppendix B2, Page 4
(Same as Line 11 on HSA #1)			Docume	ent Date: 9/28/2021
Subo	contractor & Capital Ex	penditure Detai	I	
Subcontractor Expenditure	1/1/21 - 6/30/21	FY 21/22	FY 22/23	Total
Subcontractor A				
Total Subcontractor Expenditure				
Equipment (Qty)	1/1/21 - 6/30/21	FY 21/22	FY 22/23	Total
Steam Table	\$3,000			\$3,000
Refrigerator	\$1,500			\$1,500
Countertop Warmer	\$1,200			\$1,200
Tables	\$3,600			\$3,600
Chairs	\$4,500			\$4,500
Stackable Table or Chair Cart	\$5,010			\$5,010
Desktop Computer	\$2,600			\$2,600
Monitors	\$800			\$800
Laptop Computer	\$3,200			\$3,200
iPad	\$12,000			\$12,000
Printer	\$500			\$500
Projector HD	\$2,300			\$2,300
Portable Pull-Up Projection Scree	\$1,360			\$1,360
Sound System	\$4,000			\$4,000
TV	\$1,000			\$1,000
Wireless Microphone	\$1,200			\$1,200
Laptop for Clients	\$10,000			\$10,000
Table Tennis Table		\$2,420		
Ping Pong Paddles		\$450		
Backdrops		\$400		
Floor Decal		\$1,180		
Commercial Grade Vinyl Tablecloth		\$8,000		
TV/AV Cart Cabinet		\$820		

File Cabinet		\$1,560		
One-Time Moving/reloacation Cost & Rent		\$10,500		
Storage Shelves		\$2,000		
Utility Cart		\$2,000		
Cambro Insulated Food Pan Carrier		\$2,500		
Commercial Microwave		\$300		
Tablet / Chromebook Charging Cart		\$580		
Commercial Trash Can with Lid and Dolly		\$240		
USB Headset		\$450		
Fan		\$240		
filtered water dispensre		\$60		
Dispenser Replacement Water Filters		\$400		
Touch Free Hand Sanitizer Dispenser Stand		\$300		
Portable/reversible white board		\$600		
Wifi Hotspot		\$3,000		
PPE-masks, gloves, gowns, sanitizing wipes		\$2,000		
Total Equipment Cost	\$57,770	\$40,000		\$97,770
Remodeling	1/1/21 - 6/30/21	FY 21/22	FY 22/23	Total
Remodel A				
Total Remodeling Cost				
Total Capital Expenditure	\$57,770	\$40,000		\$97,770
HSA #4				10/25/2016

# Appendix A - Services to be Provided SEQUOIA LIVING

#### SAN FRANCISCO SENIOR CENTER – AQUATIC PARK

## **Community Services**

January 1, 2021 to June 30, 2023

## I. Purpose

The purpose of this grant is to provide community services programming for older adults and adults with disabilities in the City and County of San Francisco through site based Community Centers. The programming will maintain or improve the well-being of older adults and adults with disabilities by providing activities and services designed to support individuals to live independently in their own homes and communities, reduce social isolation, and serve as an access point for other home and community-based services.

#### **II.** Definitions

Adult with a Disability	A person 18 years of age or older living with a disability
CA-GetCare	A web-based application that provides specific functionalities for contracted agencies to use to perform consumer intake/assessment/enrollment, record service objectives, run reports, etc.
CARBON	Contracts Administration, Reporting and Billing On Line System
City	City and County of San Francisco, a municipal corporation.
DAS	Department of Disability and Aging Services
Disability	Mental, cognitive and/or physical impairments, including hearing and visual impairments, that result in substantial functional limitations in one (1) or more of the following areas of major life activity: self-care, receptive and expressive language, learning, mobility, and self-direction, capacity for independent living, economic self-sufficiency, cognitive functioning, and emotional adjustment. Source: California Code of Regulations Title 22, Sec. 7630

Frail	An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or others. Source: California Code of Regulations Title 22, Sec. 7119
Grantee	Sequoia Living
Higher Learning classes	College level classes that are taught by instructors with advanced degrees and teaching experience in the field of study. Higher Learning classes were originally part of City College of San Francisco's Older Adults program. Classes are provided at community service centers throughout the City and supplement traditional community services programming.
LGBTQ+	An acronym/term used to refer to persons who self-identify as non-heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.
Low Income	Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.
Minority	An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulations Title 22, Sec. 7130.
OCP	Office of Community Partnerships
OCM	Office of Contract Management, San Francisco Human Services Agency.
Older Adult	Person who is 60 years or older, used interchangeably with "senior"
Senior	Person who is 60 years or older, used interchangeably with "older adult"

SF-HSA	Human Services Agency of the City and County of San Francisco.
SOGI	Sexual Orientation and Gender Identity; <i>Ordinance No. 159-16</i> amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve <i>(Chapter 104, Sections 104.1 through 104.9.)</i>
Unit of Service	Defined as one hour of service
Unduplicated Consumer (UDC)	An individual who participates in community services and the grantee reflects consumer participation in CA-GetCare through enrollment.

## III. Target Population

The target population is older adults and adults with disabilities living in the City and County of San Francisco with the greatest economic and social need and with particular attention to the following individuals:

- 1. Low income
- 2. Limited or no English speaking proficiency
- 3. Minority populations
- 4. Frail
- 5. LGBTQ+

#### IV. Eligibility for Services

- A person who is a resident of San Francisco and
- A person who is an older adult or an adult with a disability

#### V. Location and Time of Services

The grantee will provide community services programming in the City and County of San Francisco. The details of the sites and operation hours are located in the site chart.

## VI. Description of Services and Program Requirements

- 1. Grantee will provide community services programming for older adults and adults with disabilities. Community services programming shall consist of activities and services that focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older adults and adults with disabilities. Activities and services may be provided in the grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection. There are four categories of community services programming:
  - i. <u>Activity Scheduling</u>: Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise

- classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- ii. <u>Translation:</u> Translation assistance provided to consumers that cannot speak/read English. Translation may also include the use of American Sign Language, braille, or teleprompting. Services may include translation for an individual, such as translation of forms, letters, applications, or phone calls, and may also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements or presentations.
- iii. <u>Social Services</u>: The provision of one-to-one assistance to individuals that enables them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- iv. Enhanced Outreach: While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from DAS OCP before commencing.

#### Enhanced outreach efforts under this specific grant:

Enhanced outreach will help grow participation and knowledge of the various components of the Community Services program. The strategy consists of four parts: tabling at community centers and libraries alongside the center's Aging and Disability Resource Center staff when it is safe to do so, use of social media platforms and email contact lists to share program information, partnering with other older adult serving agencies to administer programs and services, and engaging with nutrition consumers in the weekends, when their work week programs are closed.

- 2. Grantee will ensure that service offerings in the four categories of community services are designed to:
  - i. Provide quality services that attain a high satisfaction level from participants.
  - ii. Provide services that meet the needs of individual participants.
  - iii. Provide physical activities that may improve the health of participants.
  - iv. Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
  - v. Provide activities to increase socialization opportunities for individual consumers.
- 3. Grantee will develop and maintain policies and procedures that align with city, state, and local regulatory agencies, including the DAS OCP policy memoranda.
- 4. Grantee will administer an annual consumer satisfaction survey using a survey tool

- approved by DAS OCP. The grantee will share the survey results with DAS OCP by March 15<sup>th</sup> each grant year or on a mutually agreed upon date between DAS OCP and the grantee. At minimum, the consumer response rate shall be at least 35% of the annual unduplicated consumers.
- 5. Grantee will ensure adequate and culturally competent staffing to administer the program, deliver quality services to meet the needs of the consumer, and adhere to all program standards.
- 6. Grantee will ensure that units of service provided are tracked and distinguishable.
- 7. Grantee will attend in-service trainings and meetings coordinated and provided by DAS OCP, and share the information with their staff and volunteers as needed.
- 8. Grantee shall follow guidance or instructions from the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments related to the provision of services in the community. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. The grantee shall follow the requirements with the intent to maximize the health and safety of their staff and clients receiving services.
- 9. Grantee will provide Higher Learning classes at Sequoia Living / Aquatic Park Senior Center. The classes will be open to any older adult or adult with disability interested. A participant will register for a class as a separate activity within the community services program. Course topics are "Women's Literature", "Ceramics", "Painting", "Mind-Body-Spirit", "Basic Art", "Music Appreciation", and "Tai Chi". These classes are college level classes taught by instructors with advanced degrees and teaching experience in the field of study.

## VII. Service Objectives

Grantee will enroll at minimum the number of unduplicated consumers and provide the units of service detailed in Table A below:

Table A- Community Services	01/01/2021- 6/30/2021	FY21/22	FY22/23
Unduplicated Consumers (UDC)	500	1,000	1,000
Activity Scheduling	2,800	9,600	9,600
Translation Services	360	864	720
Social Services	480	960	960
Enhanced Outreach	360	864	720
One (1) unit of service =	= one (1) hour of	f service provis	ion

## **VIII. Outcome Objectives**

#### **Community Services**

1. Consumers receive the services and/or activities they need from the agency. Target:

80%

- 2. Consumers who participate in physical activity programming report a positive impact on their health. Target: 80%
- 3. Consumers who received social services or translation assistance, or participated in an educational program, report the services helped to improve their lives. Target: 80%
- 4. Consumers report an increase in their socialization opportunities and interaction with others. Target: 80%

Based on an annual satisfaction survey created by DAS OCP and with a sample size of at least 35% of the annual unduplicated consumers.

#### **Higher Learning**

- 1. Class participants report that the course increased their socialization opportunities and interaction with others. Target: 80%
- Class participants report an increase in knowledge of the Higher Learning course topic. Target: 80%

Based on a satisfaction survey created by the grantee with input from DAS OCP and with a sample size of at least 75% of the participants enrolled in the class.

## IX. Reporting and Other Requirements

- 1. Grantee will enroll eligible consumers into the program funded through this grant agreement by entering the consumer data obtained from consumers, using the DAS OCP approved intake form, into the CA-GetCare database in accordance to DAS OCP policy memorandum.
- 2. Grantee will enter into the CA-GetCare Service Unit section all service objectives by the 5th working day of the month for the preceding month.
- 3. Grantee will enter monthly reports and metrics into the CARBON database system by the 15th of the following month that includes the following information:
  - Number of unduplicated consumers served
  - Number and type of service units provided
- 4. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- 5. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15th of each grant year or on a mutually agreed upon date between DAS OCP and the grantee.
- 6. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- 7. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. The grantee must submit the report in the CARBON system.
- 8. Grantee shall develop and deliver ad hoc reports as requested by SF-HSA, DAS, and OCP.

- 9. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by SF-HSA, DAS, and OCP. The due dates for submitting the bi-annual summary reports are January 10<sup>th</sup> (June-December data) and July 10<sup>th</sup> (January-June data).
- 10. Grantee will maintain an updated site chart, using the DAS OCP approved form, with details about the program.
- 11. Grantee program staff will complete an Elder Abuse Mandated Reporter Training and the California Department of Aging (CDA) Security Awareness Training on an annual basis. The grantee will maintain evidence of staff completion of these trainings.
- 12. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- 13. Grantee will develop a grievance policy consistent with DAS OCP policy memorandum.
- 14. For assistance with reporting and contract requirements, please contact:

Paulo Salta Program Analyst OCP DAS Paulo.Salta@sfgov.org

Or

Ella Lee Contract Manager HAS OCM (415) 557-6134 Ella.Lee@sfgov.org

## X. Monitoring Activities

Program Monitoring: Program monitoring will include review of compliance to A. specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers

- who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

Appendix B-1, Page 1 Document Date: October 2021

# HUMAN SERVICES AGENCY BUDGET SUMMARY

			BY PROG	GRAM				
Name Seguoia Living						Tern 1/1/21-6/		
(Check One) New Renewal	Modification x			ı		1/ 1/21-0/	30/23	
If modification, Effective Date of Mod.	No. of Mod. 3							
Program: Aquatic Park Community Servi								
Budget Reference Page No.(s)								
Program Term	1/1/21-6/30/21	•	7/1/21-6/30/22		•	7/1/22-6/30/23		Total
<u> </u>	Revised	Budget	Modification	Revised	Budget	Modification	Budget	Budget
Expenditures		_			_			
Salaries & Benefits	\$143,799	\$277,667	\$24,151	\$301,818	\$260,913	\$39,565	\$300,478	\$746,095
Operating Expenses	\$70,691	\$4,566	\$118,314	\$122,880	\$21,320	\$61,906	\$83,226	\$276,797
Subtotal	\$214,490	\$282,233	\$142,465	\$424,698	\$282,233	\$101,471	\$383,704	\$1,022,892
Indirect Percentage (%)	15.00%	15.00%		15.00%	15.00%		15.00%	11.25%
Indirect Cost	\$32,174	\$42,335	\$21,370	\$63,705	\$42,335	\$15,221	\$57,556	\$153,435
Capital/Sub-Contractor Expenditure	\$16,408		\$20,115	\$20,115		\$5,058	\$5,058	\$41,581
Total DAS Expenditures	\$263,072	\$324,568	\$183,950	\$508,518	\$324,568	\$121,750	\$446,318	\$1,217,908
HSA Revenues								
General Fund	\$135,345	\$285,620		\$285,620	\$285,620		\$285,620	\$706,585
Federal Fund	\$26,938	\$38,948		\$38,948	\$38,948		\$38,948	\$104,834
Higher Learning- "Carryforward"	\$11,350							\$11,350
Higher Learning- Aquatic Park	\$57,144		\$114,287	\$114,287		\$57,144	\$57,144	\$228,575
Higher Learning- JCC	\$5,058		\$10,115	\$10,115		\$5,058	\$5,058	\$20,231
Classes, supplies, equipment and langu	\$17,500		\$35,000	\$35,000		\$35,000	\$35,000	\$87,500
CODB	\$9,737		\$24,548	\$24,548		\$24,548	\$24,548	\$58,833
Total DAS Revenues	\$263,072	\$324,568	\$183,950	\$508,518	\$324,568	\$121,750	\$446,318	\$1,217,908
Other Revenues								
Total DAS and Non-DAS Revenues	\$263,072	\$324,568	\$183,950	\$508,518	\$324,568	\$121,750	\$446,318	\$1,217,908
The state of the s	Ψ200,072	ψ32 1,300	ψ.ου,ουσ	\$555,510	ÇC2 1,000	ψ.z.,, 30	ψ1.10,010	ψ., <u></u> ,,,,000
Full Time Equivalent (FTE)								
Prepared by:							D	Date: 11/17/20
HSA-CO Review Signature:								

HSA#1

Program: Aquatic Park Community Services

Appendix B-1, Page 2

Document Date: October 2021

#### Salaries & Benefits Detail

	1/1/21-6/30/21	Agency	Totals	HSA Pro	gram		7/1/21-6/30/22		Agency '	Totals	HSA Pro	gram		7/1/22-6/30/23		Total
DAS Salary	Revised	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)	Adjusted FTE	Budget	Modification	Revised	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)	Adjusted FTE	Budget	Modification	Budget	Budget
Service Coordinator 1	\$21,929	\$69,846	0.93	70.00%	0.65	\$41,995	\$3,230	\$45,225	\$69,846	0.93	70.00%	0.65	\$43,859	\$1,366	\$45,225	\$112,37
Service Coordinator 2	\$1,875	\$75,754	1.00	5.00%	0.05	\$3,788		\$3,788								\$5,66
Program Supervisor	\$14,659	\$75,712	1.00	30.00%	0.30	\$18,171	\$4,543	\$22,714	\$75,712	1.00	30.00%	0.30	\$13,298	\$9,416	\$22,714	\$60,087
Program Assisant	\$12,049	\$53,934	0.93	50.00%	0.46	\$24,944		\$24,944	\$53,934	0.93	50.00%	0.46	\$24,098	\$846	\$24,944	\$61,937
LWAW program assistant	\$12,049	\$53,934	0.93	50.00%	0.46	\$24,944		\$24,944	\$53,934	0.93	50.00%	0.46	\$24,098	\$846	\$24,944	\$61,937
Chinese Outreach Worker	\$19,519	\$50,502	1.00	95.00%	0.95	\$40,402	\$7,575	\$47,977	\$50,502	1.00	100.00%	1.00	\$39,038	\$11,464	\$50,502	\$117,998
Center Director	\$20,257	\$89,128	1.00	48.00%	0.48	\$42,781		\$42,781	\$89,128	1.00	48.00%	0.48	\$40,515	\$2,266	\$42,781	\$105,819
LWAW data entry	\$4,181	\$42,651	0.88	30.00%	0.26	\$8,654	\$2,542	\$11,196	\$43,680	0.88	30.00%	0.26	\$8,363	\$3,103	\$11,466	\$26,843
Totals	\$106,518	\$511,461	7.65	378.00%	3.62	\$205,679	\$17,890	\$223,569	\$436,736	6.65	378.00%	3.62	\$193,269	\$29,307	\$222,576	\$552,663
Fringe Benefits Rate		35.00%	<u> </u>			35.00%			35.00%				35.00%			
Employee Fringe Benefits	\$37,281	\$179,011				\$71,988	\$6,261	\$78,249	\$152,858				\$67,644	\$10,258	\$77,902	\$193,43
Total DAS Salaries and Benefits	\$143,799	\$690,472				\$277,667	\$24,151	\$301,818	\$589,594				\$260,913	\$39,565	\$300,478	\$746,095

10/25/2016

Program: Aquatic Park Community Services

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Document Date: October 2021

#### Operating Expense Detail

DAS Operating Expenses Term	1/1/21-6/30/21		7/1/21-6/30/22			7/1/22-6/30/23		Total
	Revised	Budget	Modification	Revised	Budget	Modification	Budget	Budget
Expenditure Category								
Rental of Property		\$1,500	\$3,921	\$5,421	\$5,000		\$5,000	\$10,42
Utilities (Elec, Water, Gas, Phone, Garbage)	\$5,300	\$1,500	\$3,500	\$5,000	\$5,000		\$5,000	\$15,30
Office Supplies, Postage	\$4,051	\$500	\$4,500	\$5,000	\$6,820		\$6,820	\$15,87
Building Maintenance Supplies and Repair		\$816		\$816				\$81
Printing and Reproduction	\$1,000	\$250		\$250	\$3,000	(\$2,743)	\$257	\$1,50
Insurance								
Staff Training	\$500				\$1,000		\$1,000	\$1,50
Staff Travel-(Local & Out of Town)	\$250				\$500		\$500	\$75
Rental of Equipment								
<u>Consultant</u>								
Web Design & Implementation	\$2,400							\$2,40
Higher Learning								
Utilities	\$1,828		\$6,738	\$6,738		\$3,369	\$3,369	\$11,93
Office Supplies, Postage	\$1,000	-	\$2,500	\$2,500	_	\$1,250	\$1,250	\$4,75
Rental of Property	\$1,682	-	\$6,000	\$6.000	-	\$3,000	\$3,000	\$10.68
Program Supplies	\$2,500	-	\$5,000	\$5,000	-	\$2,500	\$2,500	7.17,11
LWAW Through Movement	\$3,060		\$6,210	\$6,210		\$3,105	\$3,105	\$12,37
Woman's Literature	\$6,000	_	\$9,270	\$9,270	_	\$4,635	\$4,635	\$19,90
Joy Through Movement	\$4,750		\$10,150	\$10,150		\$5,075	\$5,075	\$19,97
Lola:s Act Club	\$3.060		\$7,410	\$7,410		\$3,705	\$3,705	\$14.17
Music Appeciation	\$5,200	_	\$10,568	\$10,568	_	\$5,284	\$5,284	\$21,05
Creative Writing	\$3,060		\$5,414	\$5,414		\$2,707	\$2,707	\$11,18
Painting and Drawing	\$4,800		\$10,270	\$10,270		\$5,135	\$5,135	\$20,20
Acting & Self-Expression	\$4,080		\$8,770	\$8,770		\$4,385	\$4,385	\$17,23
Chair Ballet Exercise	\$2,550		\$4,690	\$4,690		\$2,345	\$2,345	\$9,58
ESL	\$3,060		\$6,390	\$6,390		\$3,195	\$3,195	\$12,64
Teacher 2 (TBD)	\$3,060							\$3,06
Teacher 3 (TBD)								
Other								
Fall Prevention Classes and Events	\$7,500							\$7,50
Translation Services	. /		\$2,013	\$2,013				\$2,01
Program Supplies			\$5,000	\$5,000			_	\$5,00
Classes (Music, Art, etc.)						\$14,959	\$14,959	\$14,95
Total DAS Operating Expenses	\$70,691	\$4,566	\$118,314	\$122,880	\$21,320	\$61.906	\$83,226	\$276,79

Total DAS Capital Expenditure

HSA #4

Program: Aquatic Park Community Services Appendix B-1, Page 4 Document Date: October 2021 Sub-contractor and Capital Expenditure Detail 1/1/21-6/30/21 7/1/21-6/30/22 7/1/22-6/30/23 Total Modification Modification Budget Budget Subcontractor \$5,058 \$10,115 \$10,115 \$5,058 \$20,231 Higher Learning JCC \$5,058 \$11,350 Tablet and Connectivity \$11,350 Total Sub-Contractor Expenditure \$10,115 \$5,058 \$16,408 \$10,115 \$5,058 \$31,581 Equipment (Qty) Equipment (Monitor) \$5,000 \$5,000 \$5,000 Furniture \$4,500 \$4,500 \$4,500 Air filters \$500 \$500 \$500 Total Equipment Cost \$10,000 \$10,000 Remodeling Total Remodeling Cost

\$20,115

\$20,115

\$16,408

\$5,058

\$5,058

\$41,581

10/25/2016

## Appendix A-1 - Services to be Provided North and South of Market Adult Day Health DBA SteppingStone Community Services Program Pilot January 1, 2021 – June 30, 2022 Modification: October 6, 2021

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## I. Purpose

The purpose of this grant is to provide community services programming for LGBTQ+ older adults and LBGTQ+ adults with disabilities enrolled in an adult day health care (ADHC) located in the City and County of San Francisco. The programming will maintain or improve the well-being of LGBTQ+ ADHC participants by providing activities and services designed to support LGBTQ+ participants, reduce barriers for engagement, and promote LBGTQ+ affirmation.

#### II. Definitions

Adult with a Disability	A person 18 years of age or older living with a disability
ADHC	Adult Day Health Care is a licensed community-based day
	health program that provides services to older adults and adults
	with chronic medical, cognitive, or mental health conditions
	and/or disabilities that are at risk of needing institutional care.
CA-GetCare	A web-based application that provides specific functionalities
	for contracted agencies to use to perform consumer
	intake/assessment/enrollment, record service objectives, run
	reports, etc.
CARBON	Contracts Administration, Reporting and Billing On Line
	System
City	City and County of San Francisco, a municipal corporation.
DAS	Department of Disability and Aging Services
Disability	Mental, cognitive and/or physical impairments, including
	hearing and visual impairments, that result in substantial
	functional limitations in one (1) or more of the following areas
	of major life activity: self-care, receptive and expressive
	language, learning, mobility, and self-direction, capacity for
	independent living, economic self-sufficiency, cognitive
	functioning, and emotional adjustment. Source: California
	Code of Regulations Title 22, Sec. 7630
Frail	An individual determined to be functionally impaired in one or
	both of the following areas: (a) unable to perform two or more
	activities of daily living (such as bathing, toileting, dressing,
	eating, and transferring) without substantial human assistance,
	including verbal reminding, physical cueing or supervision; (b)
	due to a cognitive or other mental impairment, requires
	substantial supervision because the individual behaves in a
	manner that poses a serious health or safety hazard to the
	individual or others. Source: California Code of Regulations
	Title 22, Sec. 7119
Grantee	North and South of Market Adult Day Health DBA
	SteppingStone

Higher Learning	College level classes that are taught by instructors with
classes	
Classes	advanced degrees and teaching experience in the field of study.
	Higher Learning classes were originally part of City College of
	San Francisco's Older Adults program. Classes are provided at
	community service centers throughout the City and
I GDTG	supplement traditional community services programming.
LGBTQ+	An acronym/term used to refer to persons who self-identify as
	non -heterosexual and/or whose gender identity does not
	correspond to their birth sex. This includes, but is not limited
	to, lesbian, gay, bisexual, transgender, genderqueer, and
	gender non-binary.
Low Income	Having income at or below 300% of the federal poverty line as
	defined by the federal Bureau of the Census and published
	annually by the U.S. Department of Health and Human
	Services. This is only to be used by consumers to self-identify
	their income status, not to be used as a means test to qualify
	for the program.
Minority	An ethnic person of color who is any of the following:
	a) Black – a person having origins in any of the Black racial
	groups of Africa, b) Hispanic – a person of Mexican, Puerto
	Rican, Cuban, Central or South American, or other Spanish or
	Portuguese culture or origin regardless of race, c)
	Asian/Pacific Islander – a person whose origins are from India,
	Pakistan or Bangladesh, Japan, China, Taiwan, Korea,
	Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or
	the United States Territories of the Pacific including the
	Northern Marianas, d) American Indian/Alaskan Native – an
	American Indian, Eskimo, Aleut, or Native Hawaiian. Source:
	California Code of Regulation Sec. 7130.
Mission Creek Day	Adult Day Health Care center operated by SteppingStone.
Health	
OCP	Office of Community Partnerships
OCM	Office of Contract Management, Human Services Agency
Older Adult	A person who is 60 years of age or older; used interchangeably
	with "senior"
Senior	Person who is 60 years of age or older; used interchangeably
Schiol	with "older adult"
SF-HSA	Human Services Agency of the City and County of San
51'-115A	Francisco.
2001	
SOGI	Sexual Orientation and Gender Identity; Ordinance No. 159-16
	amended the San Francisco Administrative Code to require
	City departments and contractors that provide health care and
	social services to seek to collect and analyze data concerning
	the sexual orientation and gender identity of the clients they
	serve (Chapter 104, Sections 104.1 through 104.9).
Unit of Service	Defined as one hour of service
Unduplicated	An individual who participates in the community services
Consumer (UDC)	program and the grantee reflects consumer participation in
	CA-GetCare through enrollment.

## **III.** Target Population

The target population is older adults and adults with disabilities enrolled in an ADHC located in the City and County of San Francisco who identify as LGBTQ+ with the greatest economic and social need and with particular attention to the following individuals:

- 1. Low income
- 2. Limited or no English speaking proficiency
- 3. Minority populations
- 4. Frail

## IV. Eligibility for Services

To participate in the community services program, an individual must meet all of the following criteria:

- 1. A person who is a resident of San Francisco.
- 2. A person enrolled in SteppingStone's Mission Creek Day Health location.
- 3. A person who is an older adult or an adult with a disability.

#### V. Location and Time of Services

The grantee will provide community services programming at Mission Creek Day Health located in the City and County of San Francisco. The details of the sites and operation hours are located in the site chart.

## VI. Description of Services and Program Requirements

- 1. Grantee will provide community services programming for LGBTQ+ older adults and adults with disabilities enrolled in Mission Creek Day Health located in the City and County of San Francisco. The provision of programming will be within the ADHC setting and culturally attuned to attract LGBTQ+ individuals to participate. Community services programming shall consist of activities and services that focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older adults and adults with disabilities. There are four categories of community service programming.
  - Activity Scheduling: Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
  - ii. <u>Translation:</u> Translation assistance provided to consumers that cannot speak/read English. Translation may also include the use of American Sign Language, braille, or teleprompting. Services may include translation for an individual, such as translation of forms, letters, applications, or phone calls, and may also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements or presentations.

- iii. <u>Social Services:</u> The provision of one-to-one assistance to individuals that enables them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- iv. Enhanced Outreach: Formal outreach efforts and/or the provision of enhanced services to engage the target population. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem solving certain barriers to service, i.e., safety issues, transportation needs, etc.
- 2. Grantee will ensure that service offerings in the four categories of community services are designed to:
  - i. Provide quality services that attain a high satisfaction level from participants.
  - ii. Provide services that meet the needs of individual participants.
  - iii. Provide physical activities that may improve the health of participants.
  - iv. Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
  - v. Provide activities to increase socialization opportunities for individual consumers.
- 3. Grantee will develop and maintain policies and procedures that align with city, state, and local regulatory agencies, including the DAS OCP policy memoranda.
- 4. Grantee will administer an annual consumer satisfaction survey using a survey tool approved by DAS OCP. The grantee will share the survey results with DAS OCP by March 15th each grant year or on a mutually agreed upon date between DAS OCP and the grantee. At minimum, the consumer response rate shall be at least 35% of the annual unduplicated consumers.
- 5. Grantee will ensure adequate and culturally competent staffing to administer the program, deliver quality services to meet the needs of the consumer, and adhere to all the program standards. Grantee will have at least one (1.0) full time equivalent (FTE) of which at least 0.75 FTE will be a single employee whose work time and job description is dedicated to coordinating and delivering community services programming for LGBTQ+ older adults and LGBTQ+ adults with disabilities at the ADHC.
- 6. Grantee will develop and maintain LGBTQ+ cultural competency training for staff. Grantee will create an annual training plan. The plan may include subcontract performance agreements and/or memorandum of understandings.
- 7. Grantee will develop and maintain an enhanced outreach plan. The plan may include subcontract performance agreements and/or memorandum of understandings.
- 8. Grantee will ensure that units of service provided are tracked and distinguishable.
- 9. Grantee shall continue to follow guidance or instructions from health care providers, the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments relating to COVID-19. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. The grantee shall follow the requirements with the intent to maximize the health and safety of their staff and clients receiving services.
- 10. Grantee will provide Higher Learning classes at SteppingStone ADHC sites. The classes will be open to any older adult or adult with disability interested. A participant will register for a class as a separate activity within the community services program. The course topic is "Body Dynamics". The classes are college level classes taught by instructors with advanced degrees and teaching experience in the field of study.

## VII. Service Objectives

Grantee will enroll at minimum the number of unduplicated consumers and provide the units of service detailed in Table A below:

Table A - Service Objective Summary	FY 20/21	FY 21/22			
Unduplicated Consumer (UDC)	18	18			
Activity Scheduling	100	100			
Translation Services	15	15			
Social Services	525	525			
Enhanced Outreach	75	75			
One (1) unit of service = One (1) hour of service provision					

## **VIII.** Outcome Objectives

#### **Community Services**

- 1. Consumers rate the quality of programming and services they received as excellent or good. Target: 85%
- 2. Consumers feel a greater sense of connection to their community. Target: 85%
- 3. Consumers feel safe and welcomed by program staff. Target: 85%.

Based on an annual satisfaction survey created by the grantee with input from DAS and with sample size of at least 35% of the unduplicated consumers enrolled in the program.

#### **Higher Learning**

- 1. Class participants report that the course increased their socialization opportunities and interaction with others. Target: 80%
- 2. Class participants report an increase in knowledge of the Higher Learning course topic. Target: 80%

Based on a satisfaction survey created by the grantee with input from DAS OCP and with sample size of at least 75% of the participants enrolled in the class.

#### IX. Reporting and Other Requirements

- 1. Grantee will enroll eligible consumers into the program funded through this grant agreement by entering the consumer data obtained from consumers, using the DAS OCP approved intake form, into the CA-GetCare database in accordance to DAS OCP policy memorandum.
- 2. Grantee will enter into the CA-GetCare Service Unit section all service objectives by the 5th working day of the month for the preceding month.
- 3. Grantee will enter monthly reports and metrics into the CARBON database system by the 15th of the following month that includes the following information:
  - Number of unduplicated consumers served
  - Number and type of service units provided

- 4. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- 5. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15th of each grant year or on a mutually agreed upon date between DAS OCP and the grantee.
- 6. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31st of each grant year. The grantee must submit the report in the CARBON system.
- 7. Grantee shall develop and deliver ad hoc reports as requested by SF-HSA, DAS, and OCP.
- 8. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by SF-HSA, DAS, and OCP. The due dates for submitting the bi-annual summary reports are January 10th (June-December data) and July 10th (January-June data).
- 9. Grantee will maintain an updated site chart, using the DAS OCP approved form, with details about the program.
- 10. Grantee program staff will complete an Elder Abuse Mandated Reporter Training and the California Department of Aging (CDA) Security Awareness Training on an annual basis. The grantee will maintain evidence of staff completion of these trainings.
- 11. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- 12. Grantee will develop a grievance policy consistent with DAS OCP policy memorandum.
- 13. For assistance with reporting and contract requirements, please contact:

Lauren McCasland Program Analyst DAS OCP Lauren.Mccasland@sfgov.org

And

Annyse Acevedo Senior Contract Manager HSA OCM Annyse.Acevedo@sfgov.org

## X. Monitoring Activities

1. Program Monitoring: Program monitoring will include review of compliance to specific program standards or requirements; consumer eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how consumer records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence of provision of the California Department of Aging (CDA) Security Awareness training to staff; program operation, which includes a review of a written policies and procedures manual of all DAS OCP funded programs, written project income policies if applicable, grievance procedure

posted in the center/office, hours of operation are current according to the site chart; a board of directors list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool; translation and social services are based on staff hours.

2. <u>Fiscal Compliance and Contract Monitoring:</u> Fiscal monitoring will include review of the Grantee's organizational budget, general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of the Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, MOUs, the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

	A	В	С	D	Е	F						
1	Appendix B-1, Page 1											
2												
3	HUMAN SERVICES AGE	NCY BUDGET S	UMMARY									
4	BY PROGRAM											
5	Name Term											
6	North & South of Market Adult Day Health (DBA SteppingS 1/1/21-6/30/22											
7	(Check One) New 🗌 Renewal	(Check One) New Renewal Modification X										
8	If modification, Effective Date of Mod. Jul	y 1, 2021 No. of	Mod. 1	<del>_</del>	<del>_</del>							
9	Program:											
10	Budget Reference Page No.(s)		Current	Modification	Revised	1/1/21-6/30/22						
11	Program Term	1/1/21-6/30/21	7/1/21-6/30/22	7/1/21-6/30/22	7/1/21-6/30/22	Total						
12	Expenditures											
13	Salaries & Benefits	\$44,081	\$89,328	\$36,500	\$125,828	\$169,909						
14	Operating Expenses	\$20,636	\$8,565	\$40,057	\$48,622	\$69,258						
15	Subtotal	\$64,717	\$97,893	\$76,557	\$174,450	\$239,167						
16	Indirect Percentage (%)	15%	15%	15%	15%							
17	Indirect Cost (Line 16 X Line 15)	\$14,055	\$14,684	\$11,484	\$26,168	\$40,223						
18	Subcontractor/Capital Expenditures	\$28,980	\$57,960	(\$37,960)	\$20,000	\$48,980						
19	Total Expenditures	\$107,752	\$170,537	\$50,081	\$220,618	\$328,370						
20	HSA Revenues											
21	General Fund	\$107,752	\$170,537	\$50,081	\$220,618	\$328,370						
22												
24												
25												
26												
27												
28												
29	TOTAL HSA REVENUES	\$107,752	\$170,537	\$50,081	\$220,618	\$328,370						
30	Other Revenues											
31 32						_						
33												
34												
35												
36	Total Revenues	\$107,752	\$170,537	\$50,081	\$220,618	\$328,370						
37	Full Time Equivalent (FTE)											
39	Prepared by:	Telephone No.:										
40	HSA-CO Review Signature:											
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41	HSA #1					12/2/2020						

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1	Appendix B-1, Page 2											
3	North & South of Market Adult Day Health (DBA SteppingStone)											
4	Program:											
5												
6												
7	Salaries & Benefits Detail											
9							0	Na - 4161 41	Bandanad			
10						1/1/21-6/30/21	Current 7/1/21-6/30/22	Modification 7/1/21-6/30/22	Revised 7/1/21-6/30/22	1/1/21-6/30/22		
11		Agency T	otals	HSA Pr	ogram	DAS	DAS	DAS	DAS	TOTAL		
				% FTE								
		Annual Full TimeSalary	Total	funded by HSA	Adjusted							
12	POSITION TITLE	for FTE	FTE	(Max 100%)	FTE	Budgeted Salary	Budgeted Salary	Budgeted Salary	Budgeted Salary	Budgeted Salary		
13	Project Manager	\$63,710	1.00	80%	0.80	\$24,269	\$48,539	\$2,429	\$50,968	\$75,237		
14	Project Manager	\$0			-	\$2,294				\$2,294		
15	Nurse Navigator	\$101,234	0.20	90%	0.18	\$7,713	\$19,282	(\$1,060)	\$18,222	\$25,935		
16	Program Director	\$102,606	1.00	3%	0.03	\$2,458	\$6,619	(\$3,541)	\$3,078	\$5,536		
17	Project Mgr Supervision & Support	\$80,309	0.62	10%	0.06			\$4,979	\$4,979	\$4,979		
18	Activity Coordianator	\$48,173	0.85	28%	0.24			\$11,682	\$11,682	\$11,682		
19	Outreach Coordinator	\$63,710	1.00	25%	0.25			\$15,928	\$15,928	\$15,928		
20												
21												
22												
23												
24												
25												
26												
27												
28												
29												
30 31	TOTALS	\$459,742	4.67	236%	1.56	\$36,734	\$74,440	\$30,417	\$104,857	\$141,591		
32	FRINGE BENEFIT RATE	20%										
33	EMPLOYEE FRINGE BENEFITS					\$7,347	\$14,888	\$6,083	\$20,971	\$28,318		
34 35												
	TOTAL SALARIES & BENEFITS	\$459,742				\$44,081	\$89,328	\$36,500	\$125,828	\$169,909		
37	HSA #2									12/2/2020		

	Α	В	С	D	E	G	H I		L M N			
1								Ap	pendix B-1, Page 3			
3	North & South of Market Adult Day Health (DBA SteppingStone)											
4	Program:											
5												
6	Onorating Expanse Datail											
7 8	Operating Expense Detail											
9												
10												
11						Current	Modification	Revised	TOTAL			
	Expenditure C			IERM	1/1/21-6/30/21	7/1/21-6/30/22	7/1/21-6/30/22	7/1/21-6/30/22	1/1/21-6/30/22			
13	Rental of Prop	erty										
14	Utilities(Elec, \	Water, Gas, P	Phone, Garbage	e)								
15	Office Supplie	s, Postage			\$130	\$2,400	(\$1,800)	\$600	\$730			
16	Building Maint	tenance Supp	lies and Repair									
17	Printing and R	eproduction										
18	Insurance											
19	Staff Training											
20	Staff Travel-(L	ocal & Out of	Town)									
21	Rental of Equi	ipment										
22												
23	CONSULTAN	TS										
24				_				,				
25				_								
26												
-	OTHER				<b>^</b>		<b>(A.</b>	<b>^-</b>				
	Marketing & P			-	\$956	\$6,165	(\$3,108)	\$3,057	\$4,013			
29 30	Higher Learnir	ig		-	\$19,550		\$44,965	\$44,965	\$64,515			
	TOTAL OPER	ATING EXPE	NSE		\$20,636	\$8,565	\$40,057	\$48,622	\$69,258			
32				_								
33	HSA #3								12/2/2020			

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1			•			Append	ix B-1, Page 4
3	North &	South of Market Adult Day Health (DBA SteppingStone)					
4	Progran						
5							
7							
8		Subcontractor/Ca	apital Expend	litures			
9			•	Current	Modification	Revised	T
10	SUBCO	NTRACTORS	1/1/21-6/30/21	7/1/21-6/30/22	7/1/21-6/30/22	7/1/21-6/30/22	1/1/21-6/30/22
11	Openho	use	\$28,980	\$57,960	(\$57,960)	\$0	\$28,980
12	Subcont	ractor - TBD			\$20,000	\$20,000	\$20,000
13							
14							
15							
16	TOTAL	SUBCONTRACTOR COST	\$28,980	\$57,960	(\$37,960)	\$20,000	\$48,980
17							
18							
19	EQUI	PMENT TERM	1/1/21-6/30/21	7/1/21-6/30/22	7/1/21-6/30/22	7/1/21-6/30/22	1/1/21-6/30/22
20	Units	ITEM/DESCRIPTION					
21							
22							
23							
24							
25	TOTAL	EQUIPMENT COST					
26							
27	OTHER		1/1/21-6/30/21	7/1/21-6/30/22	7/1/21-6/30/22	7/1/21-6/30/22	1/1/21-6/30/22
28	Descript	ion:					
29							
30							
31							
32	TOTAL	REMODELING COST					
33							
	TOTAL	SUBCONTRACTOR/CAPITAL EXPENDITURE	\$28,980	\$57,960	(\$37,960)	\$20,000	\$86,940
35				· · · · · · · · · · · · · · · · · · ·		•	
36	HSA #4						12/2/2020

## Appendix A-2 - Services to be Provided YMCA SAN FRANCISCO – RICHMOND

#### **Community Services**

#### January 1, 2021 to June 30, 2023

## I. Purpose

The purpose of this grant is to provide community services programming for older adults and adults with disabilities in the City and County of San Francisco through site based Community Centers. The programming will maintain or improve the well-being of older adults and adults with disabilities by providing activities and services designed to support individuals to live independently in their own homes and communities, reduce social isolation, and serve as an access point for other home and community-based services.

#### II. Definitions

Adult with a Disability	A person 18 years of age or older living with a disability
CA-GetCare	A web-based application that provides specific functionalities for contracted agencies to use to perform consumer intake/assessment/enrollment, record service objectives, run reports, etc.
CARBON	Contracts Administration, Reporting and Billing On Line System
City	City and County of San Francisco, a municipal corporation.
DAS	Department of Disability and Aging Services
Disability	Mental, cognitive and/or physical impairments, including hearing and visual impairments, that result in substantial functional limitations in one (1) or more of the following areas of major life activity: self-care, receptive and expressive language, learning, mobility, and self-direction, capacity for independent living, economic self-sufficiency, cognitive functioning, and emotional adjustment. Source: California Code of Regulations Title 22, Sec. 7630

Frail	An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or others. Source: California Code of Regulations Title 22, Sec. 7119
Grantee	YMCA San Francisco
LGBTQ+	An acronym/term used to refer to persons who self-identify as non - heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.
Low Income	Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.
Minority	An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulations Title 22, Sec. 7130.
ОСР	Office of Community Partnerships
OCM	Office of Contract Management, San Francisco Human Services Agency.
Older Adult	Person who is 60 years or older, used interchangeably with "senior"
Senior	Person who is 60 years or older, used interchangeably with "older adult"
SF-HSA	Human Services Agency of the City and County of San Francisco.

SOGI	Sexual Orientation and Gender Identity; <i>Ordinance No. 159-16</i> amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity the clients they serve ( <i>Chapter 104, Sections 104.1 through 104.9.</i> )	
Unit of Service	Defined as one hour of service	
Unduplicated Consumer (UDC)	An individual who participates in community services and the grantee reflects consumer participation in CA-GetCare through enrollment.	

## **III.** Target Population

The target population is older adults and adults with disabilities living in the City and County of San Francisco with the greatest economic and social need and with particular attention to the following individuals:

- 1. Low income
- 2. Limited or no English speaking proficiency
- 3. Minority populations
- 4. Frail
- 5. LGBTQ+

## IV. Eligibility for Services

- A person who is a resident of San Francisco and
- A person who is an older adult or an adult with a disability

#### V. Location and Time of Services

The grantee will provide community services programming in the City and County of San Francisco. The details of the sites and operation hours are located in the site chart.

## VI. Description of Services and Program Requirements

- 1. Grantee will provide community services programming for older adults and adults with disabilities. Community services programming shall consist of activities and services that focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older adults and adults with disabilities. Activities and services may be provided in the grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection. There are four categories of community services programming:
  - i. <u>Activity Scheduling</u>: Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for

- education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- ii. <u>Translation:</u> Translation assistance provided to consumers that cannot speak/read English. Translation may also include the use of American Sign Language, braille, or teleprompting. Services may include translation for an individual, such as translation of forms, letters, applications, or phone calls, and may also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements or presentations.
- iii. <u>Social Services</u>: The provision of one-to-one assistance to individuals that enables them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- iv. <u>Enhanced Outreach</u>: While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from DAS OCP before commencing.

Enhanced outreach efforts will not be provided under this specific grant.

- 2. Grantee will ensure that service offerings in the four categories of community services are designed to:
  - i. Provide quality services that attain a high satisfaction level from participants.
  - ii. Provide services that meet the needs of individual participants.
  - iii. Provide physical activities that may improve the health of participants.
  - iv. Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
  - v. Provide activities to increase socialization opportunities for individual consumers.
- 3. Grantee will develop and maintain policies and procedures that align with city, state, and local regulatory agencies, including the DAS OCP policy memoranda.
- 4. Grantee will administer an annual consumer satisfaction survey using a survey tool approved by DAS OCP. The grantee will share the survey results with DAS OCP by March 15<sup>th</sup> each grant year or on a mutually agreed upon date between DAS OCP and the grantee. At minimum, the consumer response rate shall be at least 35% of the annual unduplicated consumers.
- 5. Grantee will ensure adequate and culturally competent staffing to administer the program, deliver quality services to meet the needs of the consumer, and adhere to all program standards.
- 6. Grantee will ensure that units of service provided are tracked and distinguishable.
- 7. Grantee will attend in-service trainings and meetings coordinated and provided by DAS OCP, and share the information with their staff and volunteers as needed.

8. Grantee shall follow guidance or instructions from the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments related to the provision of services in the community. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. The grantee shall follow the requirements with the intent to maximize the health and safety of their staff and clients receiving services.

## VII. Service Objectives

Grantee will enroll at minimum the number of unduplicated consumers and provide the units of service detailed in Table A below:

Table A- Community Services	01/01/2021- 6/30/2021	FY21/22	FY22/23		
Unduplicated Consumers (UDC)	50	100	100		
Activity Scheduling	240	572	480		
Translation Services	0	0	0		
Social Services	38	75	75		
Enhanced Outreach	0	0	0		
One (1) unit of service = one (1) hour of service provision					

## VIII. Outcome Objectives

#### **Community Services**

- 1. Consumers receive the services and/or activities they need from the agency. Target: 80%
- 2. Consumers who participate in physical activity programming report a positive impact on their health. Target: 80%
- 3. Consumers who received social services or translation assistance, or participated in an educational program, report the services helped to improve their lives. Target: 80%
- 4. Consumers report an increase in their socialization opportunities and interaction with others. Target: 80%

Based on an annual satisfaction survey created by DAS OCP and with a sample size of at least 35% of the annual unduplicated consumers.

#### IX. Reporting and Other Requirements

- 1. Grantee will enroll eligible consumers into the program funded through this grant agreement by entering the consumer data obtained from consumers, using the DAS OCP approved intake form, into the CA-GetCare database in accordance to DAS OCP policy memorandum.
- 2. Grantee will enter into the CA-GetCare Service Unit section all service objectives by the 5th working day of the month for the preceding month.

- 3. Grantee will enter monthly reports and metrics into the CARBON database system by the 15th of the following month that includes the following information:
  - Number of unduplicated consumers served
  - Number and type of service units provided
- 4. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- 5. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15th of each grant year or on a mutually agreed upon date between DAS OCP and the grantee.
- 6. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- 7. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. The grantee must submit the report in the CARBON system.
- 8. Grantee shall develop and deliver ad hoc reports as requested by SF-HSA, DAS, and OCP.
- 9. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by SF-HSA, DAS, and OCP. The due dates for submitting the bi-annual summary reports are January 10<sup>th</sup> (June-December data) and July 10<sup>th</sup> (January-June data).
- 10. Grantee will maintain an updated site chart, using the DAS OCP approved form, with details about the program.
- 11. Grantee program staff will complete an Elder Abuse Mandated Reporter Training and the California Department of Aging (CDA) Security Awareness Training on an annual basis. The grantee will maintain evidence of staff completion of these trainings.
- 12. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- 13. Grantee will develop a grievance policy consistent with DAS OCP policy memorandum.
- 14. For assistance with reporting and contract requirements, please contact:

Paulo Salta Program Analyst P.O. Box 7988 San Francisco, CA 94120 (415) 355-3551 Paulo.Salta@sfgov.org

Or

Patrick Garcia Contract Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 (415) 557-5597 Patrick.Gracia@sfgov.org

## X. Monitoring Activities

- Α. Program Monitoring: Program monitoring will include review of compliance to specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs,

and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

Appendix B, Page 1 Document Date: October 2021 HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM Name Term YMCA Jan 2021 - Jun 2023 (Check One) New Renewal Modification \_\_X\_ If modification, Effective Date of Mod. 7/1/21 Program: Community Services, Richmond Budget Reference Page No.(s) Program Term 1/1/21 - 6/30/21 7/1/21 - 6/30/22 7/1/21 - 6/30/22 7/1/21 - 6/30/22 7/1/22 - 6/30/23 1/1/21-6/30/23 Expenditures Salaries & Benefits \$69.485 \$69,444 \$73,045 \$212.588 \$61,930 Operating Expenses \$12,328 \$1.959 \$43.557 \$45.516 \$4,433 \$4.086 Subtotal \$71,403 \$47,158 \$118,561 \$4,255 \$74,144 \$274,518 \$81,813 \$69,889 Indirect Percentage (%) 13% Indirect Cost \$10,636 \$9,282 \$7,058 \$16,340 \$9,085 \$554 \$9,639 \$36,615 Subcontractor/Capital Expenditure Total Expenditures \$92,449 \$80,685 \$54,216 \$134,901 \$78,974 \$4,809 \$83,783 \$311,133 HSA Revenues General Fund \$35,143 \$70,287 \$70,287 \$70.287 \$70.287 \$175,717 Federal Funds (CDFA 93.778) \$4,344 \$8,687 \$8,687 \$8,687 \$21,718 \$8,687 Senior programming (OTO) (20/21) (21/22) \$50,000 \$50,000 \$50,000 \$100,000 CODB \$2,369 \$4,216 \$4,216 \$4,809 \$4,809 \$11,394 мсо \$593 \$1,711 \$1,711 \$2,304 \$92,449 \$54,216 \$134,901 \$78,974 \$83,783 \$311,133 Total HSA Revenue \$80,685 \$4,809 Other Revenues TOTAL DAS AND NON DAS REVENUE \$92,449 \$80,685 \$54,216 \$134,901 \$78,974 \$4,809 \$83,783 \$311,133 Full Time Equivalent (FTE) Prepared by: HSA-CO Review Signature:

HSA #1

Program: Community Services, Richn (Same as Line 11 on HSA #1)	nond																				pendix B, Page 2 te: October 2021
									Salaries	& Benefits De	tail										
												(MODIFICATION							(MODIFICATION)		(TOTAL)
				rogram	DAS budgeted						DAS budgeted salary	DAS budgeted salary	DAS budgeted			HSA P		DAS budgeted	DAS budgeted	DAS budgeted salary	DAS budgeted
	Agency To Annual Full	otais	% FTE funded	rogram	salary		Agency Tot Annual Full	tals	HSA F % FTE funded	rogram	salary	salary	salary	Agency To Annual Full	als	% FTE funded	rogram	salary	salary	salary	salary
	Time Salary for	Total	by HSA		1/1/21 -		Time Salary for	Total	by HSA					Time Salary for	Total	by HSA					
Position	FTE	FTE	(Max 100%)	Adjusted FTE		Position	FTE	FTE	(Max 100%)	Adjusted FTE	7/1/21 - 6/30/22	7/1/21 - 6/30/22	7/1/21 - 6/30/22	FTE	FTE	(Max 100%)		7/1/22 - 6/30/23	7/1/22 - 6/30/23	7/1/22 - 6/30/23	1/1/21-6/30/23
Senior Director of Engagement	\$85,812	1.00	25%	0.25	\$16,090	Senior Director of Engagemer	\$90,106	1.00	10%	0.10	\$21,453	(\$12,442)	\$9,011	\$90,106	1.00	10%	0.10	\$21,453	(\$12,442)	\$9,011	\$34,112
AOA Lead Staff	\$43,056	1.00		0.50	\$12,140	Coordinator	\$54,080	1.00	67%	0.67	\$21,859	\$14,375	\$36,234	\$54,080	1.00		0.56		\$8,906	\$30,434	\$78,808
Chair Yoga Instructor	\$37,198	0.50	24%	0.12		Exercise Instructors	\$72,530	0.20	15%	0.03	\$7,211	(\$5,035)	\$2,176	\$72,530	0.20	15%	0.03	\$7,331	(\$5,155)	\$2,176	\$6,302
AOA Strength Instructor	\$63,710	1.00	5%	0.05	\$687	District Director	\$97,178	1.00	6%	0.06		\$5,897	\$5,897	\$97,178	1.00	10%	0.10		\$9,467	\$9,467	\$30,717
AOA Strength Instructor	\$85,156	0.50		0.02																	\$7,083
Executive Director	\$128,000	1.00	15%	0.15																	\$245
Senior Director of Healthy Living	\$85,000	1.00	20%	0.20	\$7,083																\$260
BAVC Group Exercise Instructor	\$65,641	0.50	1%	0.01	\$245																\$963
BAVC Group Exercise Instructor	\$58,162	0.50	2%	0.01	\$260																\$896
BAVC Group Exercise Instructor	\$70,560	0.50	5%	0.03	\$963	Totals	\$313,894	3.20	98%	0.86	\$50,523	\$2,795	\$53,318	\$313,894	3.20	91%	0.79	\$50,312	\$776	\$51,088	\$159,385
BAVC Group Exercise Instructor	\$63,710	0.50	6%	0.03	\$896														,		
Totals	\$786,006	8.00	157%	1.35	\$56,485	Fringe Benefits Rate	37%				37%			37%				30%			
						Employee Fringe Benefits	\$94,482				\$18,921	\$806	\$19,727	\$94,482				\$15,144	\$3,826	\$18,970	\$51,697
Fringe Benefits Rate	30%				23%																
Employee Fringe Benefits	\$236,588				\$13,000	Total Salaries and Benefits	\$408,376				\$69,444	\$3,601	\$73,045	\$408,376				\$65,456	\$4,602	\$70,058	\$211,082
Total Salaries and Benefits	\$1,022,594				\$69,485																

Program: Community Services, Richmond (Same as Line 11 on HSA #1)							Documer	Appendix B, Page 3 at Date: October 2021
			Operating Expe	nse Detail				
			(MODIFICATION)	(REVISED)		(MODIFICATION)	(REVISED)	(TOTAL)
	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/21 - 6/30/22	7/1/21 - 6/30/22	7/1/22 - 6/30/23	7/1/22 - 6/30/23	7/1/22 - 6/30/23	1/1/21-6/30/23
Expenditure Category								
Rental of Property								
Utilities (Elec, Water, Gas, Phone, Garbage)			\$250	\$250				\$250
Office Supplies, Postage								
Building Maintenance Supplies and Repair								
Printing and Reproduction								
Insurance			\$807	\$807				\$807
Staff Training								
Staff Travel-(Local & Out of Town)	\$260							\$260
Rental of Equipment								
<u>Consultant</u>								
I								
Other								
Food Delivery Vehicle Maintenance	\$334				\$1,001	(\$347)	\$654	\$988
Program Supplies	\$7,834	\$1,959	\$10,000	\$11,959	\$1,432		\$1,432	\$21,225
Food & Beverage			\$2,500	\$2,500	\$2,000		\$2,000	\$4,500
BAVC Transportation								
CTN Program	\$3,900							\$3,900
Senior Exploration			\$7,500	\$7,500				\$7,500
PPE Equipment			\$2,500	\$2,500				\$2,500
Safety Seminar			\$10,000	\$10,000				\$10,000
Senior Safety Equipment			\$5,000	\$5,000				\$5,000
Exercise Equipment			\$5,000	\$5,000				\$5,000
Tatal On section Forestee	<b>MAD 000</b>	<b>#4.050</b>	<b>040.557</b>	045.540	<b>M</b> 4.400	(00.17)	04.000	<b>#04.000</b>
Total Operating Expenses	\$12,328	\$1,959	\$43,557	\$45,516	\$4,433	(\$347)	\$4,086	\$61,930
HSA #3								#REF!

# Appendix A-1 - Services to be Provided YMCA SAN FRANCISCO – STONESTOWN

# **Community Services**

# January 1, 2021 to June 30, 2023

# I. Purpose

The purpose of this grant is to provide community services programming for older adults and adults with disabilities in the City and County of San Francisco through site based Community Centers. The programming will maintain or improve the well-being of older adults and adults with disabilities by providing activities and services designed to support individuals to live independently in their own homes and communities, reduce social isolation, and serve as an access point for other home and community-based services.

### II. Definitions

Adult with a Disability	A person 18 years of age or older living with a disability
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City	City and County of San Francisco, a municipal corporation.
DAS	Department of Disability and Aging Services
Disability	Mental, cognitive and/or physical impairments, including hearing and visual impairments, that result in substantial functional limitations in one (1) or more of the following areas of major life activity: self-care, receptive and expressive language, learning, mobility, and self-direction, capacity for independent living, economic self-sufficiency, cognitive functioning, and emotional adjustment. Source: California Code of Regulations Title 22, Sec. 7630

	,
Frail	An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or others. Source: California Code of Regulations Title 22, Sec. 7119
Grantee	YMCA San Francisco
Higher Learning classes	College level classes that are taught by instructors with advanced degrees and teaching experience in the field of study. Higher Learning classes were originally part of City College of San Francisco's Older Adults program. Classes are provided at community service centers throughout the City and supplement traditional community services programming.
LGBTQ+	An acronym/term used to refer to persons who self-identify as non-heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.
Low Income	Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.
Minority	An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulations Title 22, Sec. 7130.
OCP	Office of Community Partnerships
OCM	Office of Contract Management, San Francisco Human Services Agency.
Older Adult	Person who is 60 years or older, used interchangeably with "senior"

Senior	Person who is 60 years or older, used interchangeably with "older adult"
SF-HSA	Human Services Agency of the City and County of San Francisco.
SOGI	Sexual Orientation and Gender Identity; <i>Ordinance No. 159-16</i> amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve <i>(Chapter 104, Sections 104.1 through 104.9.)</i>
Unit of Service	Defined as one hour of service
Unduplicated Consumer (UDC)	An individual who participates in community services and the grantee reflects consumer participation in CA-GetCare through enrollment.

### **III.** Target Population

The target population is older adults and adults with disabilities living in the City and County of San Francisco with the greatest economic and social need and with particular attention to the following individuals:

- 1. Low income
- 2. Limited or no English speaking proficiency
- 3. Minority populations
- 4. Frail
- 5. LGBTQ+

#### IV. Eligibility for Services

- A person who is a resident of San Francisco and
- A person who is an older adult or an adult with a disability

#### V. Location and Time of Services

The grantee will provide community services programming in the City and County of San Francisco. The details of the sites and operation hours are located in the site chart.

#### VI. Description of Services and Program Requirements

1. Grantee will provide community services programming for older adults and adults with disabilities. Community services programming shall consist of activities and services that focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older adults and adults with disabilities. Activities and services may be provided in the grantee's Community Center, in the community, via telephone,

virtually over the internet, and through other effective means of communication and connection. There are four categories of community services programming:

- i. Activity Scheduling: Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- ii. <u>Translation:</u> Translation assistance provided to consumers that cannot speak/read English. Translation may also include the use of American Sign Language, braille, or teleprompting. Services may include translation for an individual, such as translation of forms, letters, applications, or phone calls, and may also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements or presentations.
- iii. <u>Social Services</u>: The provision of one-to-one assistance to individuals that enables them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- iv. Enhanced Outreach: While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from DAS OCP before commencing.

#### Enhanced outreach efforts under this specific grant:

The Stonestown Family Active Adult (Senior) Program will conduct flier distribution, tabling at local events, and facilitate word of mouth recommendations by current participating clients. YMCA staff will ensure that flier communications are dropped off at local agencies and locations where older adults congregate (libraries, banks, other community centers, etc.). Staff will attend local farmer's markets which provides a great opportunity to outreach to new older adults who may need our services. Other tools such as Stonestown Family YMCA's website, social media (e.g. Facebook, Instagram, and Twitter) and email are also utilized to reach older adults who have access to these platforms.

- 2. Grantee will ensure that service offerings in the four categories of community services are designed to:
  - i. Provide quality services that attain a high satisfaction level from participants.

- ii. Provide services that meet the needs of individual participants.
- iii. Provide physical activities that may improve the health of participants.
- iv. Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
  - v. Provide activities to increase socialization opportunities for individual consumers.
- 3. Grantee will develop and maintain policies and procedures that align with city, state, and local regulatory agencies, including the DAS OCP policy memoranda.
- 4. Grantee will administer an annual consumer satisfaction survey using a survey tool approved by DAS OCP. The grantee will share the survey results with DAS OCP by March 15<sup>th</sup> each grant year or on a mutually agreed upon date between DAS OCP and the grantee. At minimum, the consumer response rate shall be at least 35% of the annual unduplicated consumers.
- 5. Grantee will ensure adequate and culturally competent staffing to administer the program, deliver quality services to meet the needs of the consumer, and adhere to all program standards.
- 6. Grantee will ensure that units of service provided are tracked and distinguishable.
- 7. Grantee will attend in-service trainings and meetings coordinated and provided by DAS OCP, and share the information with their staff and volunteers as needed.
- 8. Grantee shall follow guidance or instructions from the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments related to the provision of services in the community. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. The grantee shall follow the requirements with the intent to maximize the health and safety of their staff and clients receiving services.
- 9. Grantee will provide Higher Learning classes at Stonestown YMCA. The classes will be open to any older adult or adult with disability interested. A participant will register for a class as a separate activity within the community services program. Course topics are "Mind-Body-Health", "Principles of Balance", "Quilting", "Communications", and "Lip Reading". The classes are college level classes taught by instructors with advanced degrees and teaching experience in the field of study.

# VII. Service Objectives

Grantee will enroll at minimum the number of unduplicated consumers and provide the units of service detailed in Table A below:

Table A- Community Services	01/01/2021- 6/30/2021	FY21/22	FY22/23
Unduplicated Consumers (UDC)	1,000	2,000	2,000
Activity Scheduling	1,500	3,032	3,000
Translation Services	60	120	120
Social Services	500	1,000	1,000

Enhanced Outreach	50	100	100
One (1) unit of service =	one (1) hour of	f service provis	ion

# **VIII.** Outcome Objectives

## **Community Services**

- 1. Consumers receive the services and/or activities they need from the agency. Target: 80%
- 2. Consumers who participate in physical activity programming report a positive impact on their health. Target: 80%
- 3. Consumers who received social services or translation assistance, or participated in an educational program, report the services helped to improve their lives. Target: 80%
- 4. Consumers report an increase in their socialization opportunities and interaction with others. Target: 80%

Based on an annual satisfaction survey created by DAS OCP and with a sample size of at least 35% of the annual unduplicated consumers.

#### Higher Learning

- 1. Class participants report that the course increased their socialization opportunities and interaction with others. Target: 80%
- 2. Class participants report an increase in knowledge of the Higher Learning course topic. Target: 80%

Based on a satisfaction survey created by the grantee with input from DAS OCP and with a sample size of at least 75% of the participants enrolled in the class.

# IX. Reporting and Other Requirements

- 1. Grantee will enroll eligible consumers into the program funded through this grant agreement by entering the consumer data obtained from consumers, using the DAS OCP approved intake form, into the CA-GetCare database in accordance to DAS OCP policy memorandum.
- 2. Grantee will enter into the CA-GetCare Service Unit section all service objectives by the 5th working day of the month for the preceding month.
- 3. Grantee will enter monthly reports and metrics into the CARBON database system by the 15th of the following month that includes the following information:
  - Number of unduplicated consumers served
  - Number and type of service units provided
- 4. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.

- 5. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15th of each grant year or on a mutually agreed upon date between DAS OCP and the grantee.
- 6. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- 7. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. The grantee must submit the report in the CARBON system.
- 8. Grantee shall develop and deliver ad hoc reports as requested by SF-HSA, DAS, and OCP.
- 9. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by SF-HSA, DAS, and OCP. The due dates for submitting the bi-annual summary reports are January 10<sup>th</sup> (June-December data) and July 10<sup>th</sup> (January-June data).
- 10. Grantee will maintain an updated site chart, using the DAS OCP approved form, with details about the program.
- 11. Grantee program staff will complete an Elder Abuse Mandated Reporter Training and the California Department of Aging (CDA) Security Awareness Training on an annual basis. The grantee will maintain evidence of staff completion of these trainings.
- 12. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- 13. Grantee will develop a grievance policy consistent with DAS OCP policy memorandum.
- 14. For assistance with reporting and contract requirements, please contact:

Paulo Salta Program Analyst P.O. Box 7988 San Francisco, CA 94120 (415) 355-3551 Paulo.Salta@sfgov.org

Or

Patrick Garcia Contract Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 (415) 557-5597 Patrick.Gracia@sfgov.org

# X. Monitoring Activities

- Program Monitoring: Program monitoring will include review of compliance to A. specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance

monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

Appendix B, Page 1 Document Date: October 2021 **HUMAN SERVICES AGENCY BUDGET SUMMARY** BY PROGRAM Term Name YMCA Jan 2021 - Jun 2023 (Check One) New Modification \_\_X\_ Renewal If modification, Effective Date of Mod. 7/1/21 No. of Mod. 1 Program: Community Services, Stonestown Family Budget Reference Page No.(s) 1/1/21 - 6/30/21 7/1/21 - 6/30/22 7/1/21 - 6/30/22 7/1/21 - 6/30/22 7/1/22 - 6/30/23 7/1/22 - 6/30/23 7/1/22 - 6/30/23 Program Term Expenditures Salaries & Benefits \$97.074 \$185.502 \$11.299 \$196.801 \$185,502 \$11.299 \$196.801 \$490.676 \$66,889 \$13,668 Operating Expenses \$37,762 \$13,668 \$53,221 \$22,866 \$36,534 \$141,185 \$134,836 \$199,170 \$64,520 \$263,690 \$199,170 \$34,165 \$233,335 \$631,861 Subtotal Indirect Percentage (%) 15% 15% 15% 15% 15% Indirect Cost \$20,224 \$29,873 \$9,682 \$39,555 \$29,873 \$4,870 \$34,743 \$94,522 Subcontractor/Capital Expenditure \$155.060 \$229,043 \$74,202 \$303,245 \$229,043 \$39,035 \$268,078 \$726,383 Total Expenditures General Fund \$101,925 \$203,848 \$203,848 \$509,621 \$203,848 Federal Funds (CDFA 93.778) \$12,597 \$25,195 \$25,195 \$25,195 \$25,195 \$62,987 Higher Learning (HL) \$23,667 \$47,334 \$47,334 \$23,667 \$23,667 \$94,668 CODB \$6,871 \$15.368 \$15,368 \$15,368 \$15,368 \$37.607 Emergency & Safety (ES) OTO (21/22) \$11.500 \$11.500 \$11.500 \$10,000 Taiko Program OTO (20/21) \$10,000 \$229,043 \$74,202 \$303,245 \$229,043 \$39,035 \$268,078 \$155,060 \$726,383 Total HSA Revenue Other Revenues TOTAL DAS AND NON DAS REVENUE \$155,060 \$229,043 \$74,202 \$303,245 \$229,043 \$39.035 \$268,078 \$726,383 Full Time Equivalent (FTE) Prepared by: HSA-CO Review Signature:

HSA #1

MOD 1

Program: Community Services, Stor	nestown Family																		А	Appendix B, Page 2
(Same as Line 11 on HSA #1)																			Document D	Date: October 2021
									Salaries	& Benefits Det	ail									
											(MODIFICATION)	(REVISED)						(MODIFICATION)	(REVISED)	(TOTAL)
	Agency	Totals	HSA Pr	ogram	DAS salary	Agency	Totals	HSA P	rogram	DAS salary	DAS salary	DAS salary	Agency	Totals	HSA P	rogram	DAS salary	DAS salary	DAS salary	DAS salary
	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)	Advanta d ETE	1/1/21 - 6/30/21	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)	Adiosed ETE	7/1/21 - 6/30/22	7/4/04 0/00/00	7/4/04 000000	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)	Advantad ETE	7/4/00 0/00/00	7/1/22 - 6/30/23	7/4/00 0/00/00	
Position District Director	\$85.424	1.00	(Max 100%) 75%	0.75	\$21.356	\$97,177	1.00	(Max 100%) 50%	Adjusted FTE 0.50	\$64.068	(\$15,479)	\$48,589	\$97,177	1.00	, ,			(\$15,479)	\$48.589	1/1/21 - 6/30/23 \$118.534
Program Coordinator	\$66,186	1.00	55%	0.75	\$17,739	\$30,800	1.00		1.00	\$36,280	(\$15,479)	\$30,800	\$30.800	1.00	100%			(\$15,479)	\$30,800	\$79,339
Analyst	\$43,680	1.00	100%	1.00	\$17.027	\$45,864	1.00	88%	0.88	\$39,240	\$1,120	\$40,360	\$45.864	1.00			\$39,240	\$1,120	\$40,360	\$97,747
Group Exercise Instuctors	\$97,760	1.00	7%	0.07	\$7,433	\$75,296	1.00	29%	0.29	\$13,060	\$8,776	\$21,836	\$75,296	1.00	29%		\$13,060	\$8,776	\$21,836	\$51,105
Program Supervisor	\$132,167	1.00	35%	0.35	\$14,233	\$132,167	1.00	4%	0.04		\$5,572	\$5,572	\$132,167	1.00	4%	0.04		\$5,572	\$5,572	\$25,377
																				_
Totals	\$425,217	5.00	271.50%	2.72	\$77,788	\$381,304	5.00	271.22%	2.71	\$152,648	(\$5,491)	\$147,157	\$381,304	5.00	271.22%	2.71	\$152,648	(\$5,491)	\$147,157	\$372,102
					. ,															
Fringe Benefits Rate	21%				21%	34%				22%			34%				22%			
Employee Fringe Benefits	\$89,296				\$19,286	\$128,634				\$32,854	\$16,790	\$49,644	\$128,634				\$32,854	\$16,790	\$49,644	\$118,574
Total Salaries and Benefits	\$514.513				\$97.074	\$509,938				\$185,502	\$11,299	\$196,801	\$509,938				\$185,502	\$11,299	\$196,801	\$490.676
. our outlines and benefits	\$314,313				\$37,074	\$303,330				\$105,502	\$11,233	\$130,001	\$303,330				\$105,502	\$11,233	\$130,001	\$-30,070
HSA #2																				

Program: Community Services, Stonestown Family (Same as Line 11 on HSA #1)							Documen	Appendix B, Page 3 at Date: October 2021
			Operating Expe	nse Detail				
			(MODIFICATION)	(REVISED)		(MODIFICATION)	(REVISED)	(TOTAL)
	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/21 - 6/30/22	7/1/21 - 6/30/22	7/1/22 - 6/30/23	7/1/22 - 6/30/23	7/1/22 - 6/30/23	1/1/21 - 6/30/23
Expenditure Category								
Rental of Property					• • • • • • • • • • • • • • • • • • • •			
Utilities (Elec, Water, Gas, Phone, Garbage)	\$2,295	\$2,432	(\$1,432)	\$1,000	\$2,432	(\$1,432)	\$1,000	\$4,295
Building Maintenance Supplies and Repair								
Printing and Reproduction								
Insurance			\$2,291	\$2,291		\$2,291	\$2,291	\$4,582
Staff Training								-
Staff Travel-(Local & Out of Town)								
Transportation (Bus Rental)								-
Consultant								
Higher Education Learning	\$20,580							\$20,580
HL-Janet Gee (Principles of Balance)			\$13,720	\$13,720		\$6,860	\$6,860	\$20,580
HL-Jeanne-Marie Hughes (Mind Body Health)			\$13,720	\$13,720		\$6,860	\$6,860	\$20,580
HL-Caroline Lieberman (Textile Arts)			\$13,720	\$13,720		\$6,860	\$6,860	\$20,580
Other								
(ES) - PPE Supplies			\$ 1,275	\$ 1,275				\$1,275
(ES) - Safety Supplies			\$ 2,500	\$ 2,500				\$2,500
(ES) - Safety Seminars			\$ 6,000	\$ 6,000				\$6,000
Program Subscriptions		\$48		\$48	\$48		\$48	\$96
Program Supplies	\$5,944	\$11,100	(\$2,413)	\$8,687	\$11,100	(\$2,413)	\$8,687	\$23,318
Food and Beverage		\$88	\$3,840	\$3,928	\$88	\$3,840	\$3,928	\$7,856
Taiko Drumming	\$8,696							\$8,696
Equipment	\$147							\$147
Program Entrance Fee	\$100							\$100
Total Operating Expenses	\$37,762	\$13,668	\$53,221	\$66,889	\$13,668	\$22,866	\$36,534	\$141,185
HSA #3								