

## **LONG TERM CARE COORDINATING COUNCIL (LTCCC) MINUTES**

*Guiding the development of an integrated network of home, community-based, and institutional long term care services for older adults and adults with disabilities.*

**DATE:** Thursday, September 10<sup>th</sup>, 2020 **TIME:** 1:00 p.m. to 3:00 p.m.

**LOCATION:** remote Zoom meeting

**Present:** Alex Jackson, Akiko Takeshita, Amie Haltman-Carson, Ana Ayala, Anne Romero, Bernadette Navarro-Simeon, Bill Hirsch, Erin McAuliff\*, Fiona Hinze, Jacy Cohen, Jennifer Walsh, Jessica Lehman, Julie Lifshay, Kelly Dearman, Laura Liesem, Marie Jobling, Mark Burns, Quoc Nguyen, Ramona Davies, Samantha Hogg, Sandy Mori, Shireen McSpadden, Susie Smith, Traci Dobronravova

**Absent:** Benson Nadell, Cathy Davis, Cathy Spensley, Eileen Kunz, Jesus Guillen, Margaret Baran, Michael Blecker, Michi Yukawa, Patty Clement-Cihak, Quoc Nguyen, Valorie Villela

### **AGENDA**

**WELCOME.**

**ROLL CALL, MINUTES & INTRODUCTIONS.**

#### **UPDATE: Member COVID-19 Check-In**

Shireen, LTCCC chair, provided an overview of significant changes, including the death of an LTCCC member, COVID and the impact on San Francisco, and the continued importance of the work of the LTCCC, especially in light of COVID. Shireen facilitated a brief check-in with members.

#### **ACTION: LTCCC Nominations & Membership**

Membership updates included a vacancy in membership and as co-chair as Anne has changed jobs. The Steering Committee (based on criteria within protocols) had nominated Laura Liesem as next co-chair, which was approved by membership. Jacy also introduced Debby Kaplan, Deputy Director with the Mayor's Office on Disability (MOD) and new LTCCC representative. There are a couple additional empty seats within the LTCCC and both the Steering Committee and the Nominations and Membership Committee have been discussing next steps in terms of finding diverse and relevant applicants for those roles.

#### **HEALTH**

Alex provided a brief and high-level update on the Department of Public Health's response to COVID, including sharing information from the following websites:

- <https://www.sfdcp.org/wp-content/uploads/2020/06/COVID19-Health-Advisory-StructurallyVulnerablePops-FINAL-06.2.2020.pdf>
- <https://www.sfdph.org/dph/alerts/coronavirus.asp>

Recognizing the importance of this topic area considering the global pandemic and our target population, the November LTCCC meeting will be a much longer presentation.

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- **November health presentation: include PwD's**
- **Indicators for PwD's with underlying health issues**

#### **DISCUSSION: LTCCC Workgroups: next steps**

##### **Update: Social Engagement presentation**

Cindy provided an update on the workgroup, including:

Discussion about what we planned pre-covid – an asset mapping and interview critical LTSS stakeholders – the goal of creating critical partners thru a survey, if stakeholders ask about social isolation and loneliness, if formal (what's the tools being used, how often and what did with info)

**Post-COVID-19:** need a more focused goal, more specific aspects of LTSS and maybe focusing on a level of care/need, starting with a more vulnerable population. Asset mapping still needed, identify key stakeholders, reach out to community partners for lessons learned. Possibility of doing a survey that may address both workgroup needs or challenges (follow up with Susie).

##### **UPDATE: Behavioral Health presentation**

Susie provided an update on the workgroup, including:

Know that mental health issues are extreme and heightened at this time; reshifting – focus on issues that cut across all of these populations (telehealth, innovative pilots, how to pay for telehealth); or issues around digital divide; and take a look at other populations that we want to specifically address (PwD's); people in the community who are accessing/eligible IHSS; surveying and stakeholder interviews, promising practices to scale or pilots

#### **DISCUSSION: Review Policy Agenda Areas & Legislation**

##### **Health:**

###### **Behavioral Health:**

**Workgroup:** Susie gave an update from the last meeting, including identifying target populations and research focus, conducting interviews, and considering various recommendations that would address the identified gaps. Minutes, agendas, and other workgroup info will be available on the website here:

<https://www.sfhsa.org/about/commissions-committees/long-term-care-coordinating-council-ltccc/behavioral-health-workgroup>

##### **Housing**

Cindy provided an overview of long-term care housing since COVID-19, the City's critical response to residents most at risk based on her work within the City's Emergency Operations Center (EOC). She focused on three main housing areas, including alternative housing sites, assisted living facilities (ALF) and skilled nursing facilities (SNF).

- **COVID-19 alternative housing:** isolation and quarantine sites for people who are not able to self-isolate, are considered temporary placements and include shelter in place hotels. Placement was prioritized for older adults and people with preexisting conditions.
- **ALF:** Oversight of these sites was with the Senior Sites group within the EOC. They monitored, surveyed and supported 103 ALF's in SF. Initially the group started with outreach to determine preparedness (including a survey re: PPE availability, sanitizing and cleaning practices, and facilities ability to isolate if needed) and found a lack of preparedness in all aspects, particularly considering these facilities are not medical facilities nor are they licensed in that regard. The group reached out to partner agencies to help identify and prioritize high-risk sites and provide on-site visits which may include trainings and an assessment of their ability to quarantine, occasionally with follow-up visits.
- **SNF:** Another critical focus for the City was the oversight and support of SNF's, which are managed by the Outbreak Management (OBM) team within the EOC structure. The OBM has managed and provided oversight on important areas such as: sanitation, PPE supplies, ability to quarantine, testing of staff/residents; how respond to suspected cases; compliance & cooperation with DPH, reporting on how collecting, analyzing and sharing data; guidance on visitation allowances

**Key take-aways include:** a recognition that many ALF's have a lack of clinical knowledge and access to clinical knowledge (not required per licensing); that all of the networks have been affected by COVID-19 and the impact (i.e. ageism and ableism) is particularly devastating for vulnerable groups.

Additionally, Jessica suggested that members check out the care-rationing letter writing campaign "Care rationing campaign by Senior and Disability Action: (SDA): <https://actionnetwork.org/letters/kaiser-stop-care-rationing>

### **Nutrition:**

Shireen provided an update which focused on nutrition and food support during COVID, and included the following take-aways:

- Coordination requires a lot of interlinking parts, such as different housing units and making sure different funding sources don't accidentally create silos to service;
- Prior to COVID-19, one in four San Franciscans were considered food insecure (DPH), and don't yet have the data re: the expansion and needs, but have definitely seen an increase in food insecurity and needs;
- Some neighborhoods were much more affected than others;
- The DAS budget increased \$46m of new money to help with food response during COVID (prior year's DAS budget for food was \$23m);
- This funding increase includes serving a much broader population such as supporting the SF Food Bank, which is SF's mass food response system and currently serving 60k residents through pop-up pantries and 164 ongoing sites.
- COVID required a switch to pop-up pantries and more deliveries, which required an increase in volunteers and City disaster service workers (DSW). There are still about 180 City staff, mostly from the library, supporting this work.
- Also providing meals to people that are house-less and supporting those who have been asked to quarantine by medical professionals (either with meals or groceries);

- The Great Plates program, which is a partnership with local restaurants, has served over 2,600 folks.

**Workforce:**

Mark (in partnership with Kelly and Laura), provided an update: HomeBridge and SF IHSS Public Authority met with the DAS IHSS team daily for 3mos, to focus on caregivers and the possible challenges and needs across SF County. The group also coordinated with the Department of Public Health (DPH) and Department of Emergency Management (DEM). The group was able to develop front line worker status for home care workers, which allowed access to PPE, childcare, and alternative housing options, etc. The team provided enhanced training, ensured COVID-19 testing access for home care workers and worked with Laguna Honda Hospital on consumers discharged back into the community. The caregiver emergency response team (CERT) served about 250 clients within hotel sites. The team was also surprised of the small amount of private homecare needed – there had been a temporary expansion of Support @ Home but they didn't see the crisis they had anticipated.

**Announcements:** no additional announcements

**Add public comments:** no public comments

**Meeting adjourned.**

Meeting minutes and agendas can be found here:

<https://www.sfhsa.org/about/commissions-committees/long-term-care-coordinating-council-ltccc>

**Next Meeting:** Thursday, November 12<sup>th</sup>