

LONG TERM CARE COORDINATING COUNCIL (LTCCC) MINUTES

Guiding the development of an integrated network of home, community-based, and institutional long term care services for older adults and adults with disabilities.

www.ltccsf.org

DATE: THURSDAY, October 18th, 2018 **TIME:** 1:00 p.m. to 3:00 p.m.

LOCATION: 1650 Mission St. 4th floor, Department of Planning room #431

Present: Akiko Takeshita, Anne Quaintance, Benson Nadell, Bernadette Navarro-Simeon, Bill Hirsh, Cathy Spensley, Dan Kaplan, Eileen Kunz, Jacy Cohen, Jennifer Walsh, Jessica Lehman, Jesus Guillen, Kelly Dearman, Kelly Hiramoto, Laura Liesem, Marie Jobling, Margot Antonetty, Mark Burns, Mivic Hirose, Patty Clement-Cihak, Ruth Zaltsmann, Sandy Mori, Shireen McSpadden, Traci Dobronravova, Vince Crisostomo

Absent: Amie Haltman-Carson, Anne Romero, Ana Ayala, Cathy Davis, Joanna Fraguli*, Margaret Baran, Marlene Hunn, Michael Blecker, Ramona Davies, Samantha Hogg, Tom Ryan, Valorie Villela, Victoria Tedder

Guests: Joseph Griffen, Karen Nemsick, Sadie Harmon, Robert Riester, Joseph Formentos, Sarah Dulaney, Linda Edelstein, Tom Nolan, Melissa McGee, Keilani Luu

AGENDA

WELCOME.

ROLL CALL, MINUTES & INTRODUCTIONS.

UPDATE: Nominations & Membership Committee

Jacy Cohen provided an update on the Nominations and Membership Committee, the group is looking for new members to join the committee as they revamp the application process, take steps to increase the diversity of committee membership, and

The next meeting is Monday, November 5th, 11am at The Arc (1500 Howard St.) – first part of the meeting will be a new member orientation and the second part will discuss committee next steps.

UPDATE: Dignity Fund

Melissa McGee provided an updated on the Dignity Fund, including:

Service and Allocation Plan

We are working internally on developing the process for the Service and Allocation plan that would start in FY19/20, with a group including program, contracts, planning, budget, and fiscal. The current focus is on the RFP / contracts cycle that will correspond with the 4-year planning cycle for the DF per the legislation.

Service Providers Work Group

Met on 9/12 – looked at the recs from the DFCNA in groups for each category with the purpose of providing advisement and suggestions for implementation as we develop the

SAP. The group will meet again on 11/30 to review the suggestions made, build on or add to those, and also offer the opportunity for those who couldn't make 9/12 to be involved.

Allocations / RFPs

- Modifications completed, including: Phone intervention support (Friendship Line) / Caregiver support / Training to CBO staff
- RFPs:
 - Intergenerational – panel will meet next week and awards to follow
 - Volunteer visitor go out early next week / Peer ambassadors end of next week or week after
 - Workforce support (training for caregiver staff) target is 11/9
 - Evaluation of CM needs target is 11/15

Oversight Advisory Committee

The next OAC meeting is Monday, November 19, 3:00 – 5:00pm at 1650 Mission Street, 5th floor, Golden Gate room. Open to the public, and all information is posted on the DAAS website. I encourage you to look at the site as everything is available there.

The link will be included in the minutes – <https://www.sfhsa.org/about/commissions-committees/dignity-fund-oversight-and-advisory-committee>

As always, thank you to your OAC representatives are Ramona Davies, who serves as OAC chair, Margy Baran, and Jessica Lehman.

PRESENTATION: Retreat Update and Next Steps

Shireen and the Steering Committee members discussed the work that has been done since the June retreat. Members discussed the resulting diagram and discussion included:

- Reminder that services/topics that are outside does not create a value judgement – we are determining whether something is directly within the LTC system, distinctly outside or whether they sit within both;
- Add social daycare, consider disaster preparedness;
- Behavioral Health: older adult system of care (DPH), residential treatment, substance abuse treatments;
- Companion piece: 20% from formal, 80% from informal (friends, family, etc.) PwD's + S as agents of change;
- How does transportation fit in (as a category)?;
- There is also an evaluation piece of all of these topics/services/areas;
- Preventative services that keep people in their homes: LTCCC has supported housing subsidies;
- Behavioral Health: expand conservatorship but questions about lack of services for those already being conserved (where do those fit within the framework?) – this group could be a great resource on this topic;
- Important role within LTCCC of members to serve as representatives from other existing efforts and groups;
- The topics are not comprehensive;
- Probate conservatorship (plug in);
- Home based mental health care;

- RCFE recommendations that will need support, advocacy, and funding;
- How did we decide within/out of LTC, is it tied to funds? Should spell out more specifically;
- Goal was to be clearer about what we focus on/what we don't focus on, in order to address gaps within the system – if we're going to prioritize 2-4 areas/topics/gaps a year, we need to be intentional and focused to allow for greatest impact;
- We don't want to duplicate existing efforts and also don't want to ignore large gaps;
- Some of this topics are going to be squishy, goal is to use this as a guide not a definitive, comprehensive list;
- To really hone in on what we're good at, have expertise in and can have the most impact;
- This guide helps make the LTCCC's work clear – this as a great start ;
- Workgroups would ideally would take pieces of this map;
- Another lens to think through our work: an advisor to the mayor;
- There are current crisis (people at Laguna Honda that don't need to be there) but there's no place to send them in a lower level of care;
- Educate decision makers;
- Take on a problem, present solutions and bring that to the policy makers, Mayor, BOS, community orgs, departments, etc.; and
- When have an ad-hoc group, what do we expect to come back to the LTCCC (in what form) and what are we sending on to the decision makers

Topic Areas: Only brief notes were able to be captured, members to send Valerie the notes from each subgroup to be properly captured and determine next steps.

- **Personal Care & Health Care:** Functional care being left out or separated out from workforce discussions; a link between medical and social case management – long term intensive case management, services following the person; Private case management: knows all the services available, helps to navigate people through the system, etc.
- **Behavioral Health:** subset of health care; diagram that highlights the networking; added adult system of care; HIV provider and don't know the resources of older HIV; providing education; LPS Conservator on the line (Probate is under health care and long term); **Gaps:** integrated care, increasing funding for older adult mental health care system,
- **Care Navigation**
- **Nutrition:** these "in" services are likely accessing other services (and what could make people out); waitlists and barriers, IHSS recipients, reduction of hours and other details; people with disabilities are on longer waiting lists and times, home delivered groceries doesn't have a policy, meals has a goal but not a policy, the temporary 2 week program is not sufficient, *higher* nutrition food is way more expensive
- **Transportation:** a lot of services are for general population but not specifically for that system; accessible elevators, pedestrian signals (CUSP), VZ, TNC's (outside); paratransit workforce (shortage and retention), eligibility and navigating those, need for representation on SF MTA's advisory council and citizens advisory council

- **Workforce:** barriers to recruiting to hiring, retaining, and training; training for better referrals; people with disabilities can work anywhere it's an accommodation; most of the jobs are professional, peer and move beyond internships, more proactive
- **Housing:** preserving affordable housing, keeping people in homes (eviction prevention, deeply affordable housing, home mods, a local section 8 program that the city sponsors, home match, housing for transitional age youth, saving licensed beds) – take off market rate housing
- **Social engagement:** community connectors (outside), informal social networks (on line?), religious orgs, neighborhood communities

ANNOUNCEMENTS

Palliative care training deadline is extended – contact Traci at Jewish Family and Children's Services

Rebuilding Together San Francisco is accepting applications now for April rebuilding projects, always accepting applications for home modifications.

SF Senior Beat is a new effort to amplify the voices and share the experiences of our city's older adults. For more info: www.sfseniorbeat.com

For people or organizations who are interested in distributing campaign materials for Prop C, please contact Bernadette or the Human Services Network.

Meeting guest highlighted a Denver program called the Cabinet in the Community – Denver Mayor visits the different neighborhoods and address those issues, is a really successful model for that community.

Meeting adjourned.

Next Meeting:

Thursday, November 9th
1 S. Van Ness, 2nd floor, Atrium conference room